



Army Ice Sports

C/O Army Winter Sports Association
Army Sports Control Board
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WNGO EX RACING ICE TWO – ARMY ICE SPORTS CHAMPIONSHIPS 2024-25

References:

- A. **2023DIN10-014**. Army European Winter Activity Instruction 2023/24¹.

Introduction

1. Ex RACING ICE 2 2024 (Ex RI2 24) is the annual Army Ice Sports Championships which will be held at Igls, Innsbruck, Austria over the period 4 – 12 Jan 2025. The Exercise is comprised of four days training, culminating with a race day. The outline elements of the exercise are:

- a. Staff Arrival: Sat 4 Jan 25
- b. Athlete Arrival and Registration: Sun 5 Jan 25.
- c. Training Week for all disciplines: 6 – 9 Jan 25
- d. Ex RI 2 Race Day for all disciplines: 10 Jan 25
- e. Dispersal and travel home: 11-12 Jan 25

Aim

2. The aim of Ex RI2 24-25 is to train all male and female Novice, Junior and Senior participants on the Igls bobsleigh track culminating with a race day to determine the Army Ice Sports Champions for Luge, Skeleton and Bobsleigh. This WngO provides units and individuals the information required to plan for and attend the exercise. A full administration instruction will follow NLT 1st December 24.

General

3. **Eligibility.** Ex RI2 is open to all Army personnel from Regular and Reserve units. All participants must be medically fit (MFD) and have annual membership with the Army Winter Sports Association (AWSA) www.awsa.org.uk. Individuals must have successfully completed a Novice

¹ This instruction will be superseded 31 May 2025.

Ice Camp in order to drive a 2-man bobsleigh, skeleton or luge during this exercise. Absolute novices may attend but **only** as a 2-man bobsleigh brake person or in exceptional circumstances at the discipline Chairman's discretion. For 2024-2025 those attending will be the potential selection for the UKAFWSA Team. This will be a mix of past athletes and novices and will be at the discretion of the discipline staff. Those selected will represent The Army at the forthcoming UKAFWSA event in Lillehammer, Norway. Army team Numbers are limited to the following:

- a. Bobsleigh - 16
- b. Skeleton - 11
- c. Luge - 10

4. **Participation.** Exercise entry forms are on the AWSA Sharepoint site and the AWSA web page. All entry forms are to be submitted to Sec Luge, WO2 Graham Holmes by **NLT 12 Dec 2024**

Administration

5. **Accommodation.**

a. **Staff.** Accommodation will be at Landgasthof Pension Walzl, Dorfstrabe 56, 6072 Lans. Austria. info@gasthof-walzl.at

b. **Participants.** All participants partaking in Racing Ice 2 25 have a **limited opportunity to stay at Landgasthof Pension Walzl, this is limited to 18 rooms first come first served** these have been booked by Secretary Army Luge and will be held until **October 2024**. If you require a room at the Walzl, be aware you will have to share. Please contact Secretary Luge luge@awsa.org.uk or Graham.Holmes294@mod.gov.uk Alternatively athletes can find their own accommodation for the period of the exercise.

c. **Arrival/Departure.** All personnel should aim to arrive between 1400 to 1500 hours on the 5 Jan 25. Departure from the exercise location will be NLT 1000 11 Jan 25.

d. **Cost.** The cost of accommodation is reasonable, it is suggested that individuals or Unit teams use self-catering and look around the area of Lans/Igls for the cheapest option. All athletes attending Racing Ice 2 2025 will pay for their own accommodation.

6. **Transport.** Individuals and teams are to use unit MT for transport support. Participants require transport to and from the exercise location from base units. Details on claims in support of transport costs are included within Reference A. The closest airport is Innsbruck (INN), busses and taxis can be taken to either Lans Or Igls depending where personnel stay. Taxi cost from Innsbruck airport to Lans/Igls is approximately €30-40

7. **Funding.** The estimated cost for an individual to attend Ex RI2 24 is £500 - £600 which includes travel, fuel, insurance, equipment, accommodation and feeding. All costs are to be paid by individuals and/or units. Track fees and equipment hire will be paid for by the AWSA. An approximate breakdown of the costs per person is shown in the table below.

