



Army Winter Sports Association



ARMY
TELEMARK

Rules Edition 2019

Rules Common to All Telemark Events

Equipment Rules

Seeding Rules

Prizes

**Prepared under the Direction of
The Army Winter Sports Association
Telemark Committee**

AMENDMENTS

01

Amendment Number	By Whom Amended	Date of Insertion
01		

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DEFINITIONS

AWSA The Army Winter Sports Association. The body which controls competitive winter sports in the Army.

BASS British Alpine Seeding System. The National Alpine seeding system used by GBS and some of its member groups, which is to be expanded to include Telemark. See TSL.

BCR British Competition Rules. GBS rules for alpine ski competitions. These rules modify ICR and cannot be read on their own.

BTR. British Telemark Rules. GBS rules for Telemark ski competitions. These rules modify ICR and TCR cannot be read on their own

CHAMPIONSHIP RACE. A race of which the results count towards Championship team and/or individual prizes.

The Team Championship Races at the Army Meeting are listed at Annex C. Races specifically for seeding purposes, e.g. the qualification race, are not Championship Races. The races counting towards the Army Individual Championships are listed throughout Section 2 and Annex C.

CPP Championship Penalty Points. The means of producing comparable Telemark seed points for racers in different competitions, used in Army Championships qualification calculations and production of the TSL.

CLASS OF COMPETITORS. See Rule 607.3.

COMPETITOR. Throughout these rules 'competitor' is a generic term and refers to male and/or female as appropriate. The words 'he', 'him' and 'his' shall be taken to mean also 'she', 'her' and 'hers' when used in general context.

EQUIPMENT. The term 'equipment' or 'competition equipment' refers to all items of equipment that the athlete uses in competitions. This includes clothing as well as apparatus with technical functions. The entire competition equipment forms a functional unit.

EX AEQUA. A Draw – i.e. two or more racers who finish in exactly the same time. The racer with the greater start number (ie who started later) will be listed first.

FIS. Federation International de Ski (The International Ski Federation).

FORCE MAJEURE. Implies circumstances beyond one's control which may be pleaded as an excuse, for example extreme adverse weather or lift stoppage.

GBS GB Snowsport. The National Governing Body for Alpine Skiing and Snowboarding in the United Kingdom.

HORS CONCOURS (HC). An individual or team not entitled by the rules to win a prize, but allowed to do so by the Race Committee. They may not win the normal prizes or trophies, but special prizes may be set aside for them if the Committee so decides.

ICR. FIS International Ski Competition Rules.

TICR. FIS International Telemark Ski Competition Rules

MEETING. Throughout these rules, 'Meeting' is a generic term meaning a Championship. E.g. a divisional Meeting is in fact a divisional Championship.

PM Penalty Multiple. A multiple applied to the CPP to correct anomalies.

SEASON. The on-snow season, 1 Jul to 30 Jun.

TEAM CAPTAIN. The Team Captain is an officer or non-commissioned officer, appointed by his Commanding Officer, who is responsible for all racing, administrative and disciplinary matters relating to his unit's team. He is to attend Team Captains' Meetings and is particularly responsible for ensuring that these rules are made known to and understood by his team.

TD Technical Delegate. The Jury member responsible to the GBS, UKAF WSA or AWSA for the correct technical application of these rules.

TSL Telemark Seed List. A list which provides all competitors with seed points for the following meeting(s) or the next season, as applicable.

UKAF WSA. The United Kingdom Armed Forces Winter Sports Association.

VORLAUFER/ FORERUNNER. A skier who skis the course ahead of the competitors, immediately prior to the race to test the timing system and course suitability.

ADDRESSES

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THE ARMY TELEMAR COMPETITION RULES

Section 1

INTRODUCTION

1. **General.** The AWSA Ski Competition Rule Book is published in four editions – Alpine, Nordic, Snowboard and Telemark. This 2019 Telemark Edition, which is effective from 1 Dec 19 contains changes from previous editions which should now be destroyed.
2. **Origin and Ratification.** All AWSA Telemark ski competitions are conducted in accordance with relevant FIS and British rules (BTR and BCR) which are the guiding rules for the conduct of competitions unless changed below. However Competition Rules may be modified in order to ensure that the ethos of Army ski competitions remains based on team racing. All Telemark Competition Rules are ratified by the AWSA.
3. **Timing, Calculations and Results.**
 - a. The “SkiPro” software package distributed by VOLA is approved by Army Telemark and meets the requirements of these rules including seeding and results. It must be used at Army meetings and is strongly recommended at other meetings.
 - b. For calculations for prizes, see Annex C. In competitions below Army level, the same calculation principles are recommended.
4. **Upholding of Standards.** Military discipline matters are to be dealt with by the Meeting’s senior officer (normally the Chairman) in consultation with the Race Committee and Team Captain of the individual/team concerned. This Rule Book sets the standard for the Army and other Championships, and this standard should be the goal of all. Teams and officials are to be thoroughly briefed when local conditions dictate that rules or standards are to be altered. The Chairman Telemark reserves the right to take into account any alteration of standards when seeding teams and individuals for the Army Championships.
5. **Distribution.** The distribution of these Telemark Rules is one copy to each Official working at the Army championships. Spare copies are to be held by the Secretary ARMY TELEMAR and Team Captains can access and download a copy of the Telemark Rules on the AWSA website.

200 Joint Regulations for All Competitions

200.1 Rules. All races are to be conducted in accordance with FIS International Ski Competition Rules (ICR) – Book IV Alpine, Telemark ICR, BCR and BTR, except where specifically adapted in these Telemark Competition Rules.

