

Defence Instructions and Notices (Not to be communicated beyond Crown Servants, and Government contractors, without authority)	
Title:	Exercise TELEMAR TITAN 2022 – The British and single Services Telemark Championships.
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Annexes:	Annex A - Race Details Annex B - Programme of Events Annex C - Race Committee, Duties and Responsibilities Annex D - Contact Details Annex E - RN & RM Attendance at Exercise Telemark Titan 2022
Related Info:	http://awsa.org.uk/telemark/ Applications: Ex TT 22 Application Form
Classification:	OFFICIAL

EXERCISE TELEMAR TITAN 2022 – THE BRITISH AND SINGLE SERVICES TELEMAR CHAMPIONSHIPS

References:

- A. [2021DIN10-013 Army European Winter Activities-2021/22](#)
- B. [JSP 660: Sport in the UK Armed Forces.](#)
- C. [2019DIN01-061 Diplomatic Clearance Procedures for France](#)

COVID-19 - All direction and guidance included in this DIN is subject to ongoing Government, MOD and Host Nation direction that may change during the months and weeks leading to the 2021/22 Winter Season.

Competition and event organisers are reminded that despite what is going on nationally, Army HQ remains the authority for Army Sport to recommence. It is now confirmed that with effect 1 Jul 21 Army HQ have agreed that the planning for a full winter season 21/22 can commence as follows:

- **Plan for a full season. All 8 disciplines. End to end (Corps to Inter-Services) optimised for novices; geared for Army and Defence competition.**

- **Accommodation may be fixed to signal early Army/Corps intent to in-resort partners and the Chain of Command. However, Public Funds are not to be committed at this stage.**
- **A final Decision Point ('go/no go') date of Wed 13 Oct 21 has been set to enable a reassessment of the COVID situation within the UK and better understand the climate and travel restriction across Europe.**

Team captains and event organisers are advised to continue with event planning, but under no circumstances are Public Funds to be committed before a positive decision has been announced by the DCGS via Army HQ through the ASCB and the AWSA on Wed 13 Oct 21.

Further useful information can be found in the PHOENIX OpO 21/22, Force Health Protection Instruction, Gov.uk Red, amber and green list rules for entering the UK and Defence Advice Notes

Introduction

1. Exercise TELEMAR TITAN 2021 (Ex TT21), is the British, Royal Navy (RN) and British Army Telemark Ski Championships run by British Army Telemark. It will take place in Pralognan-la-Vanoise (PLV), in the French Alps, over the period 8 - 22 Jan 22. This event has been authorised by the UK Armed Forces Sport Board and Telemark Skiing has Type 2 sport status.
2. The main body of this DIN covers the features of the championships, in accordance with References A – D. The details specific to the event are contained in Annexes A – E. All activity has been cleared and funded and is to be conducted in accordance with [Reference A](#). There will **not** be a separate DIN published by the RN/RM as all specific direction/information required by the RN & RM can be found within this DIN at Annex E.
3. The Championships are **not** suitable for participants who have never skied before. Beginners with some Alpine experience are welcome. The Championships will include Telemark coaching and culminate with a series of races over the period 15 - 19 Jan 22. Racers compete in either the Championship or Development races according to ability. See Annex A for full details of races, and the guide to Telemark racing rules which will also be briefed in PLV.
4. Applications for the championships will be submitted via the following link for all participants, whilst any other enquiries can be made by email to telemark@awsa.org.uk. Application can be made from the following hyperlink [Ex TT 22 Application Form](#). Instruction and further details are available from the discipline secretary. Closing date for championship entries is **NLT COP 5 Nov 21**.

Aim

5. The aim of this Defence Instruction Notice is to promulgate the necessary information to Divisional/Army Ski Secretaries, Captains of Unit Telemark Teams and individuals wishing to participate in the Championships.

Army Telemark Race Rules

6. The Championships will be conducted in line with FIS Telemark International Competition Rules (TICR), British Telemark Rules (BTR)¹ and Army Telemark Rules². Mixed-gender and Hors Concours teams are permitted to compete at the Championships.

Qualification

7. **General.** Ex TT22 has an all-up **capacity of 150 competitors**. Standards will be assessed during training and the qualification event, and skiers of the appropriate standard will start in the Championship races, with the remainder competing in the Development races.

8. **Eligibility.** The Championship is open to all Regular, Reserve and UOTC Forces as well as all other British nationals.

9. **Service Winter Sports (AWSA/RNWSA) Membership.** In order to race, all Military competitors **must** be subscribed members of either AWSA/RNWSA for the 2022/23 season (you must be a member of a National Ski Association to race). Non-UK Military racers must be members of their own respective Winter Sports Association. Civilian competitors should be a license holder with British Ski and Snowboard (BSS) or a Home Nation Governing Body³. Non-competing supporters need not be members.

a. Applications for AWSA membership are available to download from the Member Services page of the AWSA website www.awsa.org.uk/membership/.

b. Applications for RNWSA membership can be made online at <https://app.loveadmin.com/Registration/13A36DEBC99B6734D3AE4619CD072400>.

c. **Membership subscription will be checked at registration.**

10. **Great Britain Telemark Team.** The selectors for the British Telemark Team will be present in PLV and will be identifying potential team members for the 2022/23 season and development beyond. Telemarkers showing potential may be given the opportunity to attend GB Team selection in Spring 2022.

Arrival Procedure

11. **Movement.** Unit teams and individuals are responsible for their own transport to and from PLV.

12. **Staying for shorter periods.** Because of the contract we have with the hotel and resort, it is difficult but not impossible to pay for a reduced package for a shorter period. If personnel wish to stay for a shorter period, individuals are to contact the Championship Secretary on telemark@awsa.org.uk in the first instance.

