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| **Defence Instructions and Notices**(Not to be communicated to anyone outside HM Service without authority) |
| **Title:** | **EXERCISE TELEMARK TITAN 2020 – THE BRITISH AND SINGLE SERVICES TELEMARK CHAMPIONSHIPS** |
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| **Contact:** | Maj R J Wright telemark@awsa.org.uk |
| **Keywords:** | Winter Sports, Telemark, Skiing |
| **Local Keywords:** |  |
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| **Related Info:** | <http://awsa.org.uk/telemark/> |
| **Classification:** | OFFICIAL |

**EXERCISE TELEMARK TITAN 2020 – THE BRITISH AND SINGLE SERVICES TELEMARK CHAMPIONSHIPS**

**GENERAL INSTRUCTION**

**References**

A. [2018DIN07-077 Army European Winter Activity Instruction](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINStraining/2018/2018DIN07-077.pdf) 2018/19.

B. [JSP 660: Sport in the UK Armed Forces](http://defenceintranet.diif.r.mil.uk/Reference/DINsJSPs/Pages/JSP660.aspx).

C. [2019DIN01-061 Diplomatic Clearance Procedures for France](https://modgovuk.sharepoint.com/%3Aw%3A/r/sites/defnet/Corp/_layouts/15/Doc.aspx?sourcedoc=%7B6F67A83F-5FEC-4483-B941-AE1F2CCC7D8D%7D&file=2019DIN01-061.docx&action=default&mobileredirect=true&DefaultItemOpen=1)

D. [JSP 800](http://transportsafety.web.logis.r.mil.uk/homepageedit/homegeneral.asp?department=JSP%2520800%2520Vol%25205): Vol 5 Road Transport.

**INTRODUCTION**

1. Exercise TELEMARK TITAN 2020 (Ex TT20), the British, Royal Navy (RN), Army and Royal Air Force (RAF) Telemark Ski Championships run by Army Telemark will take place in Pralognan-la-Vanoise (PLV), in the French Alps, over the period 11 - 23 Jan 20. This event has been authorised by the UK Armed Forces Sport Board and Telemark Skiing has Type 2 sport status.

2. The main body of this DIN covers the features of the championships, in accordance with Refs A – D. The details specific to the event are contained in Annexes A – E. All activity is cleared, funded and conducted in accordance with [Ref A](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINStraining/2017/2017DIN07-092.pdf). There will not be a separate DIN published by the RN/RM: all information required can be found within this DIN and its annexes. Annex E provides RN/RN specific direction.

3. The Championships are **not** suitable for participants who have never skied before. Beginners with some alpine experience are welcome. The Championships will include Telemark coaching and culminate with a series of races over the period 17 - 23 Jan 20. Racers compete in either the Championship or Development races according to ability. See Annex A for full details of races, and the guide to Telemark racing rules which will be available in PLV.

4. Applications for the championships will be submitted via the following SharePoint link for military personnel and via this Dropbox link for civilians. Any other enquiries can be made by email to telemark@awsa.org.uk. Application can be made from the following hyperlinks [MILITARY (MoDNET-SharePoint)](https://modgovuk-my.sharepoint.com/%3Ax%3A/g/personal/richard_wright810_mod_gov_uk/EbuvQXydcelAk2VDEwtnHVABLkijVZ8J1phF5Sgralet4Q?e=xkWzFA) / [CIVILIAN (Dropbox)](https://www.dropbox.com/s/ya94k6fxtiqi6p7/Exercise%20Telemark%20Titan%20Entry%20Form%202020%20CIVILIAN.xlsx?dl=0) Instruction and further details are available from the discipline secretary. Closing date for championship entries is **NLT 15 Nov 19**.

**AIM**

5. The aim of this General Instruction is to promulgate the necessary information to Divisional/Army Ski Secretaries, Captains of Unit Telemark Teams and individuals wishing to participate in the Championships.

**ARMY TELEMARK RACE RULES**

6. The Championships will be conducted in line with FIS Telemark International Competition Rules (TICR), British Telemark Rules (BTR)[[1]](#footnote-2) and Army Telemark Rules[[2]](#footnote-3). Mixed-gender and Hors Concours teams are allowed to compete at the Championships.

**QUALIFICATION**

7. **General**.Ex TT20 has an all-up capacity of 150 competitors. Standards will be assessed during training and the qualification event, and skiers of the appropriate standard will start in the Championship races, with the remainder competing in the Development races.

8. **Eligibility**.The Championship is open to all Regular, Reserve and UOTC forces as well as all other British nationals.

9. **AWSA Membership**. In order to race, all Army competitors must be subscribed members of AWSA for the 2019/20 season. RN and RAF competitors must be members of their equivalent Service Winter Sports Association. Non-UK Military racers must be members of their own respective Winter Sports Association. Civilian competitors should be a license holder with British Ski and Snowboard (BSS) or a Home Nation Governing Body[[3]](#footnote-4). Non-competing supporters need not be members. Applications for AWSA membership are available to download from the Member Services page of the AWSA website [www.awsa.org.uk/membership/](http://www.awsa.org.uk/membership/) Please remember to also complete the Gift Aid Form. **Membership subscription will be checked prior to racing.**

10. **Great Britain Telemark Team**.The selectors for the British Telemark Team will be present in PLV and will be identifying potential team members for the 2020/21 season and development beyond. Telemarkers showing potential may be given the opportunity to attend GB Team selection in Spring 2020.

**ARRIVAL PROCEDURE**

11. **Movement**. Unit teams and individuals are responsible for their own transport to and from PLV.

12. **Staying for shorter periods**. Because of the contract we have with the hotel and resort, it is difficult but not impossible to pay for a reduced package for a shorter period. If personnel wish to stay for a shorter period, individuals are to contact the Championship Secretary on telemark@awsa.org.uk in the first instance.