201.6.5. The Army Telemark Championships will normally consist of a combination of the following races, weather and snow permitting. The exact format is to be announced in the Notice of Race/Event:

- a. **Qualification Race.** A GS race to select competitors for the Championship races¹. Competent skiers will progress to the Championship Races with the remainder skiing in the Development Races².
- b. **Championship Races.**
 - (1) **Telemark Giant Slalom (GS).** A GS course including a jump. Two runs.
 - (2) **Classic (CL).** A Telemark Classic Race consisting of giant slalom gates, a jump, a 360 and a skating section. One run.
 - (3) **Sprint (SP).** A shortened version of the Classic Race over two runs with a jump a 270 degree 360 turn and skating section.
- c. **Additional Races:**
 - (1) **Parallel Sprint (PS).** To include GS gates, a jump, a 360 and a short skate.
 - (2) **Mountain Race.** The Mountain Race (MR) covers the whole mountain with flat, uphill and downhill sections. Skins may be fixed to the skis to climb the uphill sections. The Mountain Race can be done as teams of 3 (in a relay) or as an individual. The first person in the relay team may also continue round the course as an individual racer once he/she has handed over to the 2nd relay team member. The MR is compulsory for all military competitors. Competitors **will** require skins for this race – those arriving without skins **will** race without.
- d. **Development Races.** Development Races are designed to introduce newer telemarketers to racing at an appropriate level.
 - (1) **Development Sprint (Dev SP).** The Dev SP will be a Sprint format with a small jump, 'wigwam 360' and short skate section⁽³⁾.
 - (2) **Development Classic (Dev CL).** The Dev CL will be a consolidation of the skills learnt during the Championship training and will be run immediately after the Championship Classic Race but with a shorter course. It will normally include a jump, GS gates, skating section and a 360³.

203.3 Athlete's declaration. In line with international practice, competitors at all Telemark Ski Meetings must sign a waiver before the start of the competition acknowledging their personal role

¹ The Organising Committee may, if announced in advance, pre-select groups for qualification based upon observed training group standards or current points on the TSL. This judgement will be made in location by the TD and Chief of Race.

² Selection will be based upon a combination of race time and the judgement of the TD and Chief of Championships on the ability of skiers to manage the steeper and more challenging Championship race pistes.

³ Elements may be excluded if slope or weather conditions dictate

in what is a potentially dangerous sport. Copies of the Athlete's Declaration are to be held by the Race Secretary.

203.4 AWSA Membership. In order to race all Army competitors must be subscribed members of AWSA. Proof of membership will be required prior to racing.

212.4 Insurance. All competitors are to show proof of accident insurance, that includes race risks, at Registration.

213 Programme of Races.

- a. Where it is impossible to run both Classic and Giant Slalom then the Classic should take precedence.
- b. The first race at a meeting should normally be a Giant Slalom.
- c. At race meetings, all races are of two runs, except the Classic.
- d. Before the first championship race at Army meetings and, if necessary, at other meetings below Army level, a Qualification race, normally a GS of two runs, should be arranged to assist in ensuring standards and awarding seed points.
- e. Any Corps meetings may take place independently of the above and may apply their own programme as they see fit. However, these race rules should be used wherever possible.

215 Entries

215.1 Entries for each race are to be submitted by Team Captains to the Race Office, on the official race entry form by the stipulated time. (see Rule 215.6.1c). No entry will be accepted unless the entry fees have been paid.

215.1.1 At the Army Championships, or any AWSA sanctioned event, all British Army competitors are to be members of the AWSA.

215.1.2 Individual Races. 'Individual' races are open to individual members of the British and Commonwealth Forces with the following provisos:

- a. The Army Telemark trophies for all individual competitions may only be won by serving members of the British Army, Regular or Reserve unless specifically stated otherwise.
- b. Non-members of the AWSA, including foreigners, may be allowed to run HC in any race at the discretion of the Race Committee.
- c. Entries must comply with the class conditions laid down in the rules for a particular race.

215.1.3 Team Races. Team races are open to unit teams of the British Army, with the following provisos:

- a. **Size.** Teams are to consist of four nominated team members, of whom the fastest three count.
- b. **Gender.** All teams may be of mixed gender
- c. **Unit.** Teams must be drawn from a single unit, including personnel permanently attached, as defined in 'Games and Sports in the Army'.

- d. **Junior Soldier Teams.** Teams from Junior Leaders/Soldiers units are all to be Junior Soldiers as defined in Rule 607.3 of these rules.
- e. **HC Teams.** Other teams may be allowed to run HC at the discretion of the Race Committee. HC Teams may not contain more than one Service or National Team member.
- f. **Joint Service Unit Teams.** Team may comprise up to 50% of individuals from other Services provided those individuals have not taken part as a member of the same unit team at other Single Service Championships that year.
- g. **Inter Corps Races.** Inter Corps teams are to be nominated in accordance with Annex C.

215.5.1 Qualification and Selection for the Army Championships.

- a. **Eligibility.** The Army Championships are open to all Regular and Reserve personnel.
- b. **Qualifying Standards.** There are no pre-qualifying standards for attendance at the Army Championships; standards will be assessed during training and the Qualification. The best skiers from the qualification race will qualify for the championship races, up to a maximum to be announced by the race organising committee, with the remainder competing in the Development races.
- c. **Commonwealth or other Service Teams.** Commonwealth or other Service teams may also apply to compete as a HC team, but numbers may be limited depending upon availability of space.

215.6.1 Teams and Entries

- a. **Entries.** Team entries are to be submitted to the Race office by NLT than the Team Captains Meeting prior to the first Championship race. Entries for individual races are unnecessary, as it will be assumed that all registered competitors will race unless withdrawn by Team Captains.
- b. **Substitution.** If a member of a declared team is unable to start through injury or illness, a substitute may run in their place, providing a declaration is made, to the Race Secretary, at the latest 15 minutes before the start of the course inspection for that race and the competitor concerned is already on the start list. The substitute will run in their own drawn start position. Alternatively, the team may race with only the necessary number of competitors to count. If less than this number finish, then that team is disqualified from the race (but see Annex C, para 2).
- c. **Jury Intervention.** Teams may have their numbers restricted by the Race Jury for safety reasons, or competitors may be barred from completing the race by race officials. The following will apply to teams and individuals affected by this rule if the Jury so rules and where other sanctions have not been applied.
 - (1) If a nominated team member is unable to start, a substitute may race in his place, but will start in their own seeded position (see Art 215.6.1.b above)
 - (2) Where necessary, in order to gain a team result, competitors who are prevented by the Jury from completing a race for safety reasons will be awarded the same time or points as the competitor who finishes in last place.
 - (3) Rule 215.6.1c.(2) is not to be used either for the calculation of combined individual results or for seeding.

216 Team Captains' Meetings

216.1 It will be normal to hold a meeting of team captains each day to confirm details of the following days' races. At all Army meetings the decision of the Race Committee is final. Only in exceptional circumstances should the details laid down at this meeting be changed after the meeting. For example, a sudden and considerable change in the weather might be reasonable grounds for change.

