



Army Ice Sports

C/O Army Winter Sports Association
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See Distribution

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EX RACING ICE 2 JOINING INSTRUCTIONS – ARMY NOVICE & SENIOR ICE CHAMPIONSHIPS, LILLEHAMMER, NORWAY, 11 – 18 JANUARY 2026

References:

- A. 2025DIN10-018 Army European Winter Activity Instruction 25/26
- B. 2025DIN10-017 Army Sports Lottery.
- C. 2019DIN10-029 Berlin Infantry Brigade Memorial Trust Fund.
- D. AGAI Vol 1 Ch 5.
- E. JSP 456, Vol 2, Ch 7, Defence Catering Manual.
- F. JSP 752, Ch 3-6, Tri-Service Regulations for Expenses and Allowances.
- G. 2021DIN07-013 dated Jun 21 Winter sport/Activity compassionate and casualty reporting
- H. JSP 800 Vol 5 Part 1. Road Transport Regulations, Feb 19.
- I. Ex RI2 WngO
- J. [20250810-Ex RI2 Staff Instruction.docx](#)

INTRODUCTION

1. Ex RACING ICE 2 (Ex RI2) is the Army Novice and Senior Ice Championships which is to be held in Lillehammer, Norway from 11 – 17 January 2026. These Army level ice sports events are approved by the Army Sports Board. Service personnel are to be on duty for the event and are not to take leave to attend. The exercise comprises a training week followed by a race day. Ex RI2 26 will consist of the following stages:

- a. **Arrival and Registration:** NLT 1600 hrs Sun 11 Jan 2026.
- b. **Training Week:** 12 – 15 Jan 26.
- c. **Race Day:** Luge, Skeleton & bob Fri 16 Feb 2026
- d. **Disperse:** Sat 17 Feb 26.

2. The Championships will be run on behalf of Director Army Ice Sports, Brig T Allison as part of the Army Winter Sports Association (AWSA) calendar of events.

3. These Joining Instructions are to be read in conjunction with References A-J.

PARTICIPATION

4. **Eligibility.** Ex RI2 is open to all Army personnel from Regular and Reserve units. All participants must be medically fit and have an annual membership with the AWSA (£15 annual fee, application form at www.awsa.org.uk). Only individuals who have successfully completed an Ex

RI1 (Novice Trg Camp) may drive a 2-man bobsleigh, skeleton, or luge. Absolute novices may attend but ONLY as a 2-man bobsleigh brakeman or in exceptional circumstances at the discipline Chairman's discretion.

5. To qualify for entry into the respective championships, individuals/crews must fulfil the following criteria:

- a. **Novice Driver/Slider.** An individual in his/her first season as a driver or slider.
- b. **Novice Brake man.** An individual in his/her first season as a brakeman.
- c. **Novice Bobsleigh Crew.** A driver who is in his/her first season as a driver with a brakeman who is also in his/her first season.
- d. **Senior Driver/Slider.** All personnel who do not qualify for novice status will compete in the senior event.

6. **Entry Forms.** These can be found on the AWSA web page. All entry forms are to be submitted to Chair Ice sports, Capt L Wyatt, lucy.wyatt680@mod.uk (luge@awsa.org.uk) by **NLT Mon 23 Dec 2025.**

7. **Athletes' Declaration.** Competitors must be fit and be able to pass their annual fitness tests. All participants are to complete an Athlete's Declaration found at the following link stating they are fit to train:

ATHLETES DECLARATION

8. **Registration.** Registration will take place at the **Hunderfossen Hotel**. Participants are to ensure that they bring with them proof of insurance and GHIC card. Failure to produce any of the above documents will result in a person being unable to slide.

9. **Equipment.** There are a limited number of sleds available in all three disciplines and sleds will be provided as required. Units owning their own serviceable equipment are expected to use it. Individuals must provide the following equipment:

- a. **Bobsleigh.** Crash helmet, gloves and crampons for track walks. Further info from bobsleigh@awsa.org.uk.
- b. **Luge.** Gloves (issue flying gloves/cross country skiing gloves recommended). Further info from luge@awsa.org.uk.
- c. **Skeleton.** Gloves, running spikes or needle spikes. Further info from skeleton@awsa.org.uk.

AUTHORISATION & CLEARANCES

10. **Exercise Authority.** Ex RI2 is authorised by Army Sport.

11. **Diplomatic Clearance (DIPCLEAR).** DIPCLEAR is the political authority to transit through or conduct WSA in countries outside UK and is granted by the appropriate British Embassy Defence Section (Def Sect). Transiting is travelling through a country without taking part in any WSA in that country. The Event Organiser will apply through the AWSA for DIPCLEAR for officials and participants to travel by Ex RI2 transport (to and from UK or advance party vehicles).

12. **Transit Clearance (TRANSCLEAR).** Transit clearance is the authority for UK military forces on duty to travel through Belgium, Netherlands, Luxembourg and Northern France; it is obtained from Host Nations on behalf of units by the UK Movement Liaison Staff (Europe). Team Captains and individuals must submit Appendix 2 to Annex A of Ref B to 29RLC-69-UKMLSE-MCC-RoadBidClk. Ref B provides all the necessary detail regarding submission.