13. **Travel to PLV.** There is enough car parking available directly outside the competitor hotel. If heavy snow fall is experienced, shovels will be required to dig out the vehicles at the end of the Championships. PLV does not clear the roads of snow in order to preserve

¹ [FIS: Telemark – Joint Rules and Regulations for all FIS Competitions, dated 2016](#)

² RN and RAF Telemark Rules will apply as appropriate for RN, RAF results; these will not supersede BTR or TICR/ICR in any safety aspect.

³ An SSE license brings with it race insurance. Contact SSE for details but register as a joint Alpine / Telemark racer.

the beauty of the village and maintain water quality. Salt / gravel is used only in extremely icy sections; thus, winter tyres and snow chains are now a legal requirement in France.

- a. **By Road.** Address is Avenue de Chasseforet, 73710 Pralognan-la-Vanoise, France. It is the teams unit and therefore the Team Captains responsibility to ensure drivers hours legislation is complied with when traveling to/from Ex TT.
- b. **By Train.** The Moutiers-Salins SNCF train station is the closest rail head. From the station there is a 1hr 15min bus shuttle to PLV. On a Saturday, the shuttle runs regularly from Moutiers – PLV from 0645hrs. The final shuttle departs Moutiers train station at 1900hrs. On a Thursday, the shuttle departs PLV to Moutiers at 1230hrs and 1500hrs only. More detail can be found at www.voyages-sncf.fr. Taxi details can also be provided upon request from the Championship secretary.
- c. **By Air.** Regular scheduled flights arrive at Geneva. If there is enough interest a return transfer bus between PLV and Geneva airports can be arranged subject to numbers and financial viability. For more information and to apply, please ensure you state this preference in your application. The Discipline Secretary will confirm ability in late November 20.

14. **Accommodation and Check-In.** Competitors will all be accommodated in the Hotel Mileade, formally known as Hotel Club Vacancial. The Army Telemark Championship secretary will allocate all accommodation for participants who are staying for the Championships.

15. **Lift Passes.** Lift passes will be issued at registration by Army Telemark and are valid for the championship skiing days. There will be a 5 EURO refundable deposit per person. **Payment for this is required on check-in.**

16. **Welcome Brief.** There will be a welcome brief for all participants at **2030hrs** in the Hotel Mileade (downstairs) on Sat 9 Jan 22. **All participants must attend.**

Programme

17. **Outline.** The intended programme of events is at Annex C, however this plan remains highly flexible and competitors should follow the programme posted outside the Race Office in PLV and information provided at Team Captains' meetings. The outline programme is as follows:

- a. **Coaching.** Coaching will begin on Sun 9 Jan 22. The selection of training groups will commence at 0845 hours on Sun 9 Jan 21, thereafter coaching will begin at 0850hrs each morning. Anyone collecting hire equipment must do this on Sat 8 Jan 22 as there will not be time prior to training starting on Sun 9 Jan 21.
- b. **Gate/Jump Training.** Areas designated for gate training will be available from 11 Jan 22, a jump will be available for training at a time TBC. All competitors **must** attend a mandatory brief and practice session on the jump before they are allowed to compete; this training will be supervised by the Chief of Race in conjunction with the instructors. In order to avoid overcrowding of the training areas and to reduce the possibility of injury, all teams and individuals will be given training slots that they will be required to adhere to. Full details will be promulgated by the Army Telemark committee in PLV. Helmets and goggles **must** be worn for all training whether

centrally organised or not.

c. **Races.** The first race will be a qualification race on Fri 14 Jan 22. This will allow enough time for racers to have conducted jump training and for novices to have received instruction. Thereafter competitors will conduct races according to their ability.

Prizes and Definitions

18. **Individual.** Individual prizes will be presented for each Championship Race. There are combination prizes for the best Open and Army Individuals (male and female)⁴ over the three Championship Races (The Pery Ski). Individual prizes will also be awarded to the best Novice and Junior racers.

19. **Team.** Teams are to consist of at least three, but no more than four personnel per team, with the best three times to count for each race. There is no limit to the number of personnel units send, those outside of a team will compete as individuals. Team prizes will be presented in all three Championship Races in addition to the Combination Army Champion Unit Team Trophy (The Limerick Cup). In order to stimulate competition Hors Concours (HC) teams are encouraged. HC teams may win the team prize for each race but are excluded from the Champion Unit Trophy which is limited to Army Unit Teams⁵. Both Unit and HC Teams may be of mixed gender.

a. **Unit Teams.** Unit Team members must all be on the held strength of the Unit at the time of the Championships.

b. **Hors Concours Teams.** HC Teams are encouraged and may be entered while in PLV. An HC team may not contain more than one National Team member or one Service Team Member (current or former).

c. **Army Inter-Corps Team.** If enough entries are received an Inter-Corps Telemark Team Competition will be run in line with Army Telemark Rules.

20. **Prize Giving.** Prize giving will be on Wed 19 Jan 22.

21. **Qualifying Standards.** There are no pre-qualifying standards for entry. Standards will be assessed during training and the qualification race with the cut between Championship and Development Races made accordingly.

22. **Rules Briefing.** On the evening of Tue 11 Jan 22, a briefing will be provided on Telemark Race rules and techniques. This is mandatory for individuals that have never raced before, and all other participants are welcome to attend. It is the responsibility of all racers to know and understand the rules.