219 Prizes. – see Annex C.

221 Fitness and Medical

221.2 It is a competitors responsibility to ensure they are fit to race. However, the Jury reserve the right to suspend a competitor from races pending a medical certificate if they feel there is reason to do so. All head injuries (real or suspected) must be referred for medical advice prior to a racer starting.

221.6 All races should have, as a minimum, mountain rescue services dedicated to the race and on the course area, that can attend within 5 minutes of any incident. A barquette (or similar) is recommended to be stationed at the start for all major Championship races.

222. Competition Equipment. – see Annex A.

223 Sanctions/Military Discipline

223.1.1 The Race Jury is empowered to sanction racers, which may result in disqualification from one or more subsequent races. If a team has a disqualified or 'returned to unit' member in it and can be reconstituted with a substitute member, then it can continue to compete in any subsequent race/competition at the discretion of the Organising Committee.

600 Rules Common to all Events

601 Organising Committee and Jury

601.3 Race Organising Committee (ROC). A Race Organising Committee is responsible for the detailed organisation of every race. At the Army Telemark Ski Championships, all serving committee members are ideally to be members of the AWSA. The Committee is to ensure that the race is organised and run in accordance with the prescribed rules. They may only adapt them in a minor detail to suit local conditions provided that such alterations are within the spirit of the rules, and are made known to team captains before the start of the race.

601.3.1 The Race Organising Committee is to be chaired by the Chairman and will normally consist of:

- Chairman Telemark
- Chief of Race
- Technical Delegate (as nominated by GBS)
- Chief of Course (normally provided by the resort)
- Referee
- Chief Gate Judge
- Chief of Timing and Calculations
- Start Referee
- Finish Referee
- Race Secretary

At all Events, especially those below Army level, officials may be required to carry out more than one task. Resort staff may be contracted to fulfil some of these duties, under the direction of the Chief of Race. The members of the Race Organising Committee will normally be military personnel on duty although civilians and off-duty personnel may be used if authorised by Chairman Army Telemark.

The duties and responsibilities of the Race Committee are at Annex D.

601.4 Race Jury. The Race Jury, chaired by the Technical Delegate, is to base its decisions on FIS ICR and TICR in conjunction with BCR, BTR and these rules. Any question or interpretation of rules, or any controversial matter whatsoever concerning a race, is to be decided by a Race Jury. The composition of the Race Jury is as shown below:

- Technical Delegate (with deciding vote for CL and PS)
- Chief of Race
- Referee
- Assistant Referee – CL and PS

601.4.3.1 A competitor cannot be a member of the jury.

602.2 Technical Delegate (TD) Appointment.

- a. For the Army Championships the Telemark Committee will request the GBS Alpine and Telemark TD Forum appoint a TD.
- b. For other meetings that involve a jump and 360 the RoC are to organise a TD through GBS.
- c. Expenses. TD's expenses as laid out in BTR and including insurance, are to be met by the meeting organising committee

603 Course Setting. The course setter should be familiar with Telemark racing and ideally have prior experience with either Telemark or alpine course setting. Any inexperienced course setter must be overseen by an experienced Jury.

606 Competition Equipment. See Annex A

607 Age Limits.

607.3 Classification of Competitors

- a. **Novice.** A skier is defined as a Novice if this is their first season using Telemark equipment and they have not competed in a Club, Regt/Corps, Service, National or International Alpine or Nordic Race before the start of the season.
- b. **Junior.** A junior is a competitor who has not reached the senior age, i.e. he will not have reached his 22nd birthday in the calendar year ending 31 December
- c. **Senior.** A competitor is a senior from 1 January in the calendar year in which he becomes 22 years old
- d. **Masters.** A competitor is a veteran from 1 January in the calendar year in which he becomes 35 years old.
- e. **Unit Teams.** Unit Teams may be of mixed gender and comprise of 4 personnel held strength of the unit. Teams are to be nominated by team captains prior to the first Championship race and should normally be drawn from those qualifying for the Championship races.
- f. **Hors Concours Teams.** Hors Concours Teams are encouraged and may be compiled at the meeting. Hors Concours Teams are a maximum of four people with the best 3 times to count. A Hors Concours Team may not contain more than one National Team member or one current Service Team Skier.

Tabular Definition of 607.3:

Season	A 'Novice' if not on Telemark before:	Junior if born in (or later)	Becomes 'Senior' if born (or earlier) than in (or	Becomes 'Masters' if born in (or earlier) than:
2018/19	1 Jul 18	1998	1997	1988
2019/20	1 Jul 19	1999	1998	1989
2020/21	1 Jul 20	2000	1999	1990
2021/22	1 Jul 21	2001	2000	1991

607.3.1 Where a competitor is found to be falsely declared, they are to be disqualified from all races hitherto raced under that declaration. This does not necessarily imply that the team, of which they are a member, is disqualified: it may require a re-computation of results if they were one of the 3 of 4 to count. Their Team Captain will be subject to disciplinary action under 223.1.1.

611.2 SkiPro, licensed by VOLA, is the recommended timing software for Telemark races.

613 The Start

613.6. Delayed Starts. A competitor who fails to arrive at the start at the correct time may be allowed a late provisional start at the discretion of the Jury. The result however will be subject to disqualification or sanction should the reason for failing to arrive at the start on time be unsatisfactory to the Race Jury. It is the competitor's responsibility to arrive at the start on time.

613.7 Valid and False Starts. Competitors are allowed to start at any time after the Starter has announced to the competitor 'five seconds' until five seconds after the command 'Go'. A competitor who fails to start within this ten-second period will be sanctioned.

614.2.3 Interdiction to Continue after a Competitor Stops. If a competitor comes to a complete stop (e.g. after a fall), in a race with a fixed interval start they must no longer continue through previous or further gates. In races with a 'slalom' start (variable time interval or 'course clear') the racer may continue provided they have not lost a ski (614.2.5)

614.2.5 Loss of one ski. If a competitor loses a ski they must not continue through previous or further gates and they must retire, notwithstanding if the ski is lost between the last gate and the finish line and the skier has not lost momentum then ICR 615.3 still applies.

