



**ARMY**

**AWSA**

*Army Winter Sports Association*

Patron HRH The Duke of Kent KG GCMG GCVO ADC

**Army Ice Sports**

C/O Army Winter Sports Association

Army Sport

Mackenzie Building, Fox Lines

Queen's Avenue, ALDERSHOT

Hampshire GU11 2LB

Mobile: 07921863479

Email: [5269morwo@armymail.mod.uk](mailto:5269morwo@armymail.mod.uk)

See Distribution

Reference: AWSA/RI2/JI/24-25

15 December 2024

**EX RACING ICE 2 JOINING INSTRUCTIONS – ARMY NOVICE, JUNIOR & SENIOR ICE CHAMPIONSHIPS, IGLS, INNSBRUCK, AUSTRIA, 6 – 10 JANUARY 2025**

References:

- A. 2021DIN10-013. Army European Winter Activity Instruction 2024/25
- B. AGAI Vol 1 Ch 5.
- C. JSP 456, Vol 2, Ch 7, Defence Catering Manual.
- D. JSP 752, Ch 3-6, Tri-Service Regulations for Expenses and Allowances.
- E. SO BFG 4303 dated 4 Jan 2016.
- F. JSP 800 Vol 5 Part 1. Road Transport Regulations, Feb 19.
- H. Application for NATO Form 302
- I. JSP 660, Sport in the UK Armed Forces

**INTRODUCTION**

1. Ex RACING ICE 2 (Ex RI2) is the Army Novice, Junior and Senior Ice Championships which is to be held in Igls, Austria from 6 – 10 January 2025. These Army level ice sports events are approved by Army Sport. Service personnel are to be on duty for the event and are not to take leave in order to attend. The exercise comprises of a training week followed by a race day.
2. The Championships will be run on behalf of Director Army Ice Sports, Col Tim Allison as part of the Army Winter Sports Association (AWSA) calendar of events.
3. These Joining Instructions are to be read in conjunction with References A-I.

**PARTICIPATION**

4. **Eligibility.** Ex RI2 is open to all Army personnel from Regular and Reserve units. All participants must be medically fit and have an annual membership with the AWSA (£15 annual fee, application form at [www.awsa.org.uk](http://www.awsa.org.uk)). Only individuals who have successfully completed an Ex RI1 (Novice Trg Camp) may drive a 2-man bobsleigh, skeleton or luge. Absolute novices may attend but ONLY as a 2-man bobsleigh brakeman or in exceptional circumstances at the discipline Chairman's discretion.

5. In order to qualify for entry into the respective championships, individuals/crews must fulfil the following criteria:

- a. **Novice Driver/Slider.** An individual in their first season as a driver or slider.
- b. **Novice Brake man.** An individual in their first season as a brakeman.
- c. **Novice Bobsleigh Crew.** A driver who is in their first season as a driver with a brakeman who is also in their first season.
- d. **Senior Driver/Slider.** All personnel who do not qualify for novice or junior status will compete in the senior event.

6. **Entry Forms.** [Entry form is found at this link](#). All entry forms are to be submitted to Secretary Luge, WO2 Graham Holmes, [Graham.Holmes294@mod.uk](mailto:Graham.Holmes294@mod.uk) ([luge@awsa.org.uk](mailto:luge@awsa.org.uk)) by **NLT 12 Dec 2024**.

7. **Athletes' Declaration.** Competitors must be fit and be able to pass their annual fitness tests. All competitors are to complete and sign the Athlete's Declaration at Annex A stating that they are fit to train and compete. These are to be handed in at registration.

8. **Registration.** Registration will take place at **Landgasthof Pension Walzl, 56 I 6072 Lans from 1800 Sun 5th Jan 2025**. All participants are to ensure that they bring with them proof of insurance, EHIC cards, and completed athlete's declaration form and entry fee. Failure to produce any of the above documents will result in a person being unable to slide. Declaration forms will be available in location.

9. **Equipment.** There are a limited number of sleds available in all three disciplines. Units owning their own equipment are expected to race with them; however this may not preclude further allocation of Army equipment to the unit. Individuals must provide the following equipment:

- a. **Bobsleigh.** Motorcycle helmet, gloves and ice grippers for track walks. [bobsleigh@awsa.org.uk](mailto:bobsleigh@awsa.org.uk).
- b. **Luge.** Gloves (issue flying gloves/cross country skiing gloves recommended). Further info from [luge@awsa.org.uk](mailto:luge@awsa.org.uk).
- c. **Skeleton.** Gloves and ice grips. Further info from [skeleton@awsa.org.uk](mailto:skeleton@awsa.org.uk).