23. **Novice.** A skier is defined as a Novice if this is their first season on Telemark Skis and they have not competed in a Club, Regt/Corps, Service, National or International Alpine or Nordic Race before the start of the 2021/22 season. The Novice Champion will be the highest placed Army Novice in the seed list at the end of the Championship. If no Novice qualifies for the Championship Races, then the Novice Champion will be the Novice skier with the best combined time of both Development Races.

⁴ RAF and RN prizes may also be awarded.

⁵ RN Champion Unit Team medals may also be awarded.

24. **Junior (U21).** A skier is defined as a Junior (U21) if they were born in 2001 or later.

25. **Inter Service Championships.** The Inter Service Telemark Ski Races will take place in Meribel, France over the period 29 Jan - 4 Feb 22. The Army Team for 2022 will be selected by the Army Telemark committee in accordance with Army Telemark section policy published in Army Telemark rules⁶. The team will be announced at the prize-giving on 19 Jan 22.

Command and Control

26. **General.** The Championships will be run by the Army Telemark Committee, under command of the Chief of Championships, Brigadier Matthew Birch, with support from RN/RM Telemark Committee.

27. **Race Committee.** The Committee are responsible for the running and conduct of the Championships (duties and responsibilities of the Race Committee are listed at Annex D).

28. **Race Office.** The Race Office will be situated in Hotel Mileade and will be open daily from 0800-0830 and 1630-1730 – (STC).

29. **Registration.** Registration will take place from **1500 to 1700** in the Hotel Mileade Reception on Sat 8 Jan 22. All teams and individuals **must** register on 8 Jan 22. All teams will be required to confirm that all details sent via electronic application are extant, and sign to confirm details.

30. **Team Captains.** Units are to appoint a Team Captain (TC) who is responsible for the conduct of the team and the management of their affairs whilst on Ex TELEMAR TITAN. TCs will be required to attend the daily TCs' meeting. **There will be an initial TC meeting via Zoom Monday 8 November 22 (1400-1430).**

a. Meeting ID: 718 181 6263

b. Password: TELEMAR

31. **Individual Representation.** In order to ensure smooth passage of information to all competitors, those who are not a member of a team **must** ensure they are represented at the TCs' meeting. It is acceptable for formed groups of individuals or HC teams to send one representative, provided the Championship Secretary is informed of who they are representing.

32. **Team Captain / Representative Duties.** TCs/Representatives/Individuals are to:

a. Report to the Hotel Mileade on arrival (during opening hours) to register.

b. Attend all TCs meetings at **1830hrs (STC)** each evening, commencing 9 Jan 22 in the Hotel Mileade briefing room. The meetings will provide important race details and administrative instructions.

⁶ The RN/RM team will also be selected at the Telemark Championships.

c. Submit Race Entries on time and in the correct format. Race entry forms will be provided in the Race Office on arrival.

33. **Discipline.** PLV is a very small village and the locals have worked hard to ensure the smooth running of the Championships. It is of utmost importance to maintain friendly relations with the locals so that the Championships can continue to prosper. As such, any disciplinary occurrences will be viewed very seriously. All breaches of military discipline will be dealt with immediately and are most likely to result in the individual or team being disqualified and returned to unit at individual or unit expense. Any participant, military or civilian, who brings the championships and/or the Armed Forces into disrepute either on or off the hill may be expelled from racing at the discretion of the Chief of Championships. The ExTT22 Championship Alcohol Policy can be found at the following link on the AWSA website. www.awsa.org.uk/telemark

34. **Standards.** Ex TT22 will place Service Personnel in the public eye, both with fellow competitors and others in the resort. All Service Personnel are to ensure they maintain the expected high standards of the Services; bad language and behaviour will negatively impact on the reputation of the Services in this small family resort, this will not be tolerated and will result in an immediate RTU at individual or unit expense. Military personnel are to wear respectable clothing, which is appropriate for the occasion.

35. **Security.** Currently, there is no specific security threat to UK Service personnel in France. However, all personnel are to remain vigilant and adhere to the normal security precautions. No overt military presence is to be advertised and any suspected security incidents should be reported to the Ex CofC. To ensure currency, the secretary will update all competitors on the Threat Awareness.

Administration

36. Finance.

a. **Cost.** The cost for the Championships can be found in the table below in GBP (£). This price includes accommodation and food, coaching, lift pass, championship t-shirt, race entry fee and event co-ord costs. The price does not include travel to and from PLV, or equipment, which are an individual or team responsibility. The difference between the Services is due to Army funds which have offset the Army participants. Other Service costs may be reduced depending on Service subsidy and participants are to seek own funding lines.

Ser	Entrant/Option	Total
(a)	(b)	(f)
1	Army – Full Board	£700
2	Navy/RM - Full Board	£800
3	Civilian – Full Board	£900

b. Payment.

(1) Payments can be made in stages or in full, deposits of £100 per competitor are required by **8 Nov 21**. Places are not confirmed until deposits

have been received. Final payments must be made to the Army Telemark account no later than **10 Dec 21**⁷. Cheques and cash will not be accepted in PLV, if you cannot pay in time please contact the secretary. Money transfers should be made directly to AWSA. All transfers **must** be notified to the Secretary on telemark@awsa.org.uk and be accompanied by the reference provided by the payee's bank (if available):

(2) Account Name: AWSA; Sort Code: **16-19-26**; Account No: **11251773**; Reference: **Tele-“racer-surname”**

c. **Cancellation and Refunds.** Cancellation prior to 8 Nov 21 will attract a refund of any balance paid. Cancellation after 8 Nov 21 will receive no refund unless cancelled for Operational reasons or specific travel restrictions due to the C-19 Pandemic. Competitors are to ensure they hold adequate insurance.

d. **Race Entry Fees.** Race entry fees (£50) have been included in the overall price. For individual entry to a race, competitors not staying in the hotel will be required to pay £50 regardless of the number of races they compete in.

e. **Travel and CILOR.** CILOR claims are the responsibility of teams and should only be claimed in accordance with JSP 456 (Defence Catering Manual – Vol 2, Ch 7 – see definition at point 4, below).