617 Calculation and Announcement of Results

617.3.4 Start and Results lists for each race should follow the format at Annex E. Note Rule 215.6.1.b.

617.4 Team Results. For team races, the official Team Results are to be published in addition to the individual results for the race. Team results must contain:

- a. The name of the team with its finish position. HC teams should be given their own finish position.
- b. The names of the best three competitors in that team, showing each individual time and race points awarded.
- c. The total team time and (if required) the total number of race points awarded to that team.
- d. The names of those teams that have been disqualified.

621 Group Draw and Start Order.

- a. The start order for the top 15 seeded competitors is to be determined by random draw. The order for the subsequent competitors is to be determined by their seed points⁴, with the group of racers on 999 points being randomly drawn within that group at the back. The start list will be published from this information.
- b. Female and male competitors will race in a combined seed order/start list.
- c. All racers with 999 points should be grouped together at the back and start numbers drawn randomly within this group.
- d. If the group of racers with 999 points is large and has a wide range of standards then the ROC may, if announced 24 hours prior to the team captains' meeting, break the group down into blocks of racers with similar standards⁵. There should be a random draw within these blocks of racers.

⁴ Or such system as is announced in advance by the ROC in the absence of a seed list.

⁵ The aim being to reduce the risk of overtaking racers or prevent the need for extended start intervals to reduce running time of the race.

640 Protests. Protests can be delivered orally, normally by the Team Captain, but exceptionally by the competitor himself, to the Referee immediately, or at the latest within 15 minutes of the announcement of the protocol for the run. The Referee may require the protest to be delivered in writing. A fee, stipulated by the Chairman of the Meeting but equating to 50CHF or local equivalent, will be required.

647.1.2 Appeals to Jury decisions, only as defined within Article 647.1.1, at the Championships should be made to AWSA⁶.

661 Control of Passage (Passage of Gates Explanation). Competitors pass correctly through the gates:

- a. **Conventional Course.** A gate has been passed correctly when both the competitor's ski tips and both feet have passed across the gate line. A competitor who has missed a gate must climb back until both his feet and ski tips cross the line of the gate. (TICR Art 1709.1).
- b. **Single Gate Course.** Where there are no outside poles, both feet and tips must have passed the turning pole on the same side, following the normal race line of the course crossing the imaginary line from turning pole to turning pole. If a racer has not correctly passed the imaginary line and does not follow the normal racing line, then they have to climb back up and pass around the missed turning pole. Any direction is acceptable. (TICR 1709.2)

663.1 Giving Information to a Competitor. A competitor, in the case of an error or fall, is permitted to ask the Gate Judge if a fault was committed and the Gate Judge, if asked, must inform a competitor if they have committed a fault that would lead to disqualification. The competitor is fully responsible for their action and cannot hold the Gate Judge responsible. The Gate Judge must answer him with one of the following:

'GO' If the competitor should not expect disqualification, since the Gate Judge has ruled that the gate passage was correct.

'BACK' If the competitor should expect disqualification.

2505 Equipment Skis. See Annex A

⁶ Appeals against final Jury decisions on DSQ are not allowable under ICR/TICR/BCR/BTR

SPECIAL RACE RULES**1. Mountain Race.**

- a. **Format.** The Mountain Race (MR) covers the whole mountain with flat, uphill and downhill sections. Skins may be fixed to the skis to climb the uphill sections. The Mountain Race can be done as teams of 3 (in a relay) or as an individual. The first person in the relay team may also continue round the course as an individual racer once he/she has handed over to the 2nd relay team member. The MR is compulsory for all military competitors. Competitors **will** require skins for this race – those arriving without skins **will** race without.
- b. **Bibs.** Bibs will be worn by all competitors as follows:
- (1) **Individual.** Individual racers not taking part in a team relay: AWSA numbered bibs only. Bib numbers must be fully visible at all times.
 - (2) **Relay teams.** All relay team members wear a numbered bib (1, 2, 3 etc) AND a lettered bib (A, B, C etc). If the first team member is also completing the whole race as an individual he/she will wear an AWSA numbered bib; all other relay team members completing only one leg of the race will wear ATSA numbered bibs. Each individual must keep their numbered bib on at all times until reporting to the finish line. The lettered bib acts as the relay baton and must be passed from team member to team member and must be fully visible at all times.
- c. **Equipment.** All competitors must have with them the following equipment:
- (1) One pair of skis only per competitor.
 - (2) One pair of skins (if no skins are available then competitors may race without).⁷
 - (3) Skis, boots and bindings must be as for normal Telemark use.
 - (4) Ski Race Helmet.
 - (5) Bibs as specified on the start sheet.
- d. **Rules:**
- (1) For all downhill sections helmets must be worn, correctly fitted with the chin strap done up.
 - (2) Each competitor may only use a single pair of skis throughout.
 - (3) Competitors may not pre-position or leave any equipment on the course. It is permissible for relay teams to pass equipment between team members if required (eg Team Member 2 may pass a jacket that has been used to keep warm while waiting for Team Member 1 to bring back down the mountain).
 - (4) All competitors must check in at the finish line and hand in their bib to ensure that they are accounted for as being off the mountain (eg when Team Member 2 returns to start/finish he/she must check in and hand in the bib even if his other team members have already finished).

⁷ Teams must make provision for skins and not rely on the organising committee to provide.

ARMY TELEMAR TEAM SELECTION POLICY

1. The Army Telemark Team is selected by the Army Telemark Committee primarily to represent the Army at the Inter-Services Snow Sports Championships (ISSSC) held annually in early February.
2. **Selection Panel.** The selection Panel will consist of:
 - a. Chairman Army Telemark
 - b. Deputy Chairman/Secretary Army Telemark (A suitably qualified Army CoR can be asked to stand in if required)
 - c. Army Telemark Team Captain
3. **Principles.** The Army Telemark Team will be selected on the following principles:
 - a. Without bias for gender, age, race, status as Regular or Reserve Forces⁸ or cap-badge – less for point d. below.
 - b. On the basis of current form.
 - c. Fitness to race.
 - d. Encouraging the development of upcoming racers with potential for long term commitment.
 - e. Subject to availability and release by the Chain of Command.
4. **Current Form.** Current form is taken as below:
 - a. The Army Championships are used as the primary selection event, and all aspiring team members should make very attempt to attend. Priority will normally be given to athletes who have attended the Army Championships in the year of selection for ISSSC and achieved appropriate results.
 - b. At the discretion of the Army Telemark committee athletes who have not attended the Army Championships may be considered based upon:
 - (1) Seed points⁹.
 - (2) Results at another event¹⁰.
 - c. Such discretion will normally only be valid for a period of one year and exceptionally two after the last attendance at the Army championships.
 - d. Athletes who have missed a season (or more) through injury will be required to show fitness and availability as below.
5. **Selection for ISSSC.**
 - a. The ISSSC requires a team of 6 competitors in any one race, drawn from a squad of 9.