## **AUTHORISATION & CLEARANCES**

10. **Diplomatic Clearance (DIPCLEAR).** Diplomatic clearance will be applied for by the AWSA to cover all participants over the period of the exercise.

11. **Transit Clearance (TRANSCLEAR).** Transit clearance is the authority for UK military forces on duty to travel through Belgium, Netherlands, Luxembourg and Northern France; it is obtained from Host Nations on behalf of units by the UK Movement Liaison Staff (Europe). If driving to location teams must obtain transit clearance for their own vehicles.

12. **Staff Clearance.** Staff clearance will be applied for by the AWSA to cover all participants over the week period.

## ADMINISTRATION

### 13. Timings

Date	Time	Action
Sat 4 Jan 25	1400	Staff Arrival
Sun 5 Jan 25	NLT 1800	Athlete Arrival and Registration
6 – 9 Jan 25		Training Week for all disciplines
10 Jan 25		Army Ice Sports Championships race day
11 – 12 Jan 25	1000	Dispersal

14. **Accommodation.** All participants/competitors are to book their own accommodation, in and around Igls. There are a number of options for accommodation around Igls and it is the units/individual's responsibility to secure accommodation before 06 Jan 2025.

15. **CILOR.** CILOR can be claimed for the exercise. All CILOR applications must be submitted before the exercise and in accordance to Ref D.

16. **Travel.** It is the unit's responsibility to arrange transport to arrive at Igls, Austria, **Bobsleigh, Luge and Skeleton NLT 1800 5 Jan 2025.** Where possible units and individuals should seek to use the cheapest transport option available. Service personnel competing or as essential approved officials on Ex RI2 are eligible to return travel at public expense between their unit base and the championship venue. For those based in the UK this is a maximum of £225 (see Ref D and I for further detail). If flying, the recommended airport is Innsbruck.

17. **Driving.** Whilst the roads are usually kept clear, Austrian weather can cause very hazardous driving conditions. Individuals driving from Germany must ensure that unit vehicles comply with the legal requirements for vehicles in Austria (and any transit countries) as well as snow chains. Advice on this matter can be sought from Unit MTOs. Note also the guidance below.

- a. **Green Fleet Vehicles.** No Green-fleet military vehicles or equipment may be brought into Austria. Service Land Rovers are only acceptable provided they are painted a uniform colour that cannot be associated with service use. Vehicles are not to bear unit logos.
- b. **Fuel Cards.** Fuel cards are to be obtained from AWSA for Bobsleigh, Skeleton and Luge Vehicles are accounted for in accordance with current instructions.
- c. **Defence Movements and Transportation Regulations.** Policy on road transport is given in JSP 800.
- d. **Management and Operating Procedures.** The procedures for operating vehicles in cold weather and instructions for the use of snow chains can be found in JSP 800<sup>10</sup>.
- e. **Driving Overseas.** Note the requirement for and provision of European Driving Packs, including winter tyres, snow chains and, for France, breathalyser units and high visibility vests. There is a legal requirement for winter tyres in Germany and they may be ordered for White Fleet vehicles<sup>12</sup>.

18. **Reserve Personnel.** Attendance at Ex RI2 is at the discretion of the CO of an athlete's parent unit. The class of training is to be determined by the unit. This approach is to ensure that reserve personnel can be actively encouraged to attend rather than constrained by a lack of available MTDs.

19. **Insurance.** All participants must have valid ice sports insurance and a valid GHIC card. The GHIC cards are available free of charge online at:

[Applying for healthcare cover abroad \(GHIC and EHIC\) - NHS](#)

Many companies now cover Ice Sports in their Winter Sports cover, it is recommended Insurance is purchased from:

Trinity Insurance  
tel: 01243 817777  
Email: [hello@talktotrinity.com](mailto:hello@talktotrinity.com)

Unit representatives/individuals should quote the exercise name and AWSA in order to ensure a suitable cover is understood. There are other companies that offer insurance however **individuals must ensure suitable race cover is understood**. Individuals insured are to ensure their provider covers them not only for participation in their chosen discipline, but also for organized training and competition, including permanent disability, injury to themselves and others and helicopter evacuation whilst training and competing on ice. Proof of insurance will be checked during registration.

20. **Army Sport Lottery (ASL)**. Lottery members are eligible to claim **one** Winter Sports grant per season, valued at £25 per lottery ticket held, up to a maximum of five tickets. This grant is applied retrospectively by army Ice Sports and will be reimbursed to the individual. All members who buy/increase their lottery tickets within 6 months of claiming a grant must retain the same number of tickets for 12 months from the date of the activity. Cancelling or reducing the number of tickets after the event will result in the grant being rejected or revoked. For full details, refer to the ASL DIN at <https://www.armysportlottery.com/publications/>. A final check of all lottery tickets will be made by the AWSA after exercise completion.