Ser	Item	Approximate Cost	Remarks
1	Accommodation	£500-£600	½ board – 7 nights
2	Entry fee	0	Per person
3	Vehicle hire/fuel card	0	Unit MT supported
4	Track fees	0	Paid by AWSA
5	Equipment hire	0	Paid by AWSA
6	Personal safety equipment	£50-100	Helmets, gloves etc (Discipline dependent).
7	Lunch	£80	Based on £10 per day

8	Ice sports insurance	£25-£45	Per person
9	AWSA Membership	£15	Annually

8. **Personal Contributions.** Units are requested to support participants in order to keep personal contributions to a minimum/acceptable level. Ideally participants should expect to pay no more than third of the total cost.

9. **Additional Funding.** Additional funding may be available through ECOPF, Corps funds, the Berlin Memorial Fund (if applicable) and Army Sports Lottery grants. If participants are members of the Army Sports Lottery (ASL), and holding tickets, they will be able to claim a Winter Sports Activity Grant (post season); see armysportslottery.com for more information.

10. **Equipment.** All major Ice Sports equipment will be provided. Participants are required to bring the following to the exercise:

a. **Bob.** Crash helmet (with certified BSI Kite mark, in date), gloves, track spikes (further info at bobsleigh@awsa.org.uk).

b. **Luge.** Gloves (issue flying gloves/cross country skiing gloves recommended) (further info at luge@awsa.org.uk).

c. **Skeleton.** Gloves and ice crampons (further info at skeleton@awsa.org.uk).

11. **Documentation.** All participants are to bring the following documentation to Ex R12 24:

a. **MOD 90.**

b. **GHIC Cards.** GHIC cards are available free of charge online at www.ghic.org.uk.²

c. **Passport.** All personnel are to travel with in date passports which have a minimum of six months remaining prior to the expiry date.

d. **Insurance.** Insurance can be obtained from Insignia Underwriting (Tel: 01722 597980) website: www.insigniaunderwriting.co.uk. Contact: richard.dorman@insigniaunderwriting.co.uk or admim@insigniaunderwriting.co.uk. Other insurance companies can be used but must cover Ice Sports.

e. Athletes Declaration Annex B to AISC/R1/2//AI/24. On AWSA Website.

Registration /ENDEX

12. Registration for all participants will take place at 1700hrs on Sunday 5 Jan 25, location Landgasthof Pension Walzl, Participants are to bring all documentation as per Para 11. Failure to produce any of the above documents will result in a person unable to slide.

13. Participants will be released from Ex R12 on the morning of 11 Jan 25 when accommodation costs have been paid and all equipment returned. ENDEX for participants will be on return to unit lines.

Selection for the UKLFWSA Service Championships

² Note that other websites may charge up to £50 to process the application, so please ensure your soldiers use the official NHS/Gov site.

14. The UKAFWSA Service Championships will be held at Lillehammer, Norway 23 Feb-8 Mar 2025. Selection for the Army Squad will take place during Ex R12 and will be confirmed post racing.

Summary

15. The 2024-5 Army Novice, Junior and Senior Army Championships is open to Regiments and Corps from across the Army to send competitors to race 2-man bobsleigh, skeleton or luge in a professional yet fun environment. The key focus for the week is primarily to train and develop discipline skills on a new track then decide, through competition, the male and female Novice, Junior and Senior Army Champions. Selection of the Army Squad for the UKLFWSA Service Championships will be confirmed during Ex R12 24-25.

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GR Holmes
WO2
Secretary Army Luge

Director Army Ice Sports*
Ice Sports Distribution List*
Unit Adjutants*