13. **Getting There**. Travel to PLV is straightforward. There is plentiful car parking available directly outside the competitor hotel. If heavy snow fall is experienced, shovels will be required to dig out the vehicles at the end of the Championships. PLV does not clear the roads of snow in order to preserve the beauty of the village and maintain water quality. Salt / gravel is used only in extremely icy sections; thus, winter tyres and snow chains are a legal requirement in France.

a. **By Road**. Address is Avenue de Chasseforet, 73710 Pralognan-la-Vanoise, France. A **bus transfer** from Geneva Airport may be available subject to numbers and financial viability. Those interested should add their details at the following [link](https://www.dropbox.com/s/m020638bd4raxwl/20190820-TRANSFER-REQUEST-EXTT20-SEC-O.xlsx?dl=0) and the Discipline Secretary will confirm ability in late November 19.

b. **By Train**. The Moutiers-Salins SNCF train station is the closest rail head. From the station there is a 1hr 15min bus shuttle to PLV. On a Saturday, the shuttle runs regularly from Moutiers – PLV from 0645hrs. The final shuttle departs Moutiers train station at 1900hrs. On a Thursday, the shuttle departs PLV to Moutiers at 1230hrs and 1500hrs only. More detail can be found at [www.voyages-sncf.fr](http://www.voyages-sncf.fr).

 c. **By Air**. Regular scheduled flights arrive at Geneva. If there is sufficient interest a return transfer bus between PLV and Geneva airports can be arranged. For more information see the Championship application form at Annex B. For shorter periods PLV or at specific request PLV have arrangements with a Taxi firm who will be able to provide a transfer to and from the airport, cost on application to the Championship secretary.

14. **Accommodation and Check-In**. Competitors will all be accommodated in the Hotel Club Vacanciel. Army Telemark will allocate all accommodation for participants who are staying for the full period.

15. **Lift Passes**. Lift passes will be issued at registration by Army Telemark and are valid for the championship skiing days. There will be a 5 EURO refundable deposit per-person payment for this is required on check-in.

16. **Welcome Brief**. There will be a welcome brief for all participants at 2030hrs in the Hotel club Vacanciel on Sat 11 Jan 20. **All participants must attend**.

**PROGRAMME**

17. **Outline**. The intended programme of events is at Annex C, however this plan remains highly flexible and competitors should follow the programme posted outside the Race Office in PLV and information provided at Team Captains’ meetings. The outline programme is as follows:

a. **Coaching**. Coaching will begin on Sun 12 Jan 20. The selection of training groups will commence at 0845 hours on Sun 12 Jan 20, thereafter coaching will begin at 0850hrs each morning. Anyone collecting hire equipment must do this on Sat 11 Jan 20 as there will not be time prior to training starting on Sun 12 Jan 20.

b. **Gate/Jump Training**. Areas designated for gate training will be available from 15 Jan 19, a jump will be available for training at a time TBC. All competitors **must** attend a mandatory brief and practice session on the jump before they are allowed to compete; this training will be supervised by the Chief of Race in conjunction with the instructors. In order to avoid overcrowding of the training areas and to reduce the possibility of injury, all teams and individuals will be given training slots that they will be required to adhere to. Full details will be promulgated by the Army Telemark committee in PLV. Helmets and goggles **must** be worn for all training whether centrally organised or not.

c. **Races**. The first race, a qualification race, will be held on 17 Jan 19. This will allow sufficient time for racers to have conducted jump training and for novices to have received instruction. Thereafter competitors will conduct races according to their ability.

**PRIZES AND DEFINITIONS**

18. **Individual**. Individual prizes will be presented for each Championship Race. There are combination prizes for the best Open and Army Individuals (male and female)[[4]](#footnote-5) over the three Championship Races (The Pery Ski). Individual prizes will also be awarded to the best Novice and Junior racers.

19. **Team**. Teams are to consist of at least three, but no more than four personnel, with the best three times to count for each race. Team prizes will be presented in all three Championship Races in addition to the Combination Army Champion Unit Team Trophy (The Limerick Cup). In order to stimulate competition Hors Concours (HC) teams are encouraged; HC teams may win the team prize for each race but are excluded from the Champion Unit Trophy which is limited to formed Army Unit Teams[[5]](#footnote-6). Both Unit and HC Teams may be of mixed gender.

a. **Unit Teams**. Unit Team members must all be on the held strength of the Unit at the time of the Championships.

b. **Hors Concours Teams**. HC Teams are encouraged and may be entered while in PLV. An HC team may not contain more than one National Team member or one Service Team Member (current or former).

c. **Army Inter-Corps Team**. If sufficient entries are received an Inter-Corps Telemark Team Competition will be run in line with Army Telemark Rules. Corps are to nominate a Corps team lead and notify Telemark Sec that a Corps team wishes to compete by NLT 15 Nov 19.

20. **Prize Giving**. Prize giving will be on Wed 22 Jan 20.

21. **Qualifying Standards**. There are no pre-qualifying standards for entry. Standards will be assessed during training and the qualification race and the cut between Championship and Development Races made accordingly.

22. **Rules Briefing**. On the evening of 16 Jan 19, a briefing will be provided on Telemark Race rules and techniques. This is mandatory for individuals that have never raced before, and all other participants are welcome to attend.

23. **Novice**. A skier is defined as a Novice if this is their first season on Telemark Skis and they have not competed in a Club, Regt/Corps, Service, National or International Alpine or Nordic Race before the start of the 2019/20 season. The Novice Champion will be the highest placed Army Novice in the seed list at the end of the Championship. If no Novice qualifies for the Championship Races, then the Novice Champion will be the Novice skier with the best combined time of both Development Races.

24. **Junior (U21)**. A skier is a defined as a Junior (U21) if they were born in 1999 or later.

25. **Inter Service Championships**. The Inter Service Telemark Ski Races will take place in Meribel, France over the period 1 – 8 Feb 20. The Army Team for 2019 will be selected by the Army Telemark committee in accordance with Army Telemark section policy published in Army Telemark rules[[6]](#footnote-7). The team will be announced at the prize-giving on 23 Jan 19.

**COMMAND AND CONTROL**

26. **General**. The Championships will be run by the Army Telemark Committee, under command of the Chief of Championships, Colonel Matthew Birch, with support from RN/RM Telemark Committee.

27. **Race Committee**. The Committee are responsible for the running and conduct of the Championships (duties and responsibilities of the Race Committee are listed at Annex D).

28. **Race Office**. The Race Office will be situated in Hotel club Vacanciel and will be open from 1630 – 1730hrs daily.

29. **Registration**. Registration will take place from **1400 to 1800hrs** in the Hotel club Vacanciel Reception on Sat 11 Jan 20. All teams and individuals **must** register on 11 Jan 20. They will be required to confirm that all details sent via email applications are extant, and sign to confirm details.

30. **Team Captains**. Units are to appoint a Team Captain (TC) who is responsible for the conduct of the team and the management of their affairs whilst on Ex TELEMARK TITAN. TCs will be required to attend the daily TCs’ meeting. **There will be a TC meeting in Tidworth on Monday 23 September 19 (1330-1430 TBC).** Registration for this meeting is at the following [link](https://modgovuk-my.sharepoint.com/%3Ax%3A/g/personal/richard_wright810_mod_gov_uk/ES3BVu5mBydIhj23HKgJAHUBiiVg45CCySV__TUiSTgUPg?e=51XNgH).

