

## **Army Ice Sports**

C/O Army Winter Sports Association

Army Sports Control Board

MacKenzie Building, Fox Lines

Queen’s Avenue, ALDERSHOT

Hampshire GU11 2LB

### Telephone: Mobile: 07957 564 677

Email: Military: Graham.Holmes294@mod.uk

Civilian: grahamholmesluge@yahoo.co.uk

See Distribution

Reference: AISC/RI2/AI/19-20

20 November 2019

**EX RACING ICE 2 JOINING INSTRUCTIONS** – **ARMY NOVICE, JUNIOR & SENIOR ICE CHAMPIONSHIPS, Winterberg, GERMANY, 10 – 18 jANUARY 2020**

References:

A. Ex RACING ICE 2 WNGO dated 1 May 19.

B. 2018DIN07-077 Army European Winter Activity Instruction 2018/19.

C. 2019DIN10-015 Army Sports Lottery.

D. 2017DIN10-006 Berlin Infantry Brigade Memorial Trust Fund.

E. AGAI Vol 1 Ch 5.

F. JSP 456, Vol 2, Ch 7, Defence Catering Manual.

G. JSP 752, Ch 3-6, Tri-Service Regulations for Expenses and Allowances.

H. 2019DIN10-025 Travel at Public Expense for Army Sport.

I. SO BFG 4303 dated 4 Jan 2016.

J. JSP 800 Vol 5 Part 1. Road Transport Regulations, Feb 19.

**INTRODUCTION**

1. Ex RACING ICE 2 (Ex RI2) is the Army Novice, Junior and Senior Ice Championships which is to be held in Winterberg, Germany from 10 – 18 January 20. These Army level ice sports events are approved by the Army Sports Control Board. Service personnel are to be on duty for the event and are not to take leave in order to attend. The exercise comprises of a training week followed by a race day. Ex RI2 20 will consist of the following stages:

a. Arrival and Registration:

1) Bobsleigh 1700 hrs Sat 11 Jan 20.

2) Skeleton and Luge, 1700 hrs Sat 11 Jan 20.

b. Training Week:

1) Bobsleigh, 12 – 16 Jan 20.

2) Luge and Skeleton, 13 – 16 Jan 20.

c. Race Day: Fri 17 Jan 20.

d. All depart: Sat 18 Jan 20.

2. The Championships will be run on behalf of Director Army Ice Sports, Col SB Crossfield as part of the Army Winter Sports Association (AWSA) calendar of events.

3. These Joining Instructions are to be read in conjunction with References A-J.

**PARTICIPATION**

4. **Eligibility**. Ex RI2 is open to all Army personnel from Regular and Reserve units. All participants must be medically fit, have an annual membership with the AWSA (£15 annual fee, application form at [www.awsa.org.uk](http://www.awsa.org.uk)) and be members of the Army Sports Lottery. Only individuals who have successfully completed an Ex RI1 (Novice Trg Camp) may drive a 2-man bobsleigh, skeleton or luge. Absolute novices may attend but ONLY as a 2-man bobsleigh brakeman or in exceptional circumstances at the discipline Chairman’s discretion.

5. In order to qualify for entry into the respective championships, individuals/crews must fulfil the following criteria:

1. **Novice Driver/Slider**. An individual in his/her first season as a driver or slider.
2. **Novice Brake man**. An individual in his/her first season as a brakeman.
3. **Novice Bobsleigh Crew**. A driver who is in his/her first season as a driver with a brakeman who is also in his/her first season.
4. **Junior Driver/Slider**. An individual in his/her second season as a driver.
5. **Junior Bobsleigh Crew**. A driver who is in his/her second season as a driver with a brakeman who is either in his first or second season.

f. **Senior Driver/Slider**. All personnel who do not qualify for novice or junior status will compete in the senior event.

6. **Entry Forms**. These can be found on the AWSA MOSS site and the AWSA web page. All entry forms are to be submitted to Secretary Luge, WO2 Graham Holmes, Graham.Holmes294@mod.uk (luge@awsa.org.uk) by **NLT Mon 07 Jan 2020**.

7. **Athletes**’ **Declaration**. Competitors must be fit and be able to pass their annual fitness tests. All competitors are to complete and sign an Athlete’s Declaration at Annex A stating that they are fit to train and compete. These are to be handed in at registration.

8. **Entry Fees**. There will be an entry fee of €10 for all competitors payable at registration on 19/20 Jan 19.