21. **Medical Cover**. There will be medical cover at the track provided by a military medic. In severe cases an ambulance can be called. Daily sick parades will be conducted in the evenings.

22. **Armed Forces Compensation Scheme (AFCS)**. When participating in an authorised sport, Service personnel are representing their respective Service and therefore acting in the course of their duty. Whilst participating in Army sport all service personnel are to be aware of the cover and compensation that they are/maybe entitled to if illness, injury or death occurs through sport participation. The CoC is to ensure that all personnel that participate in winter sports read JSP 765 and to have personal accident and Public liability insurance to include winter sport competition.

## MISCELLANEOUS

23. **Trophies**. A number of trophies have been acquired and awarded in previous years. Units with trophies are to ensure that engraving has been completed and the trophy is returned to the AWSA Control Board, Aldershot no later than 12 Dec 2024. Trophies for the 2025 Army Ice Sports Championships will be awarded at the Prize Giving.

24. **Visitors**. All visitors are most welcome to support their teams, however all costs for visitors must be borne by the parent unit or visitor. It is also advised that they make their own accommodation arrangements, those intending to visit are asked to inform Secretary Luge prior to arrival and to make the Team Captain/Individual they are visiting aware of their requirements and timings.

25. **Dress**. Dress for all Army winter sports activity is civilian. All athletes should know what clothing appropriate post Ex RI1. No military clothing or equipment is to be used or worn during Ex RI2.

26. **Duty Status**. As highlighted in Para 1, all military personnel are to ensure that they are on duty for the duration of the Exercise. There are various other activities on offer in the Igl's area. If individuals choose to participate in these, they will be classed as off duty during that activity. These activities include, but are not limited to, skiing, snowboarding and cultural/social visits.

27. **Documentation**. All personnel are to ensure that they travel with valid and in-date passport and driving license, valid for at least 6 months following the end of Ex RI2.

## SAFETY

28. **Risk Assessment.** A detailed risk assessment for Ex RI2 has been completed. Activities covered by standard Army or Joint Service instructions do not require further risk assessment. Guidance in standard military publications for those activities (such as driving) is to be observed and adhered to. Ice sports are by their very nature activities which if undertaken incorrectly present a serious risk to the physical well-being of participants. Therefore, it is essential that a proper approach to managing risk is adopted and followed.

29. **Compassionate and Casualty Reporting Procedures.** Team Captains and individuals are responsible for ensuring that all accidents or incidents are reported directly to the discipline OIC and onwards to the Ex Comd to facilitate timely and accurate formal reporting iaw JSP 751, Joint Casualty and Compassionate Reporting Policy and Procedures.

## SUMMARY

30. Popularity of ice sports has grown over the past few years and we had a great Ex RI2 last season. Corps and units from across the Army will send competitors to race in the various ice disciplines in a professional yet fun environment. Those successful in the races during Ex RI 2 will stand a good chance of being selected to represent the Army at the UKAFWSA Inter Service Championships to be held at Lillehammer, Norway 21 Feb to 05 Mar 2025. **Please be aware that if you are selected to represent the Army at the UKAFWSA you will need to make your own travel arrangements to Lillehammer, Norway, Units are to take note of this fact.**

*Lucy Wyatt*

L Wyatt  
Capt  
Chair Army Luge  
for Director Army Ice Sports, Col Crossfield

Annexes:

- A. Athlete's Declaration.
- B. Staff List (TBC)

Distribution:

Army Ice Sports Competitors\*

Copy to:

Director Army Ice Sports\*  
Secretary AWSA\*  
Secretary Army Luge Association\*  
Secretary Army Bobsleigh Association\*  
Secretary Army Skeleton Association\*

**ATHLETE’S DECLARATION FOR PARTICIPATION IN EX RACING ICE 1/2/3 & Inter Services Championships 2025**

I, the undersigned, understanding that my signature to this declaration does not limit the obligation of the organiser to prepare and maintain competition courses in accordance with FIBT/FIL rules and standards,

Last Name	First Name (s)	Service Number	Unit
Discipline*: 2-Man Bob    Luge    Skeleton			Gender*: Male    Female

\*delete as applicable  
make the following declaration:

**1. EX RACING ICE 1/2/3 & Inter Services RULES, REGULATIONS AND PROCEDURES**

I understand and accept that my participation Ex RACING ICE (S) is subject to my acceptance of all rules applicable in connection with such event. The event will be run as close to the FIBT/FIL guidelines as possible, noting that due to funding some sled runners may not meet current FIBT/FIL conditions. I therefore agree to be submitted to such rules, regulations and procedures and to the jurisdiction of the organising committee of Ex RACING ICE 3 which is in charge of applying them.