⁸ Subject to the rules laid out in JSP 660.

⁹ Based upon the Telemark Seed List.

¹⁰ E.g. British Indoor Series or other Telemark event whereby results can be measured against known skiers.

- b. The team may be of mixed gender and include serving Regular and Reserve force personnel¹¹.
- c. Priority for selection will normally be given to athletes who have attended the Army Telemark Championships in the year of selection for ISSSC.
- d. The top athletes from the seed list and Combination results will be selected. Allowance is to be made for athletes who have fallen if other race results make them competitive.

6. **Wild Cards.** The Telemark Committee may appoint a wild card to the team that does not meet the above criteria if it is felt to be beneficial to the wider aims of Army Telemark in any manner.

7. **Army Team Captain.** The Team Captain is appointed by the Army Telemark Committee, normally from the previous year's team at the ISSSC and informed at that event. The post will normally be held by an Officer with experience of Telemark Racing.

8. **Team Captain's Role.** Manage all aspects of ensuring the Army team attends the ISSSC properly equipped, trained and in a timely manner, whilst working to the budget set by the Telemark Committee. Specifically:

- a. Identify potential athletes for the selection committee¹².
- b. Book travel for team to and from the competition (ISSSC).
- c. Book team accommodation to ensure best value for money.
- d. Maintain accounts for the team, to be cleared through the Telemark Committee.
- e. Represent the team at Team Captain's meetings at ISSSC.
- f. Is responsible for all administrative and disciplinary aspects for the team throughout the duration of their travel and competition.

9. **Selection for other events.** The Army Telemark committee may, subject to approval of an event by AWSA/ASCB, select a team to represent the Army at other events. These will be taken on a case by case basis and a Team Captain be appointed as appropriate. Selection for such events will be open to all without discrimination as described above. Individuals and groups may not style themselves the Army Telemark Team at any event without prior approval of the Army Telemark Committee.

10. **Injury Status.** Any athlete who has suffered an injury that removes them from competition must demonstrate that they are fit to race to be considered for selection. Any injured athlete will be required to comply with the following conditions:

- a. Athletes must rehabilitate and develop physically as expected by the appropriate coaching and support staff. Athletes may follow an extended period of physical re-training before returning to snow.
- b. Produce a medical certificate from the relevant consultant, a physiotherapy report passing them fit to race and be signed off by a medical officer.
- c. Have skied for a minimum of one week on snow.

¹¹ Subject to the rules laid out in JSP 660.

¹² Athletes with a high probability of selection should be identified in advance of the Army Championships to ease planning and Chain of Command consent for release.

- d. Demonstrated suitable performance to the Telemark committee (this may be in person, through an approved intermediary or through timed runs)
- e. Each case will be considered individually and there will be no automatic reselection to the team.

EQUIPMENT

1. No changes to TICR other than below.
2. **Skis.** It is recommended that skis are suitable for piste use and racing (no more than 80 mm underfoot) and that riser height does not exceed 50 mm.
3. **Skis Leashes.** All skis must have a leash or ski stopper.
4. **Helmet Use.** The use of ski race helmets is compulsory for all events and training. Competitors must have ski helmets that satisfy the minimum requirements for the event and which have been certified by recognised institutes. Helmets may be inspected prior to racing and those wearing incorrect helmets will not be allowed to start
5. **Helmet Design and Standards.** Helmets used in FIS Snowsports shall be specifically designed and manufactured for the respective discipline and shall bear a CE mark and conform to recognized and appropriate standards such as CEE 1077. For racing FIS have stricter requirements than for general use:
 - a. Competitors racing in the Army Telemark Championship races must have FIS rated Class A or Class B¹³ helmets bearing the FIS stickers, as demanded by FIS and GBS rules. Full shell Class A helmets are advised.
 - b. Helmets with spoilers or edges that protrude are not permitted and helmets must show a smooth top surface for safety reasons.
 - c. Skiers competing in the Development races must have a helmet that is designed and certified for skiing; CE 1077 as a minimum. Some tolerance will be granted on shape for certified designs, but spoilers are not permitted.
 - d. Cameras or mounts may not be fitted in any manner. Competitors presenting for races with a mount affixed to a helmet will not be permitted to race until the helmet is changed. Removing mounts will incur further damage to the shell and should not be attempted.
6. **Body mounted Cameras.** Cameras may not be worn, affixed to the body or equipment, or carried by competitors whilst training or racing through gates.

¹³ Telemark is treated as an Alpine discipline for the purposes of safety equipment and thus Class A helmets are preferred. However, TICR allow Alpine Slalom helmets (Class B) to be used at National level competitions and below, noting that chin guards are not permitted and must be removed.

SEEDING QUALIFICATION AND SELECTION SYSTEM FOR THE ARMY TELEMAR SKI CHAMPIONSHIPS AND PRODUCTION OF THE TELEMAR SEED LIST (TSL)

Qualification and Selection System for the Telemark Championship Races.

1. There are only 150 places available at the Army Telemark Ski Championships for individual men and women. These figures may be adjusted by Chairman Army Telemark subject to availability.
2. Typically 80-90 racers can compete in the Championship Races. The exact figure is dependent upon the racers' abilities. The remainder will race in Development races.
3. Qualification is overseen by the Championship Chief of Race and TD and is usually done on a combination of timings from a Qualification race and the judgement of the TD and Chief of Championships on the ability of skiers to manage the steeper and more challenging Championship race pistes.
4. To reduce the time taken in the qualification race competitors may be exempt on the following bases:
 - a. Those who have qualified for Championship races before and for whom seeding information is available.
 - b. Exceptionally, in the absence of any seeding information, complete training groups of racers may be exempt from the Qualification race if the Organising Committee deem their training group is of sufficient standard. Those without prior seed points will be awarded 999 points and be drawn in the category of racers with maximum points when generating the first start list.
 - c. The results of the Qualification race, including Race Penalty Points as appropriate will be used to create the initial start list.