9.  **Registration**. Registration will take place at the **Hotel Winterberg Resort GmbH** In der Renau 1, 59955 Winterberg Telefon +49 (2981) 91 9-0Fax +49 (2981) 91 9-100, All participants are to ensure that they bring with them proof of insurance, EHIC cards, and completed athlete’s declaration form and entry fee. Failure to produce any of the above documents will result in a person being unable to slide. Declaration forms will be available in location.

10. **Equipment**. There are a limited number of sleds available in all three disciplines. Units owning their own equipment are expected to race with them; however this may not preclude further allocation of Army equipment to the unit. Individuals must provide the following equipment:

a. **Bobsleigh**. Crash helmet, gloves and ice grippers for track walks. bobsleigh@awsa.org.uk.

b. **Luge**. Gloves (issue flying gloves/cross country skiing gloves recommended). Further info from luge@awsa.org.uk.

c. **Skeleton**. Gloves, running spikes (just in case there are insufficient needle spikes) and ice grips. Further info from skeleton@awsa.org.uk.

**AUTHORISATION & CLEARANCES**

11. **Diplomatic Clearance (DIPCLEAR)**. Diplomatic clearance will be applied for by the AWSA to cover all participants over the week period.

12. **Transit Clearance (TRANSCLEAR)**. Transit clearance is the authority for UK military forces on duty to travel through Belgium, Netherlands, Luxembourg and Northern France; it is obtained from Host Nations on behalf of units by the UK Movement Liaison Staff (Europe). Team Captains and individuals must submit Appendix 2 to Annex A of Ref B to 29RLC-69-UKMLSE-MCC-RoadBidClk. Ref B provides all the necessary detail regarding submission.

13. **Staff Clearance**. Staff clearance will be applied for by the AWSA to cover all participants over the week period.

**ADMINISTRATION**

14. **Accommodation. All participants/competitors are to book their own accommodation. in and around Winterberg,** where there is an abundance of local Gasthof’s and pensions.

There are a number of options for accommodation around Winterberg and it is the units/individual’s responsibility to secure accommodation before 01 Jan 2020.

**Once units have booked accommodation, one lead from each unit of more than one person and individuals will need to make contact Elaine Craston (HRG)**

**elaine.craston@hrgworldwide.com**

**They will then be issued an exemption number for their accommodation booking. Failure to do this will result in units/personnel unable to claim on the JPA system.**

15. **CILOR**. All CILOR applications must be submitted before the exercise and in accordance to Ref F.

16. **Travel**. It is the unit’s responsibility to arrange transport to arrive at Winterberg Germany, **Bobsleigh teams are required to arrive NLT 1600hrs 11 Jan 20**. **Luge and Skeleton NLT 1600 11 Jan 20.** Where possible units and individuals should seek to use the cheapest transport option available. Service personnel competing or as essential approved officials on Ex RI2 are eligible to return travel at public expense between their unit base and the championship venue, up to a maximum per capita cost of £175 dependent on unit location (see Ref H for further detail). If flying, the recommended airports are Dortmund with the second option of Cologne; train or hire car are options, check before booking.

17. **Driving.** Whilst the roads are usually kept clear, Winterberg weather can cause very hazardous driving conditions. Individuals driving in Germany must ensure that unit vehicles comply with the legal requirements for vehicles in Germany (and any transit countries) as well as snow chains. Advice on this matter can be sought from Unit MTOs. Note also the guidance below.

**a. Green Fleet Vehicles.** No Green-fleet military vehicles or equipment may be brought into Germany. Service Land Rovers are only acceptable provided they are painted a uniform colour that cannot be associated with service use. Vehicles are not to bear unit logos.

**b. Fuel Cards.** Fuel cards are to be obtained from the AWSA for staff transport for Bobsleigh, Skeleton and Luge Vehicles and will be accounted for in accordance with current instructions. Competitors are to ensure that they book fuel cards from own units.

**c. Defence Movements and Transportation Regulations.** Policy on road transport is given in JSP 800.

**d. Management and Operating Procedures.** The procedures for operating vehicles in cold weather and instructions for the use of snow chains can be found in JSP 80010.

**e. Driving Overseas11.** Note the requirement for and provision of European Driving Packs, including winter tyres, snow chains and, for France, breathalyser units and high visibility vests. There is a legal requirement for winter tyres in Germany and they may be ordered for White Fleet vehicles12.

**f. Additional Guidance.** In addition to JSP 800, to take account of the frequently changing legislation in many European countries, additional guidance can be obtained from Def Sect, UKMLS(E) and HQ BFG G9 Trg.

