

AWSA Ex RUCKSACK Ruhpolding 2022
Army, Inter Service, British National Cross Country and Biathlon Championships

PROVISIONAL @ 10 November 2021 - Subject to German COVID Restrictions tbc Dec 21 / Jan 22

Date	Time	Finish	Event	Venue	Lanes		
2022	* Zeroing starts 1 hr before Race START time		Bold Border = Marina Race (all Marina Races & 4 x 5 km XC are also SAS & Kentish Cup Races)	IS = Inter Service; IC = Inter Corps; BLUE CAPITALS = British National Race		DB Max Required	
	Times subject to change!		No training on Course or Range unless shown	CT = Classical Technique. FT = Free Technique	Notes		
Venue of Race Office & Team Capts' Mtgs tbc in accordance with prevailing COVID rules. With probable exception of Initial TC Mtg, all TC Mtgs are likely to be virtual (Zoom). Format & Venue of Prize Givings tbc in accordance with COVID rules							
Wed	12 Jan		RUHPOLDING WC			Matt & Jonny Depart for GER via Hull	
Thu	13 Jan		RUHPOLDING WC			Matt & Jonny Drive to Munich	
Fri	14 Jan		RUHPOLDING WC			Ex Director & Matt - Qualifying Process @ Munich	
Sat	15 Jan		RUHPOLDING WC			Ex Director & Matt - Qualifying Process @ Munich	
Sun	16 Jan		RUHPOLDING WC Finishes			Advance Party arrive in Ruhpolding stay @ Belle Vue	
Mon	17 Jan	10:00	Race Office Opens (+44 7973 868572). German (+49) Tel # tbc	Kurhaus			
Tue	18 Jan	10:00	Key Officials' Meeting	Kurhaus			
Wed	19 Jan	All Day	Teams Arrive - Race Office	Kurhaus			
Thu	20 Jan	09:00	Officials' Meeting	Kurhaus		DB Max	
		10:00	Team Captains' Meeting			Training Day	
		12:00	16:00	XC Training	Lakes / Reit im Winkl		
Fri	21 Jan	12:00	Keys for Wax Cabins	Chiemgau Arena		DB Max	
		12:00	16:00	XC Training	Chiemgau Arena		Training Day
		17:30		Team Captains' Meeting	Kurhaus		
Sat	22 Jan	12:00	MEN 15 Km XC (CT) (IS, IC)			DB Max	
		13:30	WOMEN 10 Km XC (CT) (IC)	Chiemgau Arena		Race Day	
		13:40	BOYS & GIRLS 5 km XC (CT)				
		17:30		Team Captains' Meeting	Kurhaus		
Sun		13:00	BOYS & GIRLS 5 km XC (FT)			DB Max	
		13:15	WOMEN 7.5 km XC (FT)			Race Day	
		14:00	JUNIOR & Senior Novice Men 7.5 km XC (FT)	Chiemgau Arena			
		14:45	SENIOR MEN 10 Km XC (FT)				
	19:00	20:30	Team Captains' Reception (AWSA 75)	Hotel zur Post tbc			
Mon	24 Jan	12:00	16:00	XC Course Inspection (5 km Relay (CT)) & Biathlon Official Training	Chiemgau Arena	?	DB Max
		17:30		Team Captains' Meeting	Kurhaus		Non Race Day
Tue	25 Jan	12:00	Men 4 x 5 km XC (CT)	Chiemgau Arena		Slipped 2 hours	DB Max
		13:40	Women 4 x 5 km XC (CT) (IC)			Slipped 2 hours	Race Day
		15:30	17:00	Biathlon Official Training	Chiemgau Arena	?	
		18:30		Prize Giving	tbc		
Wed	26 Jan	12:00	16:00	Biathlon Official Training	Chiemgau Arena	?	DB Max
		17:30		Team Captains' Meeting	Kurhaus		Non Race Day
Thu	27 Jan	*11:00	JUNIOR MEN 15 km Biathlon Indiv			DB Max	
		11:15	SENIOR NOVICE MEN 15 km Biathlon Indiv	Chiemgau Arena		Race Day	
		11:45	WOMEN 12.5 km Biathlon Indiv				
		*14:15	SENIOR MEN Men 20 km Biathlon Indiv				
Fri	28 Jan	12:00	16:00	Biathlon Official Training	Chiemgau Arena	?	DB Max
		17:30		Team Captains' Meeting	Kurhaus		Non Race Day
Sat	29 Jan	*10:00	WOMEN 7.5 km Biathlon Sprint (IC)	Chiemgau Arena		DB Max	
		*11:55	MEN 10 KM BIATHLON SPRINT (IS, IC)			Race Day	
		17:00		Team Captains' Meeting	Kurhaus		
		17:45		BBU AGM	tbc		
	19:00		AWSA 75 Dinner	RuhpoldingHof			
Sun	30 Jan		Chiemgau Trophy	Chiemgau Arena		09:00 Start - Complete in stadium @ 12:00	DB Max
		13:30	JUNIOR MEN 10 km Biathlon Mass Start			Zero @ 12:30 / max race time 01:30	Race Day
		13:33	WOMEN 10 km Biathlon Mass Start				
		16:00	SENIOR MEN 12.5 km Biathlon Mass Start	Chiemgau Arena		Zero @ 15:00 / max race time 1:30	
		16:03	SENIOR NOVICE MEN 12.5 km Biathlon Mass Start			Finish Race under flood @ 17:30	
	18:30		Prize Giving	tbc			
Mon	31 Jan	13:00	16:00	Biathlon Official / Patrol Race Training	Chiemgau Arena	?	DB Max
		17:30		Team Captains' Meeting & Patrol Race Draw	Kurhaus		Non Race Day
Tue	01 Feb	*13:00	Men 4 x 7.5 km Biathlon Relay	Chiemgau Arena		DB Max	
		13:03	Women 4 x 6 km Biathlon Relay (IC)			Race Day	
Wed	02 Feb	13:00	16:00	Patrol Race Training	Chiemgau Arena	?	DB Max
		17:30		Team Captains' Meeting	Kurhaus		Non Race Day
Thu	03 Feb	09:00		Military Patrol Race (IC for Women)	Chiemgau Arena		DB Max
		19:00		Final Prize Giving	Kurhaus		Race Day
Fri	04 Feb	08:00		Teams Disperse - Race Office			