31. **Individual Representation**. In order to ensure smooth passage of information to all competitors, those who are not a member of a team **must** ensure they are represented at the TCs’ meeting. It is acceptable for formed groups of individuals or HC teams to send one representative, provided the Race Office is informed of who they are representing.

32. **Team Captain / Representative Duties**. TCs/Representatives/Individuals are to:

a. Report to the Hotel club Vacanciel on arrival (during opening hours) to register.

b. Attend all TCs meetings at 1800hrs each evening; commencing 12 Jan 20 in the Hotel club Vacanciel briefing room. The meetings will provide important race details and administrative instructions.

c. Submit Race Entries on time and in the correct format. Race entry forms will be provided in the Race Office on arrival.

33. **Discipline**. PLV is a very small village and the locals have worked hard to ensure the smooth running of the Championships. It is of utmost importance to maintain friendly relations with the locals so that the Championships can continue to prosper. As such, any disciplinary occurrences will be viewed very seriously and with little sympathy. All breaches of military discipline will be dealt with immediately and are most likely to result in the individual or team being disqualified and returned to unit at individual or unit expense. Any participant, military or civilian, who brings the championships and/or the Armed Forces into disrepute either on or off the hill may be expelled from racing at the discretion of the Chief of Championships. The ExTT20 Championship Alcohol Policy can be found at the following link on the AWSA website. [www.awsa.org.uk/telemark](http://www.awsa.org.uk/telemark)

34. **Standards**. Ex TT20 will place Service Personnel in the public eye, both with fellow competitors and others in the resort. All Service Personnel are to ensure they maintain the expected high standards of the Services; bad language and behaviour will negatively impact on the reputation of the Services in this small family resort.  Neither will be tolerated. Military personnel are to wear respectable clothing, which is appropriate for the occasion.

35. **Security.** Currently, there is no specific security threat to UK Service personnel in France. However, all personnel are to remain vigilant and adhere to the normal security precautions. No overt military presence is to be advertised and any suspected security incidents should be reported to the Ex CofC. To ensure currency, the secretary will update all competitors on the Threat Awareness in Dec19.

**ADMINISTRATION**

36. **Finance**.

a. **Cost**. The cost for the Championships can be found in the table below in GBP (£). This price includes accommodation and food, coaching, lift pass, championship t-shirt, race entry fee and event co-ord costs. The price does not include travel to and from PLV, or equipment, which are an individual or team responsibility. The difference between the Services is due to Army funds which have offset the Army participants. Other Service costs may be reduced depending on Service subsidy and participants are to seek own funding lines.

| **Ser** | **Entrant/Option** | **Total** |
| --- | --- | --- |
| **(a)** | **(b)** | **(f)** |
| 1 | Army – Full Board | **£700** |
| 2 | Navy/RM/RAF- Full Board | **£800** |
| 3 | Civilian – Full Board | **£900** |

 b. **Payment**.

(1) Payments can be made in stages or in full. Final payments must be made to the Army Telemark account no later than 15 Nov 19[[7]](#footnote-8). Cheques and cash will not be accepted in PLV, if you cannot pay in time please contact the secretary. Money transfers should be made directly to AWSA. All transfers **must** be notified to the Secretary on telemark@awsa.org.uk and be accompanied by the reference provided by the payee’s bank (if available):

**(2) Account Name: AWSA; Sort Code: 16-19-26; Account No: 11251773; Reference:Tele-“racer-surname”**

c. **Cancellation and Refunds**. Cancellation prior to 15 Nov 19 will attract a refund of any balance paid. Cancellation after 15 Nov 19 will receive no refund. Competitors are to ensure they hold adequate insurance.

d. **Race Entry Fees**. Race entry fees (£50) have been included in the overall price.

e. **Travel and CILOR**. CILOR claims are the responsibility of teams and should only be claimed in accordance with JSP 456 Defence Catering Manual – Vol 2, Ch 7.[[8]](#footnote-9)

 **(1) Confirmation has been received from D Pers Admin Pol, ratified by Andover Support Unit, that CILOR Can be used to purchase cooked food, and therefore can be used to pay for the food element of full board. Receipts illustrating the food costs will be issued by Army Telemark Treasurer.**

(2) As a Recognised Winter Sport[[9]](#footnote-10) and an authorised competition, military competitors may claim CILOR. Applications for CILOR should be made through Fmn HQs to HQ UKSC (Log Sp (Food Svcs)).

 (3) The process for making travel claims against the Representational Sport Travel Budget should be conducted in accordance with [2018DIN10-021](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINSsports/2017/2017DIN10-023.pdf)[[10]](#footnote-11).

f. **IE, LOA, LSA and Subsistence**. IE, LOA, LSA and subsistence claims are not admissible for EX TT20 competitors. LOA and LSA claims are admissible for AWSA Telemark Committee members.

g. **ASCB Discounted travel**. Units travelling by ferry from UK may wish to avail themselves of discounted ferry tickets. Details may be obtained from the Sec ASCB on Aldershot Mil (94 222) 7058.

h. **Army Sports Lottery**. Army competitors who are members of the Army Sports Lottery, may apply for up to £25 per ticket totaling up to £100 per person to assist with travel costs. Applications can be made individually or as a team by the Team Captains to the Army Sports Lottery. All competitors are strongly encouraged to join the Army Sports Lottery [2018DIN10-016 Army Sports Lottery](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINSsports/2018/2018DIN10-016.pdf).

i. **Welfare Grant and Nuffield Trust**. The Army Welfare Grants Committee and Nuffield Trust Supports Telemark and will provide equipment grants to teams that bid in the prescribed format. Bids through unit 2iCs, Bde and Div CofC. See LFSO 3206 for further information.

37. **Clearances**. Military organisers and participants require Authority, Staff Clearance (SC), Transit Clearance (TC) and Diplomatic Clearance (DC) to run and participate in Winter Sports Activity.

a. **Authority**. Authority to run the competition has been granted by the Army Sport Control Board (ASCB). Authority to participate is granted by Army Telemark to all participants.

b. **Staff Clearance**. Service competitors should apply for SC to attend Ex TT20. Applications should be made on Annex C to the Army European Winter Activity Instruction[[11]](#footnote-12) and sent to the individual’s/unit’s Formation HQ. Successful application allows for travel at public expense.

c. **Transit Clearance**. All military teams intending to travel through France require Transit Clearance; further detail is contained in the Army European Winter Activity Instruction.

d. **Diplomatic Clearance**. Individual military competitors and teams are required to apply for DIPCLEAR to attend Ex TT20 (TCs can apply on behalf of all team members). Full guidance is provided at Annexes B and C of the Army European Winter Activity Instruction.