(1) As a recognised Winter Sport and an authorised competition, military competitors may claim travel. The process for making travel claims against the Representational Sport Travel Budget should be conducted in accordance with 2019DIN10-025.

(2) As a recognised Winter Sport and an authorised competition, military competitors may claim CILOR. Applications for CILOR should be made through individual units and Fmn HQ.

(3) Teams will be issued with a food receipt by the Army Telemark Treasurer, which has been prepared by the competitor hotel, towards the end of the exercise. These receipts are to be used to clear unit CILOR applications which have been made prior to attending Ex TT.

(4) **JSP 456 - CILOR for Cooked Foods.** CILOR rates are calculated for the purchase of un-cooked foods and does not cover the cost of cooked food purchased in local restaurants. Units/individuals who use CILOR for cooked foods under these conditions do so under the understanding that the allowance will not cover the total bill and they will have to subsidise the excess costs from other sources. When accounting for cooked food the OIC Activity is to present the full bill and list the actual claim made against the CILOR account. Alcohol can be shown on the receipts, but it must not be claimed for on the account.

f. **LOA, LSA and Subsistence.** LOA, LSA and subsistence claims are not admissible for EX TT21 competitors. LOA and LSA claims are admissible for **all** Telemark Committee members in accordance with JSP 752 and JSP 660.

⁷ Difficulties in meeting this deadline should be communicated to the Championship Secretary immediately.

g. **ASCB Discounted travel.** Units travelling by ferry from UK may wish to avail themselves of discounted ferry tickets. Details may be obtained from the Secretary Army Winter Sports, ASCB on Aldershot Mil 94 222 7077.

h. **Army Sports Lottery.** Army competitors who are members of the Army Sports Lottery, may apply for up to £25 per ticket totaling up to £100 per person to assist with travel costs. Applications can be made individually or as a team by the Team Captains to the Army Sports Lottery. All competitors are strongly encouraged to join the Army Sports Lottery [2018DIN10-016 Army Sports Lottery](#).

i. **Welfare Grant and Nuffield Trust.** The Army Welfare Grants Committee and Nuffield Trust Supports Telemark and will provide equipment grants to teams that bid in the prescribed format. Bids through unit 2iCs, Bde and Div CoC. See ACSO 3206 for further information.

37. **Clearances.** Military organisers and participants require Authority, Transit Clearance (TC) and Diplomatic Clearance (DC) to run and participate in Winter Sports Activity.

38. **Authority.** Authority to run the competition has been granted by the Army Sport Control Board (ASCB) including authority to participate in Army Telemark for participants.

a. **Transit Clearance.** All military teams intending to travel through France require Transit Clearance; further detail is contained in the Army European Winter Activity Instruction.

b. **Diplomatic Clearance.** Individual military competitors and teams are required to apply for DIPCLEAR to attend Ex TT22 (TCs can apply on behalf of all team members). Full guidance is provided in the Army European Winter Activity Instruction at Ref A.

39. **Duty Status.** Telemark skiing is a recognised Sport across all three Services⁸ and therefore Military Participants will be classed as being 'On Duty' whilst conducting training, racing and any Army Telemark authorised event directly connected to these activities. Reference B is the overarching authority for participation in, and travel to, this event and should be read in detail by Team Captains.

40. **Insurance.** Teams and individuals are to ensure that they fully acquaint themselves with insurance requirements as described in the Army European Winter Activity Instruction DIN.

a. **Personal Insurance.** Competitors MUST hold adequate personal insurance that includes medical cover and personal liability for **ski racing** and recreational skiing as a minimum. Competitors should ensure their personal insurance provides cover for cancellation of the Championships due to unpredictable events ('force majeure'). Proof of racing cover must be produced on registration at the Championships; failure to produce a valid cover note will result in not being able to race. Competitors must also ensure that their insurance covers them when they are off duty⁹ and for any non-authorised social activities. **Note that** Proof of racing insurance will be required on arrival and details, including Policy Number, Emergency Help Lines and Next of Kin, must be left with the race office. **No cover = no skiing**

⁸ JSP 660 - Sport in the UK Armed Forces.

⁹ In accordance with [2019DIN07-090 Army Winter Sports Activities-2021/22](#)

or racing.

b. **Duty Status and Social Activities.** Telemark participants are to be aware that participation in social and recreational activities that are not directly related to the primary Exercise aims may be deemed 'off duty', even if organised and authorised by Army Telemark. This may affect potential claims against the AFCS and thus all competitors **MUST** hold appropriate insurance to cover 'off duty' activities, such as free skiing, ice skating or tobogganing. Note that: **Participants must carry their EHIC/GHIC and Insurance emergency details (emergency number and policy number) with them at all times.**

41. **Telemark Equipment.** It is appreciated that not all competitors will have their own Telemark equipment and will need to hire some. This is the responsibility of the individuals / teams. There is not always the widest range of Telemark kit and equipment to rent in PLV without prior arrangement. If there is a requirement for this then the Championship Secretary should be contacted in the first instance. Army Telemark take no responsibility for the bookings or any financial liability for competitor's equipment hire.

42. **Ski Waxing.** Hotel Mileade will have ski waxing rooms available. Competitors will need to bring their own clamps, wax and irons.

43. **Storage.** There is ski and boot storage available at the hotels in use during the Championships. However, the boot storage will not be on heated racks.