**2. ACKNOWLEDGEMENT OF RISKS**

I am fully aware and conscious of the potential risks involved in competing in ice sport activities and of the risk caused by speed and gravitational forces, be it during training or during the actual competition. I recognize that there are risks linked with the attempt to achieve competitive results which requires me to stretch my physical abilities. I also know and accept that the risk factors include environmental conditions and technical equipment. I am further aware that certain movements or actions cannot always be anticipated or controlled and therefore cannot be avoided or prevented through safety measures. Consequently, I know and accept that when I engage in such competitive activities, my physical integrity and, in extreme cases, even my life may be at risk. Furthermore, I know and accept that the above mentioned dangers linked with my participation may threaten third parties within the competition and training area. I will conduct my own inspection of training and competition courses. I will immediately notify the Ex RACING ICE officials and/or race jury of any safety concerns I may have. I understand that I am responsible for the choice of the appropriate equipment and of its condition, for the speed at which I race and for the selection of my line through the course.

**3. PERSONAL LIABILITY**

I understand that I may be found personally liable to third parties for damages arising from bodily injury or property damage they may suffer as a result of an occurrence linked with my participation in training or competition. I agree that it is not the responsibility of Ex RACING ICE(S) staff to inspect or supervise my equipment.

**4. RELEASE**

To the extent permitted by the applicable law, I release the AWSA, my National Association, and the organizers and their respective members, directors, officers, employees, volunteers, contractors and agents from any liability for any loss, injury, or damage suffered in relation to my participation in AWSA sanctioned competition or training. This declaration shall also be binding on my heirs, successors, beneficiaries, next of kin or assigns who might pursue any legal action in connection with the same

**5. UNIT CONTACT DETAILS**

**All personnel attending Ex RI(s) or Inter services Championships must inform their unit Adjutant of the application. Each individual or group OIC is to return Appendix 1, Annex A, signed by the unit Adj and return to WO Ice Sports (NLT 2 weeks prior to deployment). The correct unit contact details are to be completed in the appropriate box.**

**6. NEXT OF KIN**

In order to meet Diplomatic Clearance information requirements, I confirm that my JPA-nominated Next of Kin (NoK) details are as follows below:

Name	Relationship	Contact Details

**7. EHIC DETAILS**

In the event of an emergency, it may be necessary to pass EHIC information to the local medical services to secure treatment for you. Please enter the details from your EHIC below:

3. Name	4. Given Names	5. Date of Birth	6. Personal ID No.	7. ID No. of the Institution	8. ID No. of the card	9. Expiry Date

**8. ICE SPORTS INSURANCE**

In the event of an emergency, it may be necessary to pass ice sports insurance cover information to the local medical services to secure treatment for you. Please enter the details from your policy documentation below:

Name of the Policyholder	Name of Insurer	Policy No.	Emergency Medical Contact Telephone No.

**9. ATHLETE'S DECLARATION**

I understand that all details will be held by the OC Ex RACING ICE(S) and that they will be treated in confidence and used only in the event of an emergency for the provision of medical assistance or military casualty reporting. I have read and understood the above Athlete's Declaration.

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

**UNITS ACKNOWLEDGMENT/DECLARATION FOR PERSONNEL PARTICIPATING IN EX RACING ICE 1/2/3 & Inter Services Championships 2025**

Name Rank Number:
Unit Contract Address/UIN:
Adjutant Name:
Adjutant Contact: Email: Phone Number: Out of hours contact Number:
Adjutant Signature:
Date:



**Exercise staff**

Number	Rank	First Name	Last Name	Fuel card Y/N	Vehicle VRN	Passport number	Comments
24507782	WO2	Graham	Holmes	Y			Risk advisor
W1055269	Capt	Lucy	Wyatt	N			Luge OIC
	Cpl	Conor	Scott				
	Capt	Arran	Holmes	Y			Skeleton OIC
	Capt	Luke	Thorne				Skeleton Secretary
	LCpl	Conor	Hoad	N			
	Sgt	Dom	Burge	Y			
	LCpl	Nick	Gleeson	N			
	Sgt	Strangely	Brown				Bobsleigh OIC
	Cpl		Keogh				
	Pte	Ana	Richards				
	Mr	Mike	Howard				Civilian coach
	Mr	Tom	Delahunty				Civilian coach
	Miss	Georgina	Cohen				Civilian coach