18. **Reserve Personnel**. Attendance at Ex RI2 is at the discretion of the CO of an athlete’s parent unit. The class of training is to be determined by the unit. This approach is to ensure that reserve personnel can be actively encouraged to attend rather than constrained by a lack of available RTDs.

19. **Insurance**. All participants must have valid ice sports insurance and a valid EHIC card. The EHIC cards are available free of charge online at www.ehic.org.uk. Many companies now cover Ice Sports in their Winter Sports cover. Insurance can be obtained from Insignia Underwriting (tel: 01722 597980) website: [www.insigniaunderwriting.co.uk](http://www.insigniaunderwriting.co.uk/) Contact: [richard.dorman@insigniaunderwriting.co.uk](file:///C%3A%5CUsers%5Ccookeg826%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.Outlook%5CB89SMG72%5Crichard.dorman%40insigniaunderwriting.co.uk) or [admim@insigniaunderwriting.co.uk](file:///C%3A%5CUsers%5Ccookeg826%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.Outlook%5CB89SMG72%5Cadmim%40insigniaunderwriting.co.uk) or Towergate Wilson and Trinity Insurance. Personnel should quote AWSA in order to ensure suitable race cover is understood. Individuals insured are to ensure their provider covers them not only for participation in their chosen discipline, but also for organized training and competition, including permanent disability, injury to themselves and others and helicopter evacuation whilst training and competing on ice. Proof of insurance will be checked during registration.

20. **Medical Cover**. There will be medical cover at the track provided by a military medic. In severe cases an ambulance can be called. Daily sick parades will be conducted in the evenings.

**MISCELLANEOUS**

21. **Trophies**. A number of trophies have been acquired and awarded in previous years. Units with trophies are to ensure that engraving has been completed and the trophy is returned to the AWSA Control Board, Aldershot no later than Tue 7 Jan 20. Trophies for the 2020 Army Ice Sports Championships will be awarded at the Prize Giving.

22. **Visitors**. All visitors are most welcome to support their teams, however all costs for visitors must be borne by the parent unit or visitor. It is also advised that they make their own accommodation arrangements, those intending to visit are asked to inform Secretary Luge prior to arrival and to make the Team Captain/Individual they are visiting aware of their requirements and timings.

23. **Dress**. Dress for all Army winter sports activity is civilian. All athletes should know what clothing appropriate post Ex RI1. No military clothing or equipment is to be used or worn during Ex RI2.

24. **Duty Status**. As highlighted in Para 1, all military personnel are to ensure that they are on duty for the duration of the Exercise. There are various other activities on offer in the Winterberg area. If individuals choose to participate in these, they will be classed as off duty during that activity. These activities include, but are not limited to, skiing, snowboarding and cultural/social visits.

25. **Documentation**. All personnel are to ensure that they travel with valid and in-date passport and driving license, valid for at least 6 months following the end of Ex RI2. Personnel are also required to bring their MOD 90 and in date EHIC.

**SAFETY**

26. Ice sports are by their very nature activities which if undertaken incorrectly present a serious risk to the physical well-being of participants. Therefore, it is essential that a proper approach to managing risk is adopted and followed.

27. **Risk Assessment**. A detailed risk assessment for Ex RI2 has been completed. Activities covered by standard Army or Joint Service instructions do not require further risk assessment. Guidance in standard military publications for those activities (such as driving) is to be observed and adhered to.

28. **Compassionate and Casualty Reporting Procedures**. Team Captains and individuals are responsible for ensuring that all accidents or incidents are reported directly to the discipline OIC and onwards to the Ex Comd to facilitate timely and accurate formal reporting iaw JSP 751, Joint Casualty and Compassionate Reporting Policy and Procedures.

**SUMMARY**

29. Popularity of ice sports has grown over the past few years and we had a great Ex RI2 last season. Corps and units from across the Army will send competitors to race in the various ice disciplines in a professional yet fun environment. Those successful in the races during Ex RI 2 will stand a good chance of being selected to represent the Army at the Inter Service Championships to be held at Konigssee, Germany, 01 Mar to 14 Mar 2020.