44. **Skins.** Teams **must** make their own provision for skins, which are placed on the underside of the ski to enable ascent of the piste. Competitors are to ensure they are correctly equipped for the mountain race and therefore should provide their own skins. All military personnel are expected to compete in the Mountain Race.

45. **Helmets.** The use of ski race helmets is compulsory for all events and training. Competitors must have ski helmets that satisfy the minimum requirements for the event and which have been certified by recognised institutes. Helmets **will** be inspected prior to racing and those wearing incorrect helmets will not be allowed to start.

a. **Helmet Design and Standards.** Helmets used in FIS Snowsports shall be specifically designed and manufactured for the respective discipline and shall bear a CE mark and conform to recognised and appropriate standards such as CEE 1077. For racing FIS have stricter requirements than for general use:

(1) Competitors racing in the Championship races must have FIS rated Class A or Class B¹⁰ helmets bearing the FIS stickers, as demanded by FIS and BSS rules. Full shell Class A helmets are advised.

(2) Helmets with spoilers or edges that protrude are not permitted and helmets must show a smooth top surface for safety reasons.

¹⁰ Telemark is treated as an Alpine discipline for the purposes of safety equipment and thus Class A helmets are preferred. However, TCR permit Alpine Slalom helmets (Class B) to be used, noting that chin guards are not permitted and must be removed. *Helmet model to be certified under EN 1077 (class B) or ASTM 2040 as minimum standards. NB1: Soft ear padding is allowed. NB2: Crash helmets fulfilling higher safety standards can be used.*

(3) Skiers competing in the development races must have a helmet that is designed and certified for skiing; CE 1077 as a minimum. Some tolerance will be granted on shape for certified designs, but spoilers are not permitted.

(4) Cameras or mounts may not be fitted in any manner. Competitors presenting for races with a mount affixed to a helmet will not be permitted to race until the helmet is changed. Removing mounts will incur further damage to the shell and should not be attempted.

46. **Goggles.** Goggles are recommended to be worn for training and racing; sunglasses may not be worn as a substitute.

47. **Medical.** All personnel are to ensure they are medically and dentally fit prior to start of the Championships.

48. **Med Plan.** The ExTT22 Med Plan can be found at the following link on the AWSA website. www.awsa.org.uk/telemark

49. **Emergency Contact Details.** All personnel are to ensure their emergency contact details on JPA or HRMS are current, this is to include a Next of Kin. Failure to update this basic requirement may result in delayed notification in the event of an incident. In the event of an incident, coordination with the JCCC will be the responsibility of the ExTT22 CofC.

50. **Personal Medical Equipment.** It is the responsibility of each individual to ensure they carry sufficient supplies to last the Exercise e.g. inhalers and repeat prescriptions.

51. **Foreign & Commonwealth Personnel.** All Foreign & Commonwealth personnel are to ensure they have the appropriate visa clearance.

52. **Medical Facilities.** There is no UK military medical cover on Ex TT22. Minor complaints should be directed to the local doctor (payment must be made upfront and claimed back through insurance at a later date). The hospital in Albertville can deal with more serious issues and there is a helicopter CASEVAC facility if required. In the event of an injury, the injured party (or a representative if appropriate), whether a visitor, official or competitor, is to complete MoD Form 510 (held at the Race Office) - Report on Accident/Injury. If this is not completed Service personnel may have no recourse to any claims for injury on duty. The Race Office is to be informed of all injuries sustained whilst on Ex TT22. Due to limitations on personnel and transport, the Army Telemark committee cannot support follow-up visits for injuries; all competitors must ensure they are covered by insurance for follow up visits when in country. Key information listed below:

a. **Dr Francoz.** Avenue de Chasseforêt. Next to the entrance to the aerial tram. Open daily 0900 – 1900hrs. +33 479 087561 / +33 609 352892

b. **Pharmacy.** Avenue de Chasseforêt. Avenue de Chasseforêt. +33 479 087161. Open Mon to Fri 0900 – 1230hrs and 1500 – 1900hrs. Open Sat 0930 – 1230hrs and 1500 – 1900hrs. Open Sun 100 – 1200hrs and 1700 – 1900hrs.

c. **Emergency.** 112

53. **Emergency Procedures.** In the event of a NOTICAS requirement, all reporting is to be conducted via the Ex CofC. No direct communication via single Service channels is to be conducted without prior authority from Army Telemark Chairman or his representatives. The emergency procedures are outlined at Appendix 1 to the ExTT22 Medical Plan that can be found on the AWSA (Telemark) website and are to be strictly enforced.

54. **Coaching.** All coaching will be conducted by qualified Telemark Instructors and will be coordinated centrally by the Army Telemark Committee. It is assumed that all participants will join the coaching programme at Annex B.

55. **Visitors.** Visitors, especially Commanding Officers, are encouraged to attend; the prime time will be over the racing period (**15 - 20 Jan 22**). In order to maintain visibility of all military visitors in resort, Team Captains are to inform the Championship Secretary of names and arrival/departure dates of all visitors as early as possible. All visitors are responsible for their own costs, travel arrangements and hotel bookings.

56. **Families and Supporters.** Families and supporters are very welcome in PLV for the Championships. Competitors who wish to bring friends and family along and have not already indicated this on their registration form, should immediately contact the Championship Secretary to bid for the extra accommodation. All participants should note that all non-Service personnel will be required to pay for themselves and will not benefit from any subsidies from Service funds (public or non-public).