38. **Duty Status**. Telemark skiing is a recognised Sport across all three Services[[12]](#footnote-13) and therefore Military Participants are considered to be ‘On Duty’ whilst conducting training, racing and any Army Telemark authorised event directly connected to these activities. Reference E refers [JSP 660](http://defenceintranet.diif.r.mil.uk/Reference/DINsJSPs/Pages/JSP660.aspx) is the overarching authority for participation in, and travel to, this event and should be read in detail by Team Captains.

39. **Insurance**. Teams and individuals are to ensure that they fully acquaint themselves with insurance requirements as described in the Army European Winter Activity Instruction DIN.

a. **EHIC**. It is a mandatory requirement that all competitors have a European Health Insurance Card, which is free and can be obtained via the web at:

<http://www.nhs.uk/NHSEngland/Healthcareabroad/EHIC/Pages/about-the-ehic.aspx>, or from your local post office. An update to this after 31 Oct 19 will be issued if required.

b. **Personal Insurance**. Competitors MUST hold adequate personal insurance that includes medical cover and personal liability for **ski racing** and recreational skiing as a minimum. Competitors should ensure their personal insurance provides cover for cancellation of the Championships due to unpredictable events (‘force majeure’). Proof of racing cover must be produced on registration at the Championships; failure to produce a valid cover note will result in not being able to race. Competitors must also ensure that their insurance covers them when they are off duty[[13]](#footnote-14) and for any non-authorised social activities. **Note that** Proof of racing insurance will be required on arrival and details, including Policy Number, Emergency Help Lines and Next of Kin, must be left with the race office. **No cover = no skiing or racing**.

c. **Duty Status and Social Activities**. Telemark participants are to be aware that participation in social and recreational activities that are not directly related to the primary Exercise aims may be deemed ‘off duty’, even if organised and authorised by Army Telemark. This may affect potential claims against the AFCS and thus all competitors MUST hold appropriate insurance to cover ‘off duty’ activities, such as free skiing, ice skating or tobogganing. Note that: **Participants must carry their EHIC and Insurance emergency details (emergency number and policy number) with them at all times**.

40. **Telemark Equipment**. It is appreciated that not all competitors will have their own Telemark equipment and will need to hire some. This is the responsibility of the individuals / teams. There is not always the widest range of Telemark kit and equipment to rent in PLV without prior arrangement. If there is a requirement for this then the Discipline Secretary should be contacted in the first instance. Army Telemark take no responsibility for the bookings or any financial liability for competitor’s equipment hire.

41. **Ski Waxing**. Hotel club Vacanciel will have ski waxing rooms available. Competitors will need to bring their own clamps, wax and irons.

42. **Storage**. There is ski and boot storage available at the hotels in use during the Championships. However, the boot storage will not be on heated racks.

43. **Skins**. Teams **must** make their own provision for skins, which are placed on the underside of the ski to enable ascent of the piste. Competitors are to ensure they are correctly equipped for the mountain race and therefore should provide their own skins. All military personnel are expected to compete in the Mountain Race.

44. **Helmets**. The use of ski race helmets is compulsory for all events and training. Competitors must have ski helmets that satisfy the minimum requirements for the event and which have been certified by recognised institutes. Helmets **will** be inspected prior to racing and those wearing incorrect helmets will not be allowed to start.

a. **Helmet Design and Standards**. Helmets used in FIS Snowsports shall be specifically designed and manufactured for the respective discipline and shall bear a CE mark and conform to recognised and appropriate standards such as CEE 1077. For racing FIS have stricter requirements than for general use:

 (1) Competitors racing in the Championship races must have FIS rated Class A or Class B[[14]](#footnote-15) helmets bearing the FIS stickers, as demanded by FIS and BSS rules. Full shell Class A helmets are advised.

 (2) Helmets with spoilers or edges that protrude are not permitted and helmets must show a smooth top surface for safety reasons.

(3) Skiers competing in the development races must have a helmet that is designed and certified for skiing; CE 1077 as a minimum. Some tolerance will be granted on shape for certified designs, but spoilers are not permitted.

(4) Cameras or mounts may not be fitted in any manner. Competitors presenting for races with a mount affixed to a helmet will not be permitted to race until the helmet is changed. Removing mounts will incur further damage to the shell and should not be attempted.

45. **Goggles**. Goggles are to be worn for training and racing; sunglasses may not be worn as a substitute.

46. **Medical**. All personnel are to ensure they are medically and dentally fit prior to start of the Championships.

47. **Med Plan.** The ExTT20 Med Plan can be found at the following link on the AWSA website. [www.awsa.org.uk/telemark](http://www.awsa.org.uk/telemark)

48. **Emergency Contact Details.** All personnel are to ensure their emergency contact details on JPA or HRMS are current, this is to include a Next of Kin. Failure to update this basic requirement may result in delayed notification in the event of an incident. In the event of an incident, coordination with the JCCC will be the responsibility of the ExTT20 CofC.

49. **Personal Medical Equipment.** It is the responsibility of each individual to ensure they carry sufficient supplies to last the Exercise e.g. inhalers and repeat prescriptions.

50. **Foreign & Commonwealth Personnel.** All Foreign & Commonwealth personnel are to ensure they have the appropriate visa clearance.

51. **Medical Facilities.** There is no UK military medical cover on Ex TT20. Minor complaints should be directed to the local doctor. The hospital in Albertville can deal with more serious issues and there is a helicopter CASEVAC facility if required. In the event of an injury, the injured party (or a representative if appropriate), whether a visitor, official or competitor, is to complete MoD Form 510 (held at the Race Office) - Report on Accident/Injury. If this is not completed Service personnel may have no recourse to any claims for injury on duty. The Race Office is to be informed of all injuries sustained whilst on Ex TT20. Due to limitations on personnel and transport, the Army Telemark committee cannot support follow-up visits for injuries; all competitors must ensure they are covered by insurance for follow up visits when in country. Key information listed below:

a. **Dr Francoz**. Avenue de Chasseforêt. Next to the entrance to the aerial tram. Open daily 0900 – 1900hrs. +33 479 087561 / +33 609 352892

b. **Dr Maigné**. Avenue de Chasseforêt. +33 479 087204 / +33 609 352892. Open every day 0900 – 1230hrs and 1400 – 1730hrs.

c. **Pharmacy**. Avenue de Chasseforêt. Avenue de Chasseforêt. +33 479 087161. Open Mon to Fri 0900 – 1230hrs and 1500 – 1900hrs. Open Sat 0930 – 1230hrs and 1500 – 1900hrs. Open Sun 100 – 1200hrs and 1700 – 1900hrs.

d. **Emergency**. 112

52. **Emergency Procedures.** In the event of a NOTICAS requirement, all reporting is to be conducted via the Ex CofC. No direct communication via single Service channels is to be conducted without prior authority from Army Telemark Chairman or his representatives. The emergency procedures are outlined at Appendix 1 to the ExTT20 Medical Plan that can be found on the AWSA (Telemark) website and are to be strictly enforced.

53. **Coaching**. All coaching will be conducted by qualified Telemark Instructors and will be coordinated centrally by the Army Telemark Committee. It is assumed that all participants will join the coaching programme unless they opt out at Annex B.

54. **Visitors**. Visitors, especially Commanding Officers, are encouraged to attend; the prime time will be over the racing period (18 - 22 Jan 20). In order to maintain visibility of all military visitors in resort, Team Captains are to inform the Championship Secretary of names and arrival/departure dates of all visitors as early as possible. All visitors are responsible for their own costs, travel arrangements and hotel bookings.

55. **Families and Supporters**. Families and supporters are very welcome in PLV for the Championships. Competitors who wish to bring friends and family along and have not already indicated this on their registration form, should immediately contact the Championship Secretary to bid for the extra accommodation. All participants should note that all non-Service personnel will be required to pay for themselves and will not benefit from any subsidies from Service funds (public or non-public).

56. **Sponsorship**. Teams that are fortunate enough to secure sponsorship must ensure that they adhere to the ASCB ruling on commercial sponsorship. As a guide, the following regulations apply: Any name-advertising sponsorship must not show any direct link with tobacco or alcoholic spirits. Army personnel may not wear commercial logos on their clothing (including helmets) when on duty, except as authorised. For sponsorship rules only, all competitors are deemed to be ‘on-duty’ whilst present at the Championships, regardless of where they are or what they are doing.

57. **Managing Sponsors and VIPs**. There will be a number of VIPs (Military and Sponsor) around the resort, particularly over the racing period. All Ex TELEMARK TITAN 20 participants are reminded to remain polite and courteous throughout the Exercise, whether on the slopes or about the village. We aim to provide a high level, professional Championships that continue to attract sponsorship in the future - your role in this is as important as the Committee’s. If requested to host a guest, please do so without hesitation.

58. **Team Coaches.** Please note that there is no discount for the cost of team coaches in PLV and they are expected to pay the same rates as individual competitors.

**MISCELLANEOUS**

59. **Dress and Equipment**. Military dress and equipment are not permitted on Ex TT20 and should not be brought into France. All clothing and equipment, **including daysacks**, are to be civilian.

60. **Vehicles**. Team Captains and Competitors must note the following[[15]](#footnote-16):

a. **Use of Military Vehicles (Green Fleet)**. No military vehicles may be brought into France.

b. **Vehicular Insurance**. Units are warned that military vehicles, including those leased or owned as part of a White Fleet contract are insured by the Crown - not a civilian insurer. Anyone travelling by vehicle is to ensure that adequate cover is obtained for the countries they will transit, including a European Green Card and breakdown cover.

c. **Winterisation**. All vehicles must comply with European law with regard to winter tyres, snow chains and motorway vignettes. Vehicles should be fitted with winter tyres or All-Season tyres (marked with M+S). Chains should be carried as well. A detailed list of the items required to be carried is at Para 3.8.14 of JSP800 as referenced above. Civilian drivers should consult an appropriate motoring organisation for guidance.

d. **Sponsored Vehicles**. Service Regulations state that units provided with sponsored vehicles may not use Service fuel cards or insurance services for said vehicles.

e. **European Highway Code Tests**. All drivers of Service or White Fleet vehicles must have passed the European Matrix Test and have it recorded on their FMT 600 prior to travel. The necessary tests can now be conducted online at: <http://bfgnet.de/matrix-test.html>

61. **Media**. A central media plan is being organised by Army Telemark, any relevant details will be disseminated by the committee. All competitors are also strongly encouraged to write up their experiences for Regimental Magazines to encourage future racers; suitable imagery will be supplied wherever possible. All photographs will be available on-line following completion of the championships. A link to the on-line repository will be emailed out to competitors after the event.

62. **Social Media.** The general use of social media to advertise the Championships it to be encouraged. If there is any uncertainty about specific posts, please check with the discipline secretary who will happily support.In the unlikely event that an accident or incident occurs, it is imperative that **all participants** are aware of the implications of ‘uploading’ or ‘commenting’ on social media sites, of the events applicable to the accident or incident. Therefore, in the unlikely event of an accident or incident occurring, the use of social media sites to share information regarding the accident or incident is **prohibited**.

63. **Photographs**. Army Telemark treat privacy seriously and will not pass on any images to third parties, except for the purpose of promoting Telemark or Army Telemark activities, in the military and civilian domains. All official photographs will remain the property of Army Telemark but will be made available for the personal use of competitors[[16]](#footnote-17); as such Army Telemark will store the images in a manner that allows general access.

a. Personal use may include the publishing of images in articles, particularly Regimental and Corps magazines, and other promotional activities, as well as posting of images of the competitor on personal pages of the internet and social networking sites. Such personal permissions do not extend to the general publishing of the images to social networking or photo-storage sites without the specific permission of the featured individuals.

b. For the purpose of these paragraphs Army Telemark promotional activities are taken to usually include, but not be constrained to, Army Winter Sports Association (AWSA), UK Armed Forces Winter Sports Association (UKAFWSA), British Ski and Snowboard (BSS) and International Ski Federation (FIS) promotional activities.

c. Individuals who do not wish for images of them to be used for the purposes listed above must inform Army Telemark in writing by the start of the Championships.

**Pralognan-la-Vanoise (PLV)**

64. **General**. PLV is a mountain village in the heart of the French Alps. PLV has 24 runs (9 green, 4 blue, 7 red and 4 black). The terrain has elevation of 1400m – 2350m. The Championship races will be conducted on a FIS Homologated run. Although known for ‘snow reliability’ PLV also has 54% of the ski area covered by 80 snow guns. Apres Ski, participants will have free access to the sports centre. This has a spa, weights and CV room, indoor climbing wall and ice rink.

R J WRIGHT

Major

Secretary Army Telemark Ski Association

Annexes:

A. Race Details

B. Programme of Events

C. Race Committee, Duties and Responsibilities

D. Contact Details

E. RN & RM Attendance at Exercise Telemark Titan 2020

 **ANNEX A TO**

 **EX TT20 GEN INSTR**

 **DATED 22 AUG 2019**

**RACE DETAILS**

1. **Qualification Race.** A Giant Slalom (GS) race to select competitors for the Championship Races. Selected skiers will progress to the Championship Races with the remainder skiing in the Development Races.

2. **Championship Races**. There will be three Championship Races, with an anticipated maximum field of 70 racers:

a. **Telemark Giant Slalom (GS)**. A GS course of two runs with a maximum of 250m vertical drop, 25 – 40 gates and one jump.

b. **Sprint (SP)**. A shortened version of the Classic Race over two runs, comprising of a minimum of 15-25 gates over a 100-200 m vertical drop, with a jump, loom and skating section.

c. **Parallel Sprint (PS).** The PS is new for the 2020 Exercise and British Championships. It will be a demonstration event for the top Championship competitors only. It is designed to support PLV in its preparation for the British World Cup.

d. **Classic (CL)**. A Telemark Classic Race with a maximum of 350m vertical drop, consisting of giant slalom gates, a jump, loom and a skating section.

3. **Development Races**. There will be two Development Races designed to introduce novice telemark skiers to racing at an appropriate level. Skiers who do not qualify for the Championship Races will automatically be entered into the Development Races and continue instruction as appropriate. Prizes will be awarded for the Development Races.

a. **Development Sprint (Dev SP)**. The Dev SP will be a Sprint format with a jump and short skating section.

b. **Development Classic (Dev CL)**. The Dev CL will be a consolidation of the skills learnt during the Championship training and will be run immediately after the Championship Classic Race (CL) but with a shorter course. It will include a jump, GS gates, skating section and a 360 degree turn.

4. **Mountain Race**. The Mountain race is now an established part of the Championships and will follow a format similar to previous years. The race will consist of at least one uphill section before descending back to the start point for the finish. Raced as individuals or 3 man teams, each team member will race part of the uphill section, with the final team member racing down to the finish. Competitors will require skins for this race.

**ANNEX B TO**

**EX TT20 GEN INSTR**

**DATED 22 AUG 2019**

**PROGRAMME OF EVENTS - EX TELEMARK TITAN 2020**

| **Date** | **Time** | **Action** | **Location** | **REMARKS** |
| --- | --- | --- | --- | --- |
| **Fri 10 Jan** | 1200 | Committee Arrive | Hotel de la Vanoise |  |
| **Sat 11 Jan**  | 1400 – 1900 | Teams and competitors arrive | Reception Hotel club Vacanciel |  |
| 2030 | Ex TELEMARK TITAN Welcome Brief | Hotel club Vacanciel | Includes mandatory safety brief. **All to attend** |
| **Sun 12 Jan**  | 0850 | Training |  | Initial instructor group allocation. **Day 1** of training |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |
| **Mon 13 Jan** | 0850 | Training | As chosen by instructors | **Day 2** of training |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |
| **Tue 14 Jan** | 0850 | Training | As chosen by instructors. Gate training. | **Day 3** of trainingGate training required |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |
| 1930 | Racer Brief | Hotel club Vacanciel | All to attend |
| **Wed 15 Jan** | 0850 | Training | As chosen by instructors. Gate training.  | **Day 4** of trainingGate Training required |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |
| **Thu 16 Jan** | 0850 | Training | As chosen by instructors. Gate training. | **Day 5** of training Jump and Gate Training mandated |
| 1830 | Team Captains’ meeting / Race Brief | Hotel club Vacanciel Conference Room | All team captains to attend |
| **Fri 17 Jan** | 0930 Insp 1030 Race | **Qualification Race** |  | **Day 6**. Training continues when not racing |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sat 18 Jan** | 0930 Insp 1030 Race | **Championship Giant Slalom (GS)** |  | **Day 7.** Development groups continue instruction/training |
| 1730 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |
| **1830-2030** | **VIP Reception** | **Hotel club Vacanciel** | **Selected personnel will be required to attend** |
| **Sun 19 Jan** | 0930 Insp 1030 Race | **Development Sprint (Dev SP)** |  | **Day 8**. Development groups continue instruction/training when not racing |
| 1330 Insp 1430 Race | **Championship Parallel Sprint (PSP)** |  | Development Groups to watch PSP. |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Mon 20 Jan** | 0930 Insp 1030 Race | **Championship Sprint (SP)** |  | **Day 9**. Development groups continue instruction/training |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |
| **Tue 21 Jan**  | 0930 Insp 1030 Race | **Championship Classic (CL)****Development Classic** **(Dev CL)** |  | **Day 10.** |
| 1830 | Team Captains’ meeting | Hotel club Vacanciel Conference Room | All team captains to attend |
| **Wed 22 Jan** |  | **Mountain Race** |  | **Day 11.** All military to participate |
| 1630 | Prize Giving | Hotel club Vacanciel |  |
| **Thu 23 Jan** | 1000 | Competitors Depart Committee Depart |  |  |

Note: The programme is subject to change. Up to date copies will be displayed on the notice board outside the Race Office.

**ANNEX C TO**

**EX TT20 GEN INSTR**

**DATED 22 AUG 2019**

**RACE COMMITTEE, DUTIES AND RESPONSIBILITIES**

|  |  |  |
| --- | --- | --- |
| **Name** | **Championship Post** | **Service** |
| Major General Smyth-Osbourne | President | Army |
| Colonel Matthew Birch | Chief of Championship and Army Telemark Chairman | Army |
| Major Martin Triggol | Chief of Race | RM |
| Lt Cdr Jamie Davies | Technical Delegate | RN |
| Major Richard Wright | Championship Secretary | Army |
| Captain Warren Disney | Assistant Championship Secretary & Media | Army |
| Major Baz Barrett | Race Referee & Equipment Manager | Army |
| Lt Colonel Simon Dunk | Treasurer | Army |
| Lt Colonel John Carey-Hughes  | Start Ref | Army |
| Mr Andy Morgan | Timing & Calcs | Civ |
| Miss Emily Morgan | Finish Ref & Admin Support | Civ |
| Major Luke Davies | RN/RM Discipline Manager | RN/RM |
| Major Russ Squires | RN/RM Secretary | RN/RM |

 **ANNEX D TO**

**EX TT20 GEN INSTR**

**DATED 22 AUG 2019**

**CONTACT DETAILS**

Useful contact details for when in the resort are below.

|  |  |
| --- | --- |
| **Location/Name** | **Number / Details** |
| Tourist Office Pralognan La Vanoise | **+33 479 08 79 08** |
| Chief of Race - Maj Martin Triggol | **+44 7725 198 760** |
| Championship Secretary – Major Richard J Wright | **+44 7795 310 026** |
| Equipment - Major Baz Barrett | **+44 7879 670 809** |
| Hotel club Vacanciel | **+33 479 08 19 19** |
| Doctor 1 | **+33 479 087561** |
| Doctor 2 | **+33 479 087204** |
| Pharmacy | **+33 479 087161** |
| Emergency and Mountain Rescue | **112** |

**ANNEX E TO**

**EX TT20 GEN INSTR**

**DATED 22 AUG 2019**

**RN & RM ANNEX FOR ATTENDANCE AT EXERCISE TELEMARK TITAN 2020**

**INTRODUCTION**

1. The Royal Navy and Royal Marines Telemark Championship 2020 will be conducted alongside the Army-run Great British Telemark Championships, also known as Ex Telemark Titan 20 (TT20). This continued support by the Army Telemark Association is greatly appreciated by the RNWSA and enables a higher standard of race piste and racing for all RN and RM personnel in attendance, with the added benefit of reducing the overall cost for all personnel.

2. In contrast with previous years, there will not be a separate DIN published by the RN/RM: all information required can be found within this DIN and its annexes.

3. TT20 is conducted within the framework established by the Army, who host the overall competition. For this reason, RN&RM ranks who wish to enter TT20 must apply and pay for a place according to the instructions in this DIN, and notify the RN Telemark Secretary, Maj Russ Squires RM (russ.squires207@mod.gov.uk), ideally via a single unit rep.

4. TT20 is the route into the RN Telemark team, which will compete at the Combined Services Ski and Snowsports Championships (ISSSC) at Meribel, 1-8 Feb 20.

**APPLICATION PROCESS**

5. The first step to securing a place at TT20 is to apply and pay a deposit as laid out at Annex B to this DIN, ‘Application Instructions’**.**

6. The second step is to notify the RN&RM Telemark Secretary, Maj Squires, of an intention to attend the TT20 (russ.squires207@mod.gov.uk). RN&RMTC20 ([russ.squires207@mod.gov.uk](https://modgovuk-my.sharepoint.com/personal/richard_wright810_mod_gov_uk/Documents/27AECGp-OC/G7/AT/TELEMARK/ExTT20/DIN-Ex-TT20/russ.squires207%40mod.gov.uk)). He will then send out a separate form to fill in, which will cover RN&RM specific elements, not covered by the Army application process. Most importantly, this includes access to kit, transport, and funding which is not available to Army ranks.

7. Maj Squires will coordinate all RN&RM entrants. If he is unable to attend for work reasons, a suitable alternative will take over to execute the role of Secretary at the Championships.

**EQUIPMENT**

8. There is a pool of good quality Telemark specific kit held by the RN&RM Telemark Association. This will be distributed on a first-come-first-served basis: it is therefore important that all ranks attending TT20 notify Maj Squires, detailing sizes and requirements. Kit available includes ski-specific clothing, helmets, skis, boots, poles, and skins. Individuals must provide their own goggles and gloves.RN&RMTC20 notify Maj Squires, detailing sizes and requirements. Kit available includes ski-specific clothing,

helmets, skis, boots, poles, and skins. Individuals must provide their own goggles and gloves. Kit booking forms can be obtained and submitted via [russ.squires207@mod.gov.uk](https://modgovuk-my.sharepoint.com/personal/richard_wright810_mod_gov_uk/Documents/27AECGp-OC/G7/AT/TELEMARK/ExTT20/DIN-Ex-TT20/russ.squires207%40mod.gov.uk).

**COMMAND AND CONTROL**

9. Maj Luke Davies RM, RN&RM Telemark Discipline Manager, will have overall control of all RN&RM ranks embarked on TT20. Individual units will nominate a suitable lead that will command that element. The entirety of TT20, and therefore the Navy Single Service Championships, is ultimately under command of the Chief of Championships, Colonel Matthew Birch.

**TRAVEL**

10. Travel to and from the event is normally by one of the following;

* + - * 1. a. The Royal Navy Winter Sports Association (RNWSA) funds a small number

 of vehicles, provided for the transport of the RN&RM Telemark team. CSgt Luke Stroud is the nominated Transport manager and will coordinate on behalf of the RN&RM Telemark committee. Spare spaces may be filled if available - speak to Maj Squires to arrange.

* + - 1. b. MoD White Fleet vehicles procured and funded by Units sending a contingent

 or team to the event.

* + 1. c. Civilian air travel (whether funded at Unit or individual cost).

11. Funding is available for travel to participate in TT20. This is available via individual UPOs, up to the amount of £175 per person. This can be pooled to allow for the hire of white fleet half cabs, organised at the Unit level. All Units sending 3 or more participants should aim to do this, with the potential to offer out spare spaces to participants from singleton Units.

12. Whilst efforts will always be made to co-ordinate and share lifts, it is ultimately the responsibility of each individual to arrange their own transport to and from the event, via whatever means they are able to secure.

**FUNDING**

13. Every effort has been made to reduce the personal contribution to attend TT20 centrally. To reduce this further individuals or unit leads must apply for personal or unit funding as laid out below. Once all grants are accrued this package represent extremely good value for money. Arrangements have been made to facilitate collection of some central grants and allow spreading the cost (to avoid a lump sum around the Christmas period) - details at para 15; it is strongly recommended that this facility is used.

a. **CILOR** is to be applied for at the Unit level by individuals or teams (See para 36.e. of this DIN).

b. **UIF** and other Unit level funding is to be applied for by individuals or Unit

teams. PTIs should be able to help with race entry fees (which form part of the overall cost of attendance).

c. **RMWSA** will provide up to £100 of funding per man. This is available to RM ranks only; this will be coordinated and distributed in resort via Maj Squires.

d. **Royal Marines Sports Association (RMSA) holds a Sports Improvement Fund (SIF)**. Applications to the RMSA SIF can be made to request funding against attendance at TT20. It is available for those that have attended previously or have some previous experience of Telemark competing/racing. This is administered by WO2 Sear RM, details from. Wayne.Sear596@mod.gov.uk

e. **All participants must become members of the RNWSA** in order to attend TT20, as it is partly funded by them. Membership is £15 per year[[17]](#footnote-18), and the membership form will be sent to you by Maj Squires once you inform him of your application for TT20. Lt Cdr Woods is the Membership Secretary, James.Woods182@mod.gov.uk. [James.Woods182@mod.gov.uk](https://modgovuk-my.sharepoint.com/personal/richard_wright810_mod_gov_uk/Documents/27AECGp-OC/G7/AT/TELEMARK/ExTT20/DIN-Ex-TT20/James.Woods182%40mod.gov.uk).

14. The following associations/bodies are **not** be approached for funding:

a. Sports Lottery must not be approached for funding. The Sports Lottery already helps to fund the RNWSA, which in turn helps to fund the cost of holding TT20. **All ranks are strongly encouraged to join the Sports Lottery**, as all will be direct beneficiaries of its funding.

b. RNWSA funding is used centrally to offset the cost of holding TT20. Please do not approach the RNWSA for further funding.

c. The RNRM Charity has awarded TT20 a grant, which is paid directly into TT20. Do not approach RNRMC for more funding. **All ranks are strongly encouraged to join the Service Day’s Pay Giving scheme** as all will be direct beneficiaries of its funding.

15. WO2 Sear RM has established an optional ‘non-public funds account’ to assist individuals to spread/manage the cost of the TT20, arranged via HMS HERON.

a. This will submit central claims for funding on behalf of those ranks who use the facility, to include CILOR and RMWSA funding which will reduce the initial outlay cost. If wishing to use this, liaise with WO2 W Sear RM, [Wayne.Sear596@mod.gov.uk](https://modgovuk-my.sharepoint.com/personal/richard_wright810_mod_gov_uk/Documents/27AECGp-OC/G7/AT/TELEMARK/ExTT20/DIN-Ex-TT20/Wayne.Sear596%40mod.gov.uk)

 b. For all payments to this account, use the reference “Acc 2331 name” when making payment. UK Bank Details for bank transfers: Lloyds Bank, HMS HERON CENTRAL FUND, Sort Code 20-99-40, Account 60206539

c. Anyone not wishing to use this facility is to pay the full amount directly to the Army (as per main body of this DIN) and recoup costs on an individual basis

16. Ex WHITE DAGGER 19 (WD19) (1-14 Dec 19) is the annual RN & RM grassroots / development camp for Telemark Skiing in the RN&RM. It is the most suitable event for novice Telemarkers. It is run by WO2 W Sear RM Wayne.Sear596@mod.gov.uk, from whom further details can be sought. Personal contribution for this event is very similar.

**RN INDOOR TELEMARK CHAMPIONSHIPS. - MILTON KEYNES SNOWDOME, 26 Sep 19**

17.    This event will be held in the Milton Keynes Snowdome on 26 Sep 19. All 3 snow sports (Alpine, Telemark and Snowboard) disciplines will be represented with taster sessions available from civilian and military instructors. An individual and team competition with Telemark prizes generously provided by Source Tactical Gear will also be held.

18.    Tuition will be available for those that require it, in your return please state the level of your experience.

19.    Entry and equipment (ski, boots, clothing and lift pass) will be made available free of charge; participants only need claim travel and subsistence through their unit. This event is open to everyone, from complete beginner to experienced racer and designed to showcase the snow sports available within the Naval Service and how to get involved. Further information available from Maj Luke Davies, luke.davies839@mod.gov.uk, or Maj Martin Triggol, martin.triggol119@mod.gov.uk.

**Ex WHITE DAGGER 19 – 1 to 14 Dec 19**

20. Ex WHITE DAGGER 19 (WD19) (1-14 Dec 19) is the annual RN & RM grassroots / development camp for Telemark Skiing in the RN&RM. It is the most suitable event for novice Telemarkers. It is run by WO2 W Sear RM [Wayne.Sear596@mod.gov.uk](https://modgovuk-my.sharepoint.com/personal/richard_wright810_mod_gov_uk/Documents/27AECGp-OC/G7/AT/TELEMARK/ExTT20/DIN-Ex-TT20/Wayne.Sear596%40mod.gov.uk), from whom further details can be sought. Personal contribution for this event is very similar.

1. [FIS: Telemark – Joint Rules and Regulations for all FIS Competitions, dated 2016](http://www.fis-ski.com/mm/Document/documentlibrary/Telemark/03/34/69/ICR2014_finalversion_English.pdf)  [↑](#footnote-ref-2)
2. RN and RAF Telemark Rules will apply as appropriate for RN, RAF results; these will not supersede BTR or TICR/ICR in any safety aspect. [↑](#footnote-ref-3)
3. An SSE license brings with it race insurance. Contact SSE for details but register as a joint Alpine / Telemark racer. [↑](#footnote-ref-4)
4. RAF and RN prizes may also be awarded. [↑](#footnote-ref-5)
5. RN Champion Unit Team medals may also be awarded. [↑](#footnote-ref-6)
6. The RN team will also be selected at the Army Telemark Championships. [↑](#footnote-ref-7)
7. Difficulties in meeting this deadline should be communicated to the Championship Secretary immediately. [↑](#footnote-ref-8)
8. JSP 456 Defence Catering Manual - Volume 2 (Catering Accounting Regulations) - Chapter 7 CILOR

The regulations for T&S are contained in JSP 752 Annex A to Section 1 to Chapter 3. [↑](#footnote-ref-9)
9. [Army European Winter Activity Instruction: 2018DIN07-077](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINStraining/2018/2018DIN07-077.pdf) and [Travel at Public Expense for Army Sport: 2018DIN10-023](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINSsports/2017/2017DIN10-023.pdf). [↑](#footnote-ref-10)
10. [Travel at Public Expense for Army Sport 2017DIN10-023](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINSsports/2017/2017DIN10-023.pdf). [↑](#footnote-ref-11)
11. [Army European Winter Activity Instruction: 2018DIN07-077](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINStraining/2018/2018DIN07-077.pdf). [↑](#footnote-ref-12)
12. [JSP 660 - Sport in the UK Armed Forces](http://defenceintranet.diif.r.mil.uk/Reference/DINsJSPs/Pages/JSP660.aspx). [↑](#footnote-ref-13)
13. In accordance with paragraph 4 of 2018DIN07-077. [↑](#footnote-ref-14)
14. Telemark is treated as an Alpine discipline for the purposes of safety equipment and thus Class A helmets are preferred. However, TICR permit Alpine Slalom helmets (Class B) to be used, noting that chin guards are not permitted and must be removed. *Helmet model to be certified under EN 1077 (class B) or ASTM 2040 as minimum standards. NB1: Soft ear padding is allowed. NB2: Crash helmets fulfilling higher safety standards can be used.* [↑](#footnote-ref-15)
15. Team Captains are to consult Defence Movements & Transport Regulations JSP800 Vol5 Edition 4.1, Part3, Chapter 8 – Driving Overseas for further detail. [↑](#footnote-ref-16)
16. All such images remain copyright Army Telemark (MoD) and should be accredited as such. [↑](#footnote-ref-17)
17. The RNWSA offers lifetime membership ~£100. This works out cheaper if you attend any RNWSA events over three or four seasons. [↑](#footnote-ref-18)