Seeding

5. Seeding is the process of placing competitors on the start list in order of merit based on racing performance. The rules for seeding place value on the results a competitor has achieved in recent races.
6. The most recent Telemark Seed List (TSL) is the base document from which all initial seeding at meetings will be calculated. At the start of any meeting, account will only be taken of a competitor's potential based on personal opinion if the racer is not on the TSL and no other race form is available.
 - a. Seeding for all meetings will use race points calculated using the FIS formula (see below).
 - b. Due to the importance of unit team racing and the brevity of the race season, each race will be separately seeded. For simplicity, apart from the use of the FIS Discipline Constant in awarding race points if applicable, all races within a meeting are taken to be of equal seeding value.
 - c. Championship Penalty Points (CPP), calculated as shown at Appx 1 to Annex B, will be applied to the final seed list of all Army meetings at all levels (but see Rule 213.e). Corrected points from Army and other meetings will then be used to update the TSL. Corrected points from other meetings will be used to seed competitors not on the TSL on arrival at other meetings, provided race technical requirements have been met.

d. For the Qualification Race only, both runs will be used separately for seeding purposes and all competitors will ski both courses. In this race only, those who do not finish or are disqualified in the first run will go to the end of the start list for the second run, starting in their first run start number order¹⁴.

e. Parallel Sprint will not normally be used for seeding purposes. In exceptional circumstances the RoC may use the PS qualification run result for seeding, counting it as a “result” for seeding purposes only.

7. **Seeding on Arrival.** The following guidelines are given for Race Secretaries to produce the Initial Seed list from which to base the start list for the first race of the meeting¹⁵.

- a. Competitors with seed points on the TSL are to be ranked in seed point order.
- b. Where no race form is available the competitor is assigned 999 points.
- c. Male and female competitors will be seeded together.

8. **Calculating a Racers Seed Points for subsequent races in the Championship.**

a. The best of either Initial seed points (TSL or 999) or the average of the best two of their classified results and Initial Seed points¹⁶.

9. **Seeding for Future Meetings.**

a. **Data from Other Meetings.** The final seed list from arm, corps or other meetings below Army level may be used for seeding on arrival at the Army Championships providing the full race data, final seed list, and CPP calculation are presented at registration. Race data and the racing standard must be considered carefully to determine the penalty multiple required.

b. **Production of Final List.** At the Army meeting, seed points after the final race will be used to produce the Championship Final Seed List. Note that for results Championship positions are calculated on combination times or Championship Points of those who complete all races. This final seed list is only used for populating the TSL for future events.

c. **TSL.**

(1) The TSL will be produced using the Championship Penalty Point (CPP) formula at Appx 1 to Annex B applied to the final seed lists of meetings at all levels that qualify for inclusion in the TSL, adjusted where necessary by the penalty multiple.

(2) The TSL will provide all competitors who have qualified for inclusion with seed points that will be carried forward to the next meeting, or next season as applicable and, as such, the list is to be the basis for all seeding calculations. It will be used to seed competitors on arrival at all meetings.

(3) Competitors who fail to qualify for the TSL for more than two successive seasons will be removed from the list.

10. **Conversion of External Seed Points.** A competitor who has foreign or FIS seed points may have these points converted to a TSL equivalence provided there is a suitable comparative factor. Once a baseline conversion has been made onto the TSL then further updating from an external source is not permitted.

¹⁴ If time is tight the Organisers may reverse the entire field (bib order) for the second run without producing Run 1 results.

¹⁵ The start list is then generated as per Rule 621 above.

¹⁶ Not on start list, NPS, DNS, DNF and DSQ mean no classified result.

11. **Calculation of Race Points.** Army race points are to be computed using the following FIS formula:

$$RP = \frac{(F \times CT) - F}{WT}$$

Key:

RP: Race Points

F: The Discipline Constant Factor for each event

CT: Competitor's Time

WT: Winning Competitor's Time

Maximum points for calculation purposes at Army Telemark competitions are 200

12. **Discipline Constant Factor.** Issued by FIS annually; the discipline constant factors for the All Telemark disciplines Factors are 500 (as per TICR)

The Telemark Seed List (TSL)

13. The TSL will be produced annually after the Army Telemark Championships to include all competitors from qualified meetings, using CPP and, where necessary penalty multiple (PM), adjusted final seed points (see Rule B10.c and Appendix 1 to Annex B).

14. It will be updated using any additional qualifying results. A 15% penalty will then be applied to all those on the list who have not raced or have not been awarded final seed points at any Army Meetings which qualify for the TSL, at whatever level, during that season. Skiers are removed from the list if they fail to compete in 2 successive seasons or gain more than 500 points. This process leads to the creation of a new list for the following season.

15. The AWSA Telemark Secretary will distribute the list as necessary.

CHAMPIONSHIP PENALTY POINT (CPP) CALCULATION

1. The CPP is designed to reduce the effect of any variation of terrain, climate, snow condition or course length and setting. It should therefore minimise any inconsistencies in performance among racers from different meetings. It is used to enable a direct comparison of racers' current form to be made, even if they have not recently raced in the same meeting.

Method

2. Take the 5 skiers from the current meeting seed list who have the lowest points in the current Telemark Seed List (TSL), add their points from the current TSL together to give a Total One (T1).

3. Take the 5 skiers from the current meeting seed list who have the lowest points in the current TSL and who have finished in the top 10 and:

a. Add their points from the current AASL together to give Total Two (T2).

b. Add their current meeting seed points together to give Total Three (T3).

c. Add T1 and T2, then subtract T3.

d. Divide the result by 10 to give the Championship Penalty Point (CPP).

e. Add the CPP (this may be a minus figure) to all in the current meeting seed list to make a CPP adjusted list.

4. Formula: $CPP = T1 + T2 - T3$

10

5. In exceptional circumstances, where it is impossible to find 5 skiers meeting the above criteria, possibly due to competitor quality, 4 or exceptionally 3 skiers points may be used to calculate the CPP. In these cases divide by 8 and 6 respectively, not 10. This may only be employed when authorised by Chairman Telemark.

6. If when applying the CPP adjusted list to the TSL the results are found to be anomalous, possibly due to extreme race conditions, or to competitors quality as in paragraph 5 above, then a penalty multiple (PM) will be subjectively applied by Chairman Telemark to the CPP adjusted list in order not to distort the TSL. The PM will normally be between nought and one.