57. **Sponsorship.** Teams that are fortunate enough to secure sponsorship must ensure that they adhere to the ASCB ruling on commercial sponsorship. As a guide, the following regulations apply: any name-advertising sponsorship must not show any direct link with tobacco or alcoholic spirits. Army personnel may not wear commercial logos on their clothing (including helmets) when on duty, except as authorised. For sponsorship rules only, all competitors are deemed to be 'on-duty' whilst present at the Championships, regardless of where they are or what they are doing.

58. **Managing Sponsors and VIPs.** There will be a number of VIPs (Military and Sponsor) around the resort, particularly over the racing period. All Ex TELEMAR TITAN 22 participants are reminded to remain polite and courteous throughout the Exercise, whether on the slopes or about the village. We aim to provide a high level, professional Championships that continue to attract sponsorship in the future - your role in this is as important as the Committee's. If requested to host a guest, please do so without hesitation. **Team Coaches.** Please note that there is no discount for the cost of team coaches in PLV and they are expected to pay the same rates as individual competitors.

Miscellaneous

59. **Dress and Equipment.** Military dress and equipment are not permitted on Ex TT20 and should not be brought into France. All clothing and equipment, including day sacks, are to be civilian.

60. **Vehicles.** Team Captains and Competitors must note the following¹¹:

- a. **Use of Military Vehicles (Green Fleet).** Military vehicles are not to be brought into France.

¹¹ Team Captains are to consult Defence Movements & Transport Regulations JSP800 Vol5 Edition 4.1, Part3, Chapter 8 – Driving Overseas for further detail.

b. **Vehicle Insurance.** Units are warned that military vehicles, including those leased or owned as part of a White Fleet contract are insured by the Crown - not a civilian insurer. Anyone travelling by vehicle is to ensure that adequate cover is obtained for the countries they will transit, including a European Green Card and breakdown cover.

c. **Winterisation.** All vehicles must comply with European law with regard to winter tyres, snow chains and motorway vignettes. Vehicles should be fitted with winter tyres or All-Season tyres (marked with M+S). Chains should be carried as well. A detailed list of the items required to be carried is at Para 3.8.14 of JSP800 as referenced above. Civilian drivers should consult an appropriate motoring organisation for guidance.

d. **Sponsored Vehicles.** Service Regulations state that units provided with sponsored vehicles may not use Service fuel cards or insurance services for said vehicles.

e. **European Highway Code Tests.** All drivers of Service or White Fleet vehicles must have passed the European Matrix Test and have it recorded on their FMT 600 prior to travel. The necessary tests can now be conducted online at:
<http://bfgnet.de/matrix-test.html>

61. **Media.** A central media plan is being organised by Army Telemark, any relevant details will be disseminated by the committee. All competitors are also strongly encouraged to write up their experiences for Regimental Magazines to encourage future racers; suitable imagery will be supplied wherever possible. All photographs will be available on-line following completion of the championships. A link to the on-line repository will be emailed out to competitors after the event.

62. **Social Media.** The general use of social media to advertise the Championships it to be encouraged. If there is any uncertainty about specific posts, please check with the discipline secretary who will happily support. In the unlikely event that an accident or incident occurs, it is imperative that **all participants** are aware of the implications of 'uploading' or 'commenting' on social media sites, of the events applicable to the accident or incident. Therefore, in the unlikely event of an accident or incident occurring, the use of social media sites to share information regarding the accident or incident is **prohibited**.

63. **Photographs.** Army Telemark treat privacy seriously and will not pass on any images to third parties, except for the purpose of promoting Telemark or Army Telemark activities, in the military and civilian domains. All official photographs will remain the property of Army Telemark but will be made available for the personal use of competitors¹²; as such Army Telemark will store the images in a manner that allows general access.

a. Personal use may include the publishing of images in articles, particularly Regimental and Corps magazines, and other promotional activities, as well as posting of images of the competitor on personal pages of the internet and social networking sites. Such personal permissions do not extend to the general publishing

¹² All such images remain copyright Army Telemark (MoD) and should be accredited as such.

of the images to social networking or photo-storage sites without the specific permission of the featured individuals.

b. For the purpose of these paragraphs Army Telemark promotional activities are taken to usually include, but not be constrained to, Army Winter Sports Association (AWSA), UK Armed Forces Winter Sports Association (UKAFWSA), British Ski and Snowboard (BSS) and International Ski Federation (FIS) promotional activities. Individuals who do not wish for images of them to be used for the purposes listed above must inform Army Telemark in writing by the start of the Championships.

Pralognan-la-Vanoise (PLV)

64. **General.** PLV is a mountain village in the heart of the French Alps. PLV has 24 runs (9 green, 4 blue, 7 red and 4 black). The terrain has elevation of 1400m – 2350m. The Championship races will be conducted on a FIS Homologated piste. Although known for ‘snow reliability’ PLV also has 54% of the ski area covered by 80 snow guns. Apres Ski, participants will have free access to the sports centre. This has a spa, weights and CV room, indoor climbing wall and ice rink.

C-19 Notice to Civilian Competitors

65. Please be aware that due to Covid-19 there is a risk of ExTT22 being cancelled by the Military rather than the FCDO between your application being made and the event running. It is for this reason that we strongly recommend that you ensure you have both adequate Travel Insurance as well as Race Insurance. However, as event organisers, it is incumbent upon us to draw your attention to the risk that, as primarily, a military event, it is subject to cancellation by the MoD at any time. This may differ from FCDO advice at that time as the MoD has different considerations of the risk for Service Personnel or the organisation in general. Whilst we hope this is very unlikely, if this were to happen, we will make our best endeavour to return specific Exercise costs and thus limit costs to individuals, but we cannot guarantee all money will be refunded.