*Gillian Cooke*

G Cooke

Major

Chair Army Bobsleigh

for Director Army Ice Sports, Col Crossfield

Annexes:

A. Athlete’s Declaration.

B. Staff List (TBC) (Limited Distribution).

Distribution:

Army Ice Sports Competitors\*

AWSA Magazine Editor\*

Copy to:

Director Army Ice Sports\*

Secretary AWSA\*

Secretary Army Luge Association\*

Secretary Army Bobsleigh Association\*

Secretary Army Skeleton Association\*

Annex A to

 AISC/RI2/AI/1718

 Dated 20 Nov 19

**ATHLETE’S DECLARATION FOR PARTICIPATION IN EX RACING ICE 2**

I, the undersigned, understanding that my signature to this declaration does not limit the obligation of the organiser to prepare and maintain competition courses in accordance with FIBT/FIL rules and standards,

|  |  |  |  |
| --- | --- | --- | --- |
| Last Name | First Name (s) | Service Number | Unit |
|  |  |  |  |
| Discipline\*: 2-Man Bob / Luge / Skeleton  | Gender\*: Male/Female |

\*delete as applicable

make the following declaration:

1. **EX RACING ICE 2 RULES, REGULATIONS AND PROCEDURES**

I understand and accept that my participation Ex RACING ICE 2 is subject to my acceptance of all rules applicable in connection with such event. The event will be run as close to the FIBT guidelines as possible, noting that due to funding some sled runners may not meet current FIBT/FIL conditions. I therefore agree to be submitted to such rules, regulations and procedures and to the jurisdiction of the organising committee of Ex RACING ICE 2 which is in charge of applying them.

2. **ACKNOWLEDGEMENT OF RISKS**

I am fully aware and conscious of the potential risks involved in competing in ice sport activities and of the risk caused by speed and gravitational forces, be it during training or during the actual competition. I recognize that there are risks linked with the attempt to achieve competitive results which requires me to stretch my physical abilities. I also know and accept that the risk factors include environmental conditions and technical equipment. I am further aware that certain movements or actions cannot always be anticipated or controlled and therefore cannot be avoided or prevented through safety measures. Consequently, I know and accept that when I engage in such competitive activities, my physical integrity and, in extreme cases, even my life may be at risk. Furthermore, I know and accept that the above mentioned dangers linked with my participation may threaten third parties within the competition and training area. I will conduct my own inspection of training and competition courses. I will immediately notify the Ex RACING ICE 2 officials and/or race jury of any safety concerns I may have. I understand that I am responsible for the choice of the appropriate equipment and of its condition, for the speed at which I race and for the selection of my line through the course.

3. **PERSONAL LIABILITY**

I understand that I may be found personally liable to third parties for damages arising from bodily injury or property damage they may suffer as a result of an occurrence linked with my participation in training or competition. I agree that it is not the responsibility of Ex RACING ICE 2 staff to inspect or supervise my equipment.

4. **RELEASE**

To the extent permitted by the applicable law, I release the AWSA, my National Association, and the organizers and their respective members, directors, officers, employees, volunteers, contractors and agents from any liability for any loss, injury, or damage suffered in relation to my participation in AWSA sanctioned competition or training. This declaration shall also be binding on my heirs, successors, beneficiaries, next of kin or assigns who might pursue any legal action in connection with the same

5. **UNIT CONTACT DETAILS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Unit Address | UIN | Duty Officer Mobile No.  | Adjt Name | Adjt Telephone No.  |
|  |  |  |  |  |

6. **NEXT OF KIN**

In order to meet Diplomatic Clearance information requirements, I confirm that my JPA-nominated Next of Kin (NoK) details are as follows below:

|  |  |  |
| --- | --- | --- |
| Name | Relationship | Contact Details |
|  |  |  |

7. **EHIC DETAILS**

In the event of an emergency, it may be necessary to pass EHIC information to the local medical services to secure treatment for you. Please enter the details from your EHIC below:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 3. Name | 4. Given Names | 5. Date of Birth | 6. Personal ID No. | 7. ID No. of the Institution | 8. ID No. of the card | 9. Expiry Date |
|  |  |  |  |  |  |  |

8. **ICE SPORTS INSURANCE**

In the event of an emergency, it may be necessary to pass ice sports insurance cover information to the local medical services to secure treatment for you. Please enter the details from your policy documentation below:

|  |  |  |  |
| --- | --- | --- | --- |
| Name of the Policyholder | Name of Insurer | Policy No. | Emergency Medical Contact Telephone No. |
|  |  |  |  |

9. **ATHLETE’S DECLARATION**

I understand that all details will be held by the OC Ex RACING ICE 2 and that they will be treated in confidence and used only in the event of an emergency for the provision of medical assistance or military casualty reporting. I have read and understood the above Athlete's Declaration.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_