13. **Staff Clearance.** Staff clearance will be applied for by the AWSA to cover all participants over the week period.

ADMINISTRATION

14. **Accommodation.** There are a number of options for accommodation around Lillehammer and it is the units/individual's responsibility to secure accommodation before 12 Jan 2026. **If a team or individual wishes to book accommodation at the Hunderfossen Hotel they are to contact Chair Army Ice Sports before 30 Nov 2025.**

15. **CILOR.** All CILOR applications must be submitted before the exercise and in accordance to Ref F.

16. **Travel.** It is the unit's responsibility to arrange transport to arrive at Lillehammer **NLT 1600 11 Jan 2026.** Where possible units and individuals should seek to use the cheapest transport option available and organise transport for all teams in accordance with JSP 800. Service personnel competing or as essential approved officials on Ex RI2 are eligible to return travel at public expense between their unit base and the championship venue in accordance with Ref F. If flying, the recommended airport is Oslo, Gardemoen, with transfers by train or hire car. Exercise vehicles will not provide transfers from the airport to Lillehammer.

VEHICLES AND DRIVING

17. **Exercise White Fleet Requirements.** Advance Party vehicles are detailed in the Transport Plan. This will be distributed with the Confirmatory Instruction. Discipline leads are to engage with their own booking regarding vehicles.

18. **Driving.** Whilst the roads are usually kept clear, alpine weather can cause very hazardous driving conditions. Individuals driving must ensure that unit vehicles comply with the legal requirements for vehicles in Norway (and any transit countries) as well as snow chains. Advice on this matter can be sought from Unit MTOs.

- a. **Green Fleet Vehicles.** No Green-fleet military vehicles or equipment may be brought into Norway. Service Land Rovers are only acceptable provided they are painted a uniform colour that cannot be associated with service use. Vehicles are not to bear unit logos.
- b. **Fuel Cards.** Fuel cards for the specified admin vehicles are to be obtained and accounted for in accordance with current instructions.
- c. **Defence Movements and Transportation Regulations.** Policy on road transport is given in JSP 800.
- d. **Management and Operating Procedures.** The procedures for operating vehicles in cold weather and instructions for the use of snow chains can be found in JSP 800.
- e. **Driving Overseas .** Note the requirement for and provision of European Driving Packs, including winter tyres, snow chains and, for France, breathalyser units and high visibility vests. There is a legal requirement for winter tyres in Germany and they may be ordered for White Fleet vehicles¹⁰.
- f. **Additional Guidance.** In addition to JSP 800, to take account of the frequently changing legislation in many European countries, additional guidance can be obtained from Def Sect, UKMLS(E) and HQ BFG G9 Trg.
- g. **Matrix tests.** Everyone driving a service provided vehicle is to ensure they have an in date European matrix test uploaded onto MyDrive.

19. **Reserve Personnel.** Attendance at Ex RI2 is at the discretion of the CO of an athlete's parent unit. The class of training is to be determined by the unit. This approach is to ensure that reserve personnel can be actively encouraged to attend rather than constrained by a lack of available RSDs.

INSURANCE

20. **Global Health Insurance Card (GHIC).** Details for application for a **GHIC** can be found at this link; [GHIC](#). All personnel undertaking, officiating, visiting AWA or transiting in Europe are to be in possession of an in-date GHIC. The GHIC is to be used whenever medical treatment is sought in Europe, as it minimises medical costs that may be eligible for a refund from public funds and may be a condition of insurance. Further advice can be obtained from unit RAOs. All personnel are to visit the EHIC Website periodically for further updates. It should be noted that no assumption should be made that the GHIC will be guaranteed and therefore personal accident cover must always be in place.

21. **Personal Liability/Accident Insurance.** Many soldiers while participating in AWA will do so as IMT which, under normal circumstances, would provide medical protection through on duty status. However, the MOD does not have a centralised agreement with foreign countries to recognise admin instructions and MOD Form 90s as authority to gain access to medical facilities. As a result, foreign rescue and medical services often require proof of commercial insurance or a personal credit card (with a high expenditure limit) before they conduct any remedial action. Therefore, for Exercises at Unit/Corps level, all service personnel **must have their own personal accident and third party liability insurance cover** when participating in any winter sport activity; moreover, individuals are to ensure that the specific activities and conditions being undertaken are covered by the policy. This is to cover incidents/accidents that are **not** covered by 'On Duty' status.