Annexes:

- A. Race Details
- B. Programme of Events
- C. Race Committee, Duties and Responsibilities
- D. Contact Details
- E. RN & RM Attendance at Exercise Telemark Titan 2022.

RACE DETAILS

1. **Qualification Race.** A Giant Slalom (GS) race to select competitors for the Championship Races. Selected skiers will progress to the Championship Races with the remainder skiing in the Development Races.
2. **Championship Races.** There will be three Championship Races, with an anticipated maximum field of 70 racers:
 - a. **Telemark Giant Slalom (GS).** A GS course of two runs with a maximum of 350m vertical drop, 25 – 40 gates and one jump.
 - b. **Sprint (SP).** A shortened version of the Classic Race over two runs, comprising of a minimum of 15-25 gates over a 100-150 m vertical drop, with a jump, loom and skating section.
 - c. **Classic (CL).** A Telemark Classic Race with a maximum of 500m vertical drop, consisting of giant slalom gates, a jump, loom and a skating section.
3. **Development Races.** There will be two Development Races designed to introduce novice telemark skiers to racing at an appropriate level. Skiers who do not qualify for the Championship Races will automatically be entered into the Development Races and continue instruction as appropriate. Prizes will be awarded for the Development Races.
 - a. **Development Sprint (Dev SP).** The Dev SP will be a Sprint format with a jump and short skating section.
 - b. **Development Classic (Dev CL).** The Dev CL will be a consolidation of the skills learnt during the Championship training and will be run immediately after the Championship Classic Race (CL) but with a shorter course. It will include a jump, GS gates, skating section and a 360-degree turn.
4. **Mountain Race.** The Mountain race is now an established part of the Championships and will follow a format similar to previous years. The race will consist of at least one uphill section before descending back to the start point for the finish. Raced as individuals or 3-man teams, each team member will race part of the uphill section, with the final team member racing down to the finish. Competitors will require skins for this race.

PROGRAMME OF EVENTS - EX TELEMAR TITAN 2022

Date	Time	Action	Location	REMARKS
Fri 7 Jan 22	1200	Committee Arrive	Hotel de la Vanoise	
Sat 8 Jan 22	1400 – 1900	Teams and competitors arrive	Reception Hotel Mileade	
	2030	Ex TELEMAR TITAN Welcome Brief	Hotel Mileade	Includes mandatory safety brief. All to attend
Sun 9 Jan 22	0850	Training		Initial instructor group allocation. Day 1 of training
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
Mon 10 Jan 22	0850	Training	As chosen by instructors	Day 2 of training
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
Tue 11 Jan 22	0850	Training	As chosen by instructors. Gate training.	Day 3 of training Gate training required
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
	1930	Racer Brief	Hotel Mileade	All to attend
Wed 12 Jan 22	0850	Training	As chosen by instructors. Gate training.	Day 4 of training Gate Training required
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
Thu 13 Jan 22	0850	Training	As chosen by instructors. Gate training.	Day 5 of training Jump and Gate Training mandated
	1830	Team Captains' meeting / Race Brief	Hotel Mileade Conference Room	All team captains to attend
Fri 14 Jan 22	0945Insp 1045 Race	Qualification Race		Day 6. Training continues when not racing
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend

Sat 15 Jan 22	0850 Insp 1000 Race	Championship Giant Slalom (GS)		Day 7. Development groups continue instruction/training
	1730	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
	1830-2000	VIP Reception	Hotel Mileade	Selected personnel will be required to attend
Sun 16 Jan 22	0945 Insp 1045 Race	Development Sprint (Dev SP)		Day 8. Development groups continue instruction/training when not racing
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
Mon 17 Jan 22	0820 Insp 0930 Race	Championship Sprint (SP)		Day 9. Development groups continue instruction/training
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
Tue 18 Jan 22	0830Insp 1000 & 1200 Race	Championship Classic (CL) Development Classic (Dev CL)		Day 10.
	1830	Team Captains' meeting	Hotel Mileade Conference Room	All team captains to attend
Wed 19 Jan 22	1000	Mountain Race		Day 11. All military to participate
	1630	Prize Giving	Hotel Mileade	
Thu 20 Jan 22	1000	Competitors Depart Committee Depart		

Note: The programme is subject to change. Up to date copies will be displayed on the notice board outside the Race Office.

RACE COMMITTEE, DUTIES AND RESPONSIBILITIES

Name	Championship Post	Service
Lt Gen Smyth-Osbourne	President	Army
Brig Matthew Birch	Chief of Championship and Army Telemark Chairman	Army
Maj Martin Triggol	Chief of Race	RM
Lt Cdr Jamie Davies	Technical Delegate	RN
Maj Richard Wright	Championship Secretary	Army
Lt Col Baz Barrett	Race Referee / Equipment Manager	Army
Maj Simon Dunk	Treasurer	Army
Lt Col John Carey-Hughes	Start Referee	Army
Mr Andy Morgan	Timing & Calculations	Civ
Miss Emily Morgan	Finish Referee & Media	Civ
Lt Col Luke Davies	RN/RM Discipline Manager	RM

CONTACT DETAILS

Useful contact details for when in the resort are below.

