

AWSA Ex Rucksack Ruhpolding 2019 - Programme @ 10 Oct 18

Army, Inter Service and British National Cross Country and Biathlon Championships

Day	Date	Time	Finish	Event	Location	Lanes	
2019		Zeroing starts 1 hr before * (asterisked) Race START time		Bold = GBR National Race. CAPITALS = Marina race. All Marina races & 4 x 5 km XC are also SAS & Kentish Cup races. IS = Inter Service. IC = Inter Corps. CT = Classical Technique. FT = Free Technique			
Mon	21 Jan	10:00		<i>Race Office Opens (+49 8663 419080)</i>	Alte Schulhaus		
Tue	22 Jan	16:00		<i>Key Officials' Meeting</i>	Haus des Gastes		
Wed	23 Jan	All Day		<i>Teams Arrive - Race Office</i>	Alte Schulhaus		
Thu	24 Jan	09:00		<i>Officials' Meeting</i>	Kurhaus		
		10:00		<i>Team Captains' Meeting</i>			
		12:00	16:00	<i>XC Training</i>		Lakes / Reit im Winkl	
Fri	25 Jan	10:00	14:00	<i>XC Training</i>	Lakes / Reit im Winkl		
		15:00		<i>Key for Wax Cabins</i>	Chiemgau Arena		
		16:00		<i>XC Course Inspection 4x5 km (CT) & 10 km (FT)</i>	Chiemgau Arena		
		18:30		<i>Team Captains' Meeting</i>	Kurhaus		
Sat	26 Jan	10:00		<i>Men 4 x 5 km XC (CT)</i>	Chiemgau Arena		
		10:03		<i>Ladies 4 x 5 km XC (CT) (IC)</i>	Chiemgau Arena		
		17:30		<i>Team Captains' Meeting</i>	Kurhaus		
Sun	27 Jan	Morning		<i>Chiemgau Trophy</i>	Chiemgau Arena		
		13:00		Boys & Girls 5 km XC (FT)			
		13:15		Ladies 7.5 km XC (FT)			
		14:00		Junior & Senior Novice Men 7.5 km XC (FT)			
		14:45		Men 10 Km XC (FT)			
Mon	28 Jan	12:30	16:00	<i>XC Course Inspection (15 km (CT) & Biathlon Training)</i>	Chiemgau Arena	?	
		17:30		<i>Team Captains' Meeting</i>	Kurhaus		
Tue	29 Jan	10:00		MEN 15 KM XC (CT) (IS, IC)	Chiemgau Arena		
		11:40		Ladies 10 Km XC (CT) (IC)			
		12:40		Boys & Girls 5 km XC (CT)			
		14:00	16:30	<i>Biathlon Training</i>		Chiemgau Arena	?
Wed	30 Jan	18:30		<i>Prize Giving</i>	Champions' Park		
		13:00	16:00	<i>Biathlon Training</i>	Chiemgau Arena	?	
Thu	31 Jan	17:30		<i>Team Captains' Meeting</i>	Kurhaus		
		*11:00		Junior Men 15 km Biathlon Individual	Chiemgau Arena		
		11:15		Senior Novice Men 15 km Biathlon Individual			
		11:45		Women 12.5 km Biathlon Individual			
*14:15		Men 20 km Biathlon Individual					
Fri	01 Feb	09:00	12:00	<i>Biathlon Training</i>	Chiemgau Arena	?	
		17:30		<i>Team Captains' Meeting</i>	Kurhaus		
Sat	02 Feb	*10:00		Women 7.5 km Biathlon Sprint (IC)	Chiemgau Arena		
		*11:55		MEN 10 KM BIATHLON SPRINT (IS, IC)			
		17:00		<i>Team Captains' Meeting</i>		Kurhaus	
		17:45		<i>BBU AGM</i>		Kurhaus	
Sun	03 Feb	*10:30		Junior Men 10 km Biathlon Mass Start	Chiemgau Arena		
		10:33		Women 10 km Biathlon Mass Start			
		*12:25		Men 12.5 km Biathlon Mass Start			
		12:28		Senior Novice Men 12.5 km Biathlon Mass Start			
		18:30		<i>Prize Giving</i>		Kurhaus	
Mon	04 Feb	19:30	21:00	<i>Team Captains' Reception</i>	Hotel zur Post		
		13:00	16:00	<i>Biathlon / Patrol Race Training</i>	Chiemgau Arena	?	
Tue	05 Feb	17:30		<i>Team Captains' Meeting & Patrol Race Draw</i>	Kurhaus		
		*13:00		MEN 4 x 7.5 KM BIATHLON RELAY	Chiemgau Arena		
Wed	06 Feb	13:03		Women 4 x 6 km Biathlon Relay (IC)	Chiemgau Arena		
		13:00	16:00	<i>Patrol Race Training</i>	Chiemgau Arena	?	
Thu	07 Feb	17:30		<i>Team Captains' Meeting</i>	Kurhaus		
		09:00		MILITARY PATROL RACE (IC for Ladies)	Chiemgau Arena		
Fri	08 Feb	19:00		<i>Final Prize Giving</i>	Kurhaus		
Fri	08 Feb	08:00		<i>Teams Disperse - Race Office</i>	Alte Schulhaus		