- a. **Personal insurance.** specifying cover for competitions whilst 'On Duty' is **mandatory** for all participants and competitors in IS, Army, and Regional Exercises/competitions. Commercial medical insurance, including Helicopter Medical Evacuation cover, is **mandatory** in Norway. Such insurance costs may not be charged to public funds. Where exercises are centrally coordinated; an individuals cover is to be checked against the requirement.
- b. **Personal Insurance Compensation.** There have been instances where insurance companies underwrite activities on the basis that 'the MOD will pay'. This is not always the case as, for example, MOD will only consider reimbursing money for activities that are publicly funded and therefore 'On Duty'. Thus, it is essential to check the exclusions for any given policy. The Services Insurance and Investment Advisory Panel (SIIAP) is a panel of regulated insurance and independent investment advisers. All member firms specialise in offering services to members of HM Forces and are regulated by the appropriate authority in the United Kingdom, therefore offering full compensation rights to clients whether serving overseas or in the UK. See www.siiap.org for more details.
- c. **Travel Insurance.** All attendees are strongly advised to obtain travel insurance to cover luggage, personal and loaned equipment, travel delay and personal injury sustained off-ice.
- d. **Ice Sports Insurance.** All personnel sliding (staff and participants) must have valid ice sports insurance to cover training and racing. There are numerous providers who offer this cover, but of note are:
Trinity Insurance
tel: 01243 817777
Email: hello@talktotrinity.com

Unit representatives/individuals should quote the exercise name and AWSA in order to ensure a suitable cover is understood and a discount provided. There are other companies that offer insurance however individuals must ensure their provider covers them not only for participation in their chosen discipline, but also for organized training including permanent disability, injury to themselves and others and helicopter evacuation whilst training on ice. Proof of insurance will be checked at Registration.

22. **Armed Forces Compensation Scheme (AFCS).** When participating in an authorised sport, Service personnel are representing their respective Service and therefore acting in the course of their duty. Whilst participating in Army sport all service personnel are to be

aware of the cover and compensation that they are/maybe entitled to if illness, injury or death occurs through sport participation. The CoC is to ensure that all personnel that participate in winter sports read [JSP 765](#) and to have personal accident and Public liability insurance to include winter sport competition when participating in any winter sport activity; this is to cover incidents/accidents that are not covered under [JSP 765](#).

RESPONSIBILITIES

23. **Exercise Commander.** Capt L Wyatt will be the Exercise Commander on behalf of Director Army Ice Sports
24. **Discipline OICs.** Discipline OICs are responsible for the safe conduct discipline and the delivery of the individual discipline training. Each sliding nominated OIC, as follows:
- a. Bobsleigh. Capt Tom Rees, Chair Army Bobsleigh Association.
 - b. Skeleton. Capt Arran Holmes, Chair Army Skeleton Association.
 - c. Luge. Capt Nat Jackson, Chair Army Luge Association

MISCELLANEOUS

25. **Trophies.** Trophies for the 2026 Army Ice Sports Championships will be awarded at the Prize Giving.
26. **Visitors.** Visitors are welcome to support their teams, all costs for visitors must be borne by the parent unit or visitor. It is also advised that they make their own accommodation arrangements, those intending to visit are asked to inform Chair Army Ice Sports prior to arrival and to make the Team Captain/Individual they are visiting aware of their requirements and timings.
27. **Dress.** Dress for all Army winter sports activity is civilian. All athletes should know what clothing appropriate post Ex RI1. No military clothing or equipment is to be used or worn during Ex RI2.
28. **Duty Status.** As highlighted in Para 21, all military personnel are to ensure that they are on duty for the duration of the Exercise. There are various other activities on offer in the Lillehammer area. If individuals choose to participate in these activities when not training, they will be classed as off duty.
29. **Documentation.** All personnel are to ensure that they travel with valid and in-date passport and driving license, valid for at least 6 months following the end of Ex RI2.

SAFETY

30. Ice sports are by their very nature activities which if undertaken incorrectly present a serious risk to the physical well-being of participants. Therefore, it is essential that a proper approach to managing risk is adopted and followed.
31. **Risk Assessment.** An AF5010 for Ex RI2 has been completed in conjunction with the Ex RI2 HSS plan. Activities covered by standard Army or Joint Service instructions do not require further risk assessment. Guidance in standard military publications for those activities (such as driving) is to be observed and adhered to.
32. **Compassionate and Casualty Reporting Procedures.** Team Captains and individuals are responsible for ensuring that all accidents or incidents are reported directly to the discipline OIC and onwards to the Ex Comd to facilitate timely and accurate formal reporting iaw JSP 751, Joint Casualty and Compassionate Reporting Policy and Procedures.

SUMMARY

30. Ice sports provides a challenging environment that allows service personnel across the Army to compete in the various ice disciplines in a professional yet fun environment. Ex RI2 is the selection event for individuals to represent the Army at the UKAFWSA Inter Service Ice Sports Championships held at Igls, Austria, 14-28 Feb 2026.

L Wyatt
Capt
Chair Army Ice Sports
for Director Army Ice Sports, Brig Tim Allison

Annexes:

A. Staff List (TBC) (Limited Distribution).

Distribution:

Army Ice Sports Competitors*

Copy to:

Director Army Ice Sports*
Secretary AWSA*
Secretary Army Luge Association*
Secretary Army Bobsleigh Association*
Secretary Army Skeleton Association*