Location/Name	Number / Details
Tourist Office Pralognan La Vanoise	+33 479 08 79 08
Chief of Race - Maj Martin Triggol	+44 7725 198 760
Championship Secretary – Major Richard J Wright	+44 7795 310 026
Equipment - Major Baz Barrett	+44 7879 670 809
Hotel Mileade	+33 479 08 19 19
Doctor	+33 479 087561
Pharmacy	+33 479 087161
Emergency and Mountain Rescue	112

RN & RM ANNEX FOR ATTENDANCE AT EXERCISE TELEMAR TITAN 2022

INTRODUCTION

1. The Royal Navy and Royal Marines Telemark Championship 2022 will be conducted alongside the Army and British Telemark Championships, also known as Ex Telemark Titan (TT). This continued support by the Army Telemark Association is greatly appreciated by the RNWSA and enables a higher standard of race piste and competition for all RN and RM personnel in attendance, with the added benefit of reducing the overall cost for all personnel.
2. TT is conducted within the framework established by the Army, who host the overall competition. For this reason, RN&RM ranks who wish to enter TT must apply and pay for a place according to the instructions in this DIN.
3. TT is the route into the RN Telemark Team, which will compete at the Combined Services Ski and Snowsports Championships (ISSSC) at Meribel, 29 Jan - 4 Feb 22.

APPLICATION PROCESS

4. The first step to securing a place at TT is to apply and pay a deposit as laid out at the following link [Ex TT 22 Application Form](#). This is best accessed using Chrome from a civilian device.

EQUIPMENT

5. There is a pool of good quality Telemark specific kit held by the RN&RM Telemark Association. This will be distributed on a first-come-first-served basis: it is therefore important that all ranks attending TT notify WO2 Roger Atkinson (Roger.Atkinson510@mod.gov.uk), detailing sizes and requirements. Kit available includes ski-specific clothing, helmets, skis, boots, poles, and skins. Individuals must provide their own goggles and gloves.

COMMAND AND CONTROL

6. Lt Col Luke Davies RM, RN&RM Telemark Discipline Manager, will have overall control of all RN&RM ranks embarked on TT. Individual units will nominate a suitable lead that will command that element. The entirety of TT, and therefore the Navy Single Service Championships, is ultimately under command of the Army Chief of Championships, Brigadier Matthew Birch.

TRAVEL

7. Travel to and from the event is normally by one of the following;
 - a. The Royal Navy Winter Sports Association (RNWSA) funds a small number of vehicles, provided for the transport of the RN&RM Telemark Team. This will be

booked and co-ordinated by the Team Captain (Capt Gordie McCrea Gordon.McCrae701@mod.gov.uk). Spare capacity in these vehicles may be utilised if available.

b. MoD White Fleet vehicles procured and funded by Units sending a contingent or team to the event.

c. Civilian air travel (whether funded at Unit or individual cost).

8. Funding is available for travel to attend in TT. This is available via individual UPOs, up to the amount of £175 per person¹³. This can be pooled to allow for the hire of white fleet half cabs, organised at the Unit level. All Units sending 3 or more participants should aim to do this, with the potential to offer out spare spaces to participants from singleton Units.

9. Whilst efforts will always be made to co-ordinate and share lifts, it is ultimately the responsibility of each individual to arrange their own transport to and from the event.

FUNDING

10. Every effort has been made to reduce the personal contribution to attend TT centrally. To reduce this further individuals or unit leads must apply for unit funding as laid out below. Once all grants are accrued this package represent extremely good value for money.

a. **CILOR** is to be applied for at Unit level by individuals or teams (See para 36.e. of this DIN). Receipts for food costs will be issued in resort by the hotel.

b. **UIF** and other Unit level funding is to be applied for by individuals or Unit teams. PTIs should be able to help with race entry fees (£50 which form part of the overall cost of attendance).

c. **RMWSA** will provide up to £100 of funding per man. This is available to RM ranks only; this will be coordinated and distributed in resort (**you must be enrolled in the RN Sports Lottery and contribute to the Service Day's Pay Giving scheme to be eligible for this support. Nominal will be check prior to funds being released**).

d. **Royal Marines Sports Association (RMSA) holds a Sports Improvement Fund (SIF)**. Applications to the RMSA SIF can be made to request funding against equipment required to attendance at TT. It is available for those that have attended previously or have some previous experience of Telemark competing/ racing. This is administered by WO2 Sear RM (Wayne.Sear596@mod.gov.uk).

e. **All participants must become members of the RNWSA** in order to attend TT (you must be a member of a National Ski Association to race). Membership is £15 per year¹⁴, and the membership form can be obtained online from <https://app.loveadmin.com/Registration/13A36DEBC99B6734D3AE4619CD072400>.

¹³ iaw JSP 660 - Sport in the UK Armed Forces.

¹⁴ The RNWSA offers lifetime membership ~£100. This can work out cheaper if you attend any RNWSA events over a number of seasons.

[htm](#). Any enquiries should be sent to membership@rnwsa.co.uk. Membership will be checked at registration on arrival in resort.

11. The following associations/bodies are **not** be approached for funding:

a. Sports Lottery **must not be approached for funding**. The Sports Lottery already helps to fund the RNWSA, which in turn helps to fund the cost of holding TT. **All ranks are strongly encouraged to join the Sports Lottery**, as all will be direct beneficiaries of its funding.

b. RNWSA funding is used centrally to offset the cost of holding TT. Please **do not approach the RNWSA for further funding**.

c. The RNRM Charity has awarded TT a grant, which is paid directly into TT21. Do not approach RNRMC for more funding. **All ranks are strongly encouraged to join the Service Day's Pay Giving scheme** as all will be direct beneficiaries of its funding.

Ex WHITE DAGGER 21 – 28 Nov to 11 Dec 21

12. Ex WHITE DAGGER (WD) is the annual RN & RM grassroots / development camp for Telemark Skiing in the RN&RM and is run in November at Stubia Glacier, Austria. It is the most suitable event for novice Telemarkers. WD is run by WO1 W Sear RM (Wayne.Sear596@mod.gov.uk) from whom further details can be obtained. Personal contribution for this event is £350.