Example of penalty point calculation

To Fol

CHAMPIONSHIPS, COMPETITIONS AND PRIZES.

1. The Army Championships, which are normally combined with the other single Service (RN) as well as British National Championships are run in the format as per 201.6.5 above. Prizes are awarded for individuals, within appropriate category, and teams as prescribed below.

COMBINATION CALCULATIONS:

2. **Individual Telemark Combination.** A combination competition tests a competitor's ability over three, and sometimes more, disciplines. The Army Combination Competition comprises all of, or a selection from, the following disciplines: CL, SP, GS and PS.

- a. The races that count towards the combination must be decided by the organisers and announced in the programme.
- b. The Combination results will normally be calculated from the aggregated times from the Championship races of CL, SP and GS. Competitors that do not finish a Combination qualifying race cannot win or be ranked in the combination¹⁷.
- c. If only two races are run in a meeting then the Combination may be taken from the aggregated times of the two races.
- d. If a PS is included in the event then the Combination may be calculated by the summation of Championship points accrued in the Combination qualifying races, with.

(1) The combined results in a two discipline championship being calculated by adding the competitor's championship points in each discipline of the championship. Only those competitors who successfully complete both disciplines shall have a combination result.

(2) The combination results in a championship comprising three or more disciplines shall be calculated by summing the Championship Points awarded to the top 30 finishers for each event. It is not necessary for a competitor to compete in or finish every discipline.

(3) Championship Points are awarded for CL, SP and GS races, according to the following schedule:

Place	Points	Place	Points	Place	Points
1st	100	11th	24	21st	10
2nd	80	12th	22	22nd	9
3rd	60	13th	20	23rd	8
4th	50	14th	18	24th	7
5th	45	15th	16	25th	6
6th	40	16th	15	26th	5
7th	36	17th	14	27th	4
8th	32	18th	13	28th	3
9th	29	19th	12	29th	2
10th	26	20th	11	30th	1

¹⁷ In order to qualify for the Military Combination prizes, Military competitors must start the Mountain Race.

(4) For the PS points will be awarded as follows:

(a)

Place	Points	Place	Points	Place	Points	Place	Points
1st	100	9th	29	17th	14	25th	6
2nd	80	10th	26	18th	13	26th	5
3rd	60	11th	24	19th	12	27th	4
4th	50	12th	22	20th	11	28th	3
5th	45	13th	20	21st	10	29th	2
6th	40	14th	18	22nd	9	30th	1
7th	36	15th	16	23rd	8	31st	1
8th	32	16th	15	24th	7	32nd	1

(b) The losing racers in the same round of heats will be ranked according to their ranking in the qualification.

- i. 5. – 8.
- ii. 9. – 16.
- iii. 17. – 32.

(5) If, in a race, several competitors are tied for one of the first thirty positions, each tied competitor receives the points corresponding to that position. The remaining competitors receive the points corresponding to their official classification in the race. Thus, if two competitors tie for third place, the points awarded are: 1st 100, 2nd 80, 3rd= 60, 3rd= 60, 5th 45, 6th 40 etc

(6) Race points for the TPS are awarded as per TCR 2220.1 and 2220.2

e. In the event of a draw for the Combination Title then the result between those competitors on equal points shall be decided by the best placed in the CL.

3. **Army Inter-Unit Competition.**

a. The team combination will normally be the aggregation of the team times across the 3 Championship disciplines of GS, SP and CL, but may include a PS event if appropriate.

b. Unit Teams should consist of four personnel¹⁸ and may be of mixed gender, with the best three times to count in each race.

c. Unit Team members must all be on the held strength of the unit at the time of the Championships. See rule 215.1.3

d. Should teams require to draw upon skiers who are racing in the Development races then the calculation will be done by Race (position) points accrued from SP and CL races – with Development racers having a penalty equivalent to the total number of Championship racers to balance the scores. This scoring system must be announced by the organising committee prior to the first race.

4. **Inter Corps.**

a. There will only be an Inter-Corps Competition if 3 or more Corps teams are entered (otherwise the result may be regarded as meaningless).

¹⁸ Team results are calculated on the best 3 times from 4. Thus, in extremis a team of 3 may be entered at risk.

- b. Teams would be ideally 4 to count from 6, but this may be reduced to 3 from 4 at the discretion of the organising committee provided this is announced prior to the first championship race.
- c. Teams may be of mixed gender.
- d. Team members are capbadged to that Corps (ie an AGC clerk attached to an RE unit may not ski for an RE Corps team) but there is no limit on numbers drawn from any single unit.
- e. GB and Service skiers are eligible to ski in Corps teams without limit providing the above points are met.
- f. Membership of a Corps Team does not preclude concurrent membership of a Unit team for the calculation of team results.
- g. The Combination calculation is done on the team combination times for GS, SP and CL – assuming all Corps' have sufficient personnel in the Championship races. Should teams require to draw upon skiers who are racing in the Development races then the calculation will be done by Race (position) points accrued from SP and CL races – with Development racers having a penalty equivalent to the total number of Championship racers to balance the scores. This scoring system must be announced by the organising committee prior to the first race.

PRIZES

- 5. **Individual.** Individual prizes will be presented for each race and the Championship overall. There will be a Championship prize for the Best Novice (as defined below) as well as the Army Male and Female Champions¹⁹.
 - a. Combination Champion (Male and Female). Pery Ski.
- 6. **Novice.** The Novice Champion will be the highest placed Novice in the combination at the end of the Championship.
 - a. Novice Champion (Male or Female). Sawyer Dagger.
- 7. If no Novice in the Championships completes the Combination the Novice Champion will be the one with the greatest number of classified results from the Championship. If there is a draw in this then the one with best classification in the Classic will be deemed champion.
- 8. If no Novice qualifies for the Championship Races then the Novice Champion will be the Novice Skier with the best combined time of both Development Races
- 9. **Junior.** There will not normally be a Junior category prize. However, at the discretion of the organisers one may be included provided it is notified prior to commencement of the Championships.
- 10. **Veteran/Masters.** There are currently no Army Masters' prizes.
- 11. **Team.** An Army Unit Team competition will be run. Team medals will be presented in all three Championship Races, for which Hors Concours teams may also compete, but the Army Championship Team Trophy is limited to Army Unit Teams.
 - a. Inter-unit Combination. The Limerick Cup

¹⁹ Calculation is as per BTR Book 5 Section 5.

12. **Mountain Race.** Prizes will be awarded for the fastest individual or team as appropriate. The mountain race does not contribute to Championship team or individual combination prizes.
13. **Inter-Corps.** An Inter-Corps team competition.
14. **Chairman's Cup.** Awarded to the Individual or Team adjudged by the Chairman of Army Telemark (or his designated deputy) to have contributed most to Telemark over the course of the year.
15. **Sponsors' Prizes.** From time to time sponsors donate prizes. These may be allocated to races as decided by the Race Committee, bearing in mind any particular wishes of the sponsors.
16. **'Finishing Place'.** The 'finishing place' is the AWSA finishing place (relative only to those competing in each trophy) as recorded in the official race results. In all competitions any team which starts in a race but fails to finish, will be given a position points score of the last team to finish the race plus one. If a team does not start a race, for any reason whatsoever, the team will be given a position points score of the last team plus two.
17. **'Deciding Race'.** In the event of a tie in Telemark competitions, the best place in the Classic will decide the final place; if no Classic is run then the Sprint shall be used.

DUTIES AND RESPONSIBILITIES OF OFFICIALS

(See relevant FIS ICR for details, less Chairman)

1. **Chairman Telemark.** At the Army Championships they will be a senior officer on the AWSA Management Committee. At other meetings they will normally be a senior officer appointed by the relevant Formation Commander. They have the overall responsibility for the championships/competition and chair the Race Organising Committee meetings at the Army Championships. At lower levels he may delegate this to the Chief of Alpine or an equivalent post.
2. **Chief of Race.** Is the Chief of Staff to the Championship Chairman and a member of the Race Jury. He has the overall responsibility for the faultless organisation and administration of each race. They are to:
 - a. Select the area or slope where each race is to be run.
 - b. Ensure that full Risk Assessment is carried out in accordance with JSP375.
 - c. Publish daily race programmes.
 - d. Supervise all other members of the Race Committee.
 - e. Chair the preceding Team Captains Meeting.
3. **Technical Delegate.** Is the Chairman of the Race Jury and conducts their meetings. He is the official responsible for ensuring that advice is given to the organisers on safety aspects, technical points and rule interpretations. He is to approve the ROC medical plan in conjunction with the Jury. The TD has the deciding vote in Jury Decisions that are tied.
4. **Chief of Course.** Is responsible for setting, marking and all preparation (including the controls) of the course. He will normally be appointed by the Resort and be assisted by the Course setter(s), and at least 2 course workers.
5. **Referee.** Is a member of the Race Jury and is responsible for inspecting the course with the Jury after it is set. He will receive the reports from Start and Finish Referees about rule infractions and disqualifications. He posts the names of competitors who did not start, did not finish or were disqualified immediately on conclusion of the run (Protocol). The Referee must work very closely with the TD. In critical cases, especially where safety is concerned, the directions of the TD are also binding for the Referee.
6. **Assistant Referee.** Is a member of the Jury (only required for CL and PS). He understudies and can deputise for the Referee.
7. **Chief Gate Judge.** Is responsible for the provision of and support to gate judges to ensure the competitors correctly follow the course and abide by the rules. Specifically:
 - a. Must provide all gate and jump judges with the relevant paperwork.
 - b. Ensure all gate judges are briefed on the rules for Telemark Penalties.
 - c. Ensure all penalties are collected after each run.
 - d. Assist Timing and Calcs with the collation of penalties for results.
8. **Chief of Timing and Calculation.**

- a. Is responsible for coordinating the officials concerned with timing at the start and finish. He is responsible for the timing of each competitor and for announcing their provisional times. If electronic timing is used they are to co-ordinate the concurrent operation of a manual back-up to be used in case of breakdown. He is to assist the Race Secretary in the production of the official results. He will normally be assisted by the Starter, Finisher, timekeepers, recorders, announcer and other staff deemed necessary by the Chief of Race.
- b. Responsible for ensuring the accurate addition of penalties and their inclusion in each run's results and overall results.
- c. Additionally, he is to record, under the direction of the Chief of the Race, the forerunners and technical data for the course (Rule 640) and are to ensure these details are delivered to the Race Secretary with the race protocol sheets on completion of the race.
- d. Responsible for generation of Team Results.

9. **Start Referee.** Is responsible for the construction and layout of the start area. He is to ensure the regulations for the start are observed, particularly with respect to equipment regulations, recording each starter, and those competitors who are late, do not start or infringe the rules and is normally assisted by a Start Marshal.

10. **Finish Judge/Referee.** Is responsible for the construction and layout of the finish area and is to ensure the finish line conforms to the rules. He is to receive any request for re-runs, record each finisher and those competitors who do not finish.

11. **Marshal.** Will normally be appointed to specifically help at the Start and/or Finish. He is responsible to the Chief of Race and his duties could include marshalling skiers at the Start, issue or collection of race numbers, supervision of junior officials and course helpers etc.

12. **Race/Jury Secretary.** Is responsible for the organisation and smooth running of the Race Office and staff. They are to prepare the final results and prize list for all competitions being held at the Meeting. They are to ensure that:

- a. General.
 - (1) The Race Office is open and manned at certain laid down times each day and that these times are published and circulated to team captains.
 - (2) Team captains confirm unit entries and pay the appropriate entry fees by the time laid down.
 - (3) Competitors are paid up members of the AWSA (or equivalent).
 - (4) A proper record of entries made, and entry fees paid, is kept.
 - (5) All relevant Jury discussions and decisions are minuted and signed.
- b. Before Each Race.
 - (1) Seeding is properly carried out.
 - (2) Start lists are prepared and issued after the Team Captains' meeting the day before the race.
 - (3) All officials are equipped with the necessary forms and lists required for the running of the race and subsequent compiling of accurate results.
 - (4) Race Numbers are issued to all competitors.

c. After Each Race.

- (1) In conjunction with the referee and as soon as possible after each run a notice is posted (Protocol) giving the names of those disqualified, with brief reasons, or stating 'No disqualifications'. Time of posting must be shown on the notice.
- (2) The Race Jury receives any protests as soon as possible after they are lodged.
- (3) Results are speedily and accurately compiled and issued - whenever possible in time for the nightly Team Captains' meeting.

DRAFT LAYOUT OF START/TRAINING/RACE RESULTS